



St Helens Primary
Whole School Personal Development Learning Curriculum

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Me -A Special Person	My Special People	Being Healthy and Safe	Growing and Changing	People Who Help	Being Involved
Year 1	Working Well Together	Other People are Special Too	Caring for Myself	Caring for Others	Keeping Safe	Looking Forward
Year 2	Who is in Charge?	Celebrating and Recognising Differences	My Body is Important	Changing Friendships	Taking Charge	Looking Forward
Year 3	Settling In	Focus on Feelings	Making Friends	Keeping Safe in School	In Someone Else's Shoes	People and their Work
Year 4	Feeling Good	Keeping Healthy	Changes in Families	Ups and Downs in Relationships	Keeping Safe Outside School	Looking Ahead
Year 5	Who Decides?	Risks and Pressures	We're all Different	It's my Body	Being Involved in my Community	Looking at the World
Year 6	Managing Conflict	The World at Work	Taking Responsibilities for my own safety	Changing Relationships	Rights, Responsibilities and the Law	Transition and Managing Change.