



ST HELENS PRIMARY

Friday 9th September 2022

Dear Parents and Carers,

It is wonderful to be back and welcome the children and staff. We are now up to 98 pupils which is fantastic. The children have settled in well including our new Explorers who have made a great impression.

The teachers are delighted with their new cohorts and will be in touch very soon I'm sure.

This year I am very keen to involve the parents as much as possible in all aspects of school life including supporting their children with their learning and contributing to the many additional events which take place such as plays, clubs and fayres.

As a mark of respect of respect to our long serving Queen, the children will be learning more about her reign in class today.

I also believe it will be amazing to have a child- generated display in the hall to celebrate her reign.

In order for this display to do justice for 70 year of service, we will need lots of children's ideas.

Please encourage the children to contribute in any way they can. Ideas could include: poems, drawings, sketches, messages, models, collages, timelines, maps or simply anything that can be displayed. Remember one of our core values is creativity.

Moreover we would like all work to be sent to the school by next Friday. Mrs Yardley will be tasked at displaying all the contributions in her amazing way.

Queen Elizabeth II



Queen Elizabeth was not born in a palace.

Although she was the first child of the Duke and Duchess of York, the future King George VI and Queen Elizabeth (the Queen Mother) — and the eldest granddaughter of King George V, Queen Elizabeth II was not born in a palace, she was instead born in a townhouse in London that belonged to her Scottish maternal grandparents, the Earl and Countess of Strathmore on 21 April 1926. Queen Elizabeth II reigned for 70 years, from 1953 to 2022.



She became queen at 25. She was crowned Queen on 2 June 1953 watched by a TV audience of 20 million people. Her father king George VI died at the age of 56 on February 6, 1952, while Elizabeth was visiting Kenya with her husband, Prince Philip. Queen Elizabeth II was crowned at Westminster Abbey in central London on June 2, 1953.

Her reign ended on 8 September 2022, when she passed away peacefully at Balmoral Castle, Scotland.

She was the first British Monarch to visit the Republic of Ireland

Queen Elizabeth II became visited the Republic of Ireland in 2011, with the highly-charged visit making her the first British monarch to visit the country since it won independence in 1922.

She was the head of 54 Commonwealth nations

The Commonwealth comprises 54 nations and Queen Elizabeth II was the head of these nations before her death. Her father, King George VI, was the first monarch to be formally styled as Head of the Commonwealth.



She was the most travelled monarch in history



Queen Elizabeth II holds the record for the most countries visited by an individual monarch. She visited more than 120 countries on six continents. Canada is the country she traveled to more than any other country outside the United Kingdom.

Queen Elizabeth II toured every region of Britain ahead of the four-day party in June to mark the jubilee, while other royals made visits across the Commonwealth

Facts for the classes



Explorers - Her favourite dogs were corgis. But did you know that she owned an elephant, two giant turtles, a jaguar and a pair of sloths - Presents from other countries, all of which live in London Zoo.

Adventurers - Queen Elizabeth II had two birthdays. Her actual birthday – 21 April – and her official birthday, which was held on a Saturday in June – when the weather’s better!

Discoverers - She was the only person in the UK allowed to drive without a licence. And she kept driving even in her later years!

Pioneers - As Queen, she was served by 16 UK Prime Ministers including Winston Churchill, Margaret Thatcher and more recently, Boris Johnson and Liz Truss

Other Facts

In her lifetime, Queen Elizabeth II sent around 50,000 Christmas cards – what a lot of post!

Queen Elizabeth became a homeowner at just six years old

When the people of Wales gifted her a house in the grounds of Windsor's Royal Lodge. It was named Y Bwthyn Bach, which means "little cottage".

Queen Elizabeth II first sent an email in 1976 ... and published her first Instagram post in 2019!

Her birthplace is now a fancy Cantonese restaurant called Hakkasan, at 17 Bruton Street in Mayfair

Throughout her long reign, the Queen broke many records:

In 2015, at 5:30pm on 9 September, the Queen officially overtook her great-great-grandmother Queen Victoria by becoming Britain's longest-reigning monarch.

She was also the oldest, which was - again - a record previously held by Queen Victoria, who died at the age of 81.

Not only that, but Queen Elizabeth II was the longest reigning female monarch in world history.



Attendance week from: 18/07/2022 to 22/07/2022

Class	Attendance	Late Arrivals	Minutes Lost Through Lateness	Unauthorised Absences	Authorised Absences
Explorers	88%	0	0	2	16
Adventurers	96.2%	1	20	6	2
Discoverers	95.7%	0	0	6	7
Pioneers	86.9%	1	146	4	30

Although we strive for 100%, our whole school attendance for this week was 92.1%, which is **below** the national expectation of 96%

If your child is too unwell to attend school please contact us to let us know. You can phone on 872442 or email us on admin@sthelenspri.iow.sch.uk If you let us know by phone please can you put the reason for your child's absence in writing when they return to school otherwise the absence will be marked as unauthorised. We are required to ask you for this in order to follow the Local Authority attendance procedures, and if we don't receive a letter or email we have to follow it up.

School Dinner Menu (£2.37 per day or free to Reception, Year 1 & 2 pupils)

On TUESDAYS and FRIDAYS only, the children will be able to order baguettes - fillings cheese, tuna or ham.

WEEK 1 W/C: 09/05 20/06 11/07 12/09 03/10					WEEK 2 W/C: 25/04 16/05 06/06 27/06 18/07 29/08 19/09 10/10						
	HOT SPECIALS...	DAILY FAVES...	SIDES...	PICK A PUDDI		HOT SPECIALS...	DAILY FAVES...	SIDES...	PICK A PUDDI		
MONDAY	Cheese and Tomato Pizza with Potato Wedges 🍕 Cheesy tomato topped pizza slice	Veggie Burrito 🌯 A soft wrap filled with lightly spiced veggies and rice	Jacket Potatoes with a choice of fillings Tomato Pasta 🍝 Fresh, homemade tomato and basil sauce with penne pasta	Carrot Sticks and Cucumber Sticks	Chocolate Ice Cream	MONDAY	Cheese and Tomato Pizza with Potato Wedges 🍕 Cheesy tomato topped pizza slice	Veggie Bolognese 🍝 Yummy veggie Bolognese with pasta	Jacket Potatoes with a choice of fillings Tomato Pasta 🍝 Fresh, homemade tomato and basil sauce with penne pasta	Carrot Sticks and Cucumber Sticks	Flapjack with Fruit Slices 🍪
TUESDAY	BBQ Chicken Burger, Corn and Pineapple Relish with Potato Wedges BBQ chicken breast burger with zingy corn relish	Macaroni Cheese 🍝 Traditional Mac 'N' Cheese, delicious macaroni in a creamy cheese sauce	Jacket Potatoes with a choice of fillings Tomato Pasta 🍝 Fresh, homemade tomato and basil sauce with penne pasta	Peas and Sweetcorn	Brownie	TUESDAY	Sausage and Mash with Gravy Sausage and mash with rich gravy	Mild Chickpea and Potato Curry 🍛 served with wholemeal rice	Jacket Potatoes with a choice of fillings Tomato Pasta 🍝 Fresh, homemade tomato and basil sauce with penne pasta	Broccoli and Peas	Orange Shortbread with Fruit Slices 🍪
WEDNESDAY	Tender Roast Gammon with Roast Potatoes & Gravy Tender roast gammon with fluffy roasties and tasty gravy	Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy 🍝 A chunky sweet potato and chickpea roast	Jacket Potatoes with a choice of fillings Tomato Pasta 🍝 Fresh, homemade tomato and basil sauce with penne pasta	Carrots and Cabbage	Shortbread Biscuit with Fruit Slices 🍪	WEDNESDAY	Roast Turkey with Roast Potatoes & Gravy Roast turkey with fluffy roasties and tasty gravy	Quorn Roast with Roast Potatoes and Gravy 🍝 Delicious Quorn roast with fluffy roasties and tasty gravy	Jacket Potatoes with a choice of fillings Tomato Pasta 🍝 Fresh, homemade tomato and basil sauce with penne pasta	Carrots and Cabbage	Raspberry Yoghurt Cake
THURSDAY	Beef Bolognese 🍝 A classic Italian beef bolognese in a yummy tomato sauce	Butternut Squash and Tomato Bake with Rice 🍚 A delicious butternut squash and tomato bake served with rice	Jacket Potatoes with a choice of fillings Tomato Pasta 🍝 Fresh, homemade tomato and basil sauce with penne pasta	Broccoli and Sweetcorn	Banana Cake 🍰	THURSDAY	Beef Lasagne with a Garlic & Herb Bread Wedge 🍞 A classic Italian layered pasta dish with beef mince	Veggie Lasagne served with a Garlic and Herb bread wedge 🍞 Delicious sheets of pasta layered with veggies and tomato sauce	Jacket Potatoes with a choice of fillings Tomato Pasta 🍝 Fresh, homemade tomato and basil sauce with penne pasta	Green Beans and Sweetcorn	Fruity Chocolate Brownie
FRIDAY	Golden Fish Fingers and Chips Crispy fish fingers with scrummy chips	Quorn Nuggets and Chips 🍟 Crispy Quorn nuggets with their fave sauce - ketchup	Jacket Potatoes with a choice of fillings including salmon, mayonnaise & Tomato Pasta 🍝 Fresh, homemade tomato and basil sauce with penne pasta	Baked Beans and Peas	Chocolate & Raspberry Swirl Cake	FRIDAY	Golden Fish Fingers and Chips Crispy fish fingers with scrummy chips	Tomato Veggie Burger with Chips 🍟 A delicious veggie burger in a soft bap with chips	Jacket Potatoes with a choice of fillings Tomato Pasta 🍝 Fresh, homemade tomato and basil sauce with penne pasta	Baked Beans and Peas	Vanilla Ice Cream

AVAILABLE EVERY DAY
WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT & FRESH FRUIT

🌿 Vegetarian
🐟 Oily Fish
🌾 Wholegrain
🍏 Fruity!
👩 Nutritionist's Choice

WEEK 3 W/C: 02/05 23/05 13/06 04/07 05/09 26/09 17/10

Chartwells
So much more than Fantastic Food

THREE WEEK MENU

SPRING/SUMMER 2022

£2.15

OUR NEW MENU CHOSEN BY PARENTS AND CHILDREN

YOUR FAVOURITES AVAILABLE EVERY DAY

	HOT SPECIALS...	DAILY FAVES...	SIDES...	PICK A PUDDI	
MONDAY	Macaroni Cheese Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce	Vegetarian Sausage with Mashed Potato and Gravy Veggie sausage and mash with rich gravy	Jacket Potatoes with a choice of fillings Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Peas and Carrots	Oatie Biscuit with Fruit Slices
TUESDAY	Chinese Chicken Noodles A classic Chinese chicken noodle dish	Veggie Balls in Tomato Sauce with Pasta Delicious veggie balls in a tasty tomato sauce with pasta	Jacket Potatoes with a choice of fillings Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Sweetcorn and Broccoli	Fruity Flapjack Bar
WEDNESDAY	Roast Pork with Roast Potatoes & Gravy Roast pork with fluffy roasties and tasty gravy	Butternut Squash and Potato Pastry Slice with Roast Potatoes and Gravy A chunky butternut squash and potato pastry slice	Jacket Potatoes with a choice of fillings Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Carrots and Cabbage	Strawberry Ice Cream
THURSDAY	Beef Meatballs in Tomato Sauce with Pasta Delicious beef meatballs in a tasty tomato sauce with pasta	Quorn Hot Dog with Potato Wedges Our favourite veggie hot dog with ketchup served in a soft roll	Jacket Potatoes with a choice of fillings Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Green Beans and Sweetcorn	Chocolate Sponge Cake with Chocolate Sauce
FRIDAY	Golden Fish Fingers and Chips Crispy fish fingers with scrummy chips	BBQ Veggie Burger with Chips BBQ veggie burger in a soft bap	Jacket Potatoes with a choice of fillings Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Baked Beans and Peas	Crispy Crackle Bar

If your child would like the vegetarian option on a particular day, please can they let their teacher know so we can order enough portions from The Bay kitchen.



We would like to wish a very 'Happy Birthday' to the following children who celebrated their special day this week:

James age 10
Ellie age 10

Luca age 7
Thomas age 9
Marlee age 11

Car parking in Broomlands Close

May we remind parents and carers that parking in Broomlands Close is very limited and they should use the village car park which is only a short distance away. Vehicles should not be parked on the double yellow lines or across residents' driveways. Parking wardens will ticket vehicles parked inappropriately.

Dates for Your Diary

Monday 26th September – Year 6 CPR/First Aid training session
Friday 21st October – School closes at 3.00pm for half term break
Monday 31st October- School reopens at 8.45am
Tuesday 8th November – Whole school flu immunisations
Friday 18th November – FOSH Winter Ball
Tuesday 29th November – KS1 Family Stargazing with Vectis Astronomy (5.30-8.00pm)

Textile Bank

Don't forget that we have a textile bank where you can donate unwanted **clothes, belts, paired shoes, bags, hats, (in a tied bag)**. The donated items will be collected and weighed fortnightly and the school will receive 20p per kilo towards our funds. **Donated items (bagged please) should be left near to the front entrance of the school. Please let the office know you have left items!** ***Please do not donate duvets, pillows, cushions, household textiles, soiled rags, curtains, blankets as the recycling company will deduct the cost of disposing of these items from our overall total raised.***

Remember to look at the school website for the latest school updates and information at www.sthelenspri.iow.sch.uk

FOSH AMAZON WISH LIST

The school has a wish list on Amazon to which the staff have added items that they would like for our wonderful school. We appreciate that belts are very tight at the moment but we would like to encourage you all to have a look at this list from time to time to see if there is anything you would like to buy as a gift for school. Items from this list make great end-of-term or Christmas gifts for the school but gifts are welcome anytime and the list is always available and is regularly updated.

Purchased items are posted directly to school and arrive anonymously unless the buyer has added a note to say who they are at checkout. Please don't forget to add a note as otherwise we will not be able to thank you personally. If you are buying a book and would like to write a note in the front with your name and the date of purchase, please let us know on the email address below so we can arrange this when your gift arrives.

If you have any questions about the wish list, please get in touch with Katherine via mail@friendsofsthelens.org

To view the list on Amazon, please follow this link and consider St Helens Primary School when you are shopping online https://www.amazon.co.uk/hz/wishlist/ls/1NM3IHB3UQ7V0?ref_=wl_share



The poster features a dark blue background with white and light blue text and graphics. At the top, there are three crests: a shield with a cross and a book, the school's crest with a sun and waves, and another shield with a cross and waves. The school's name and motto are centered at the top. The main title 'Year 7 Open Evening' is in a large, white, serif font. Below it, the date and time are in a smaller white font. The event details are in a white sans-serif font. At the bottom, there are four circular photographs showing students in various school activities. Contact information is provided at the very bottom in a small white font.

THE BAY CE SCHOOL
Believe · Inspire · Excel

Year 7 Open Evening

Thursday 6th October 2022, 5.00-8.00pm

Presentation at 5.00pm and 6.00pm followed by tours of the Secondary School
Open Morning: Tuesday 11th October, 9.00-11.00am, please call to book an appointment.

Contact us for more information: Telephone: 01983 403284 Email: office@bayceschool.org Website: bayceschool.org


SENSORY ISLAND



SENSORY FUN FOR EVERYONE

AT SENSORY ISLAND, WE ASPIRE TO ENSURE THAT EQUALITY AND INCLUSION FOR ALL CHILDREN/YOUNG PEOPLE IS THE MAIN FOCUS OF OUR NEW FAMILY BUSINESS, GIVING FAMILIES THE OPPORTUNITY TO HIRE OUT OUR SENSORY PLAY EQUIPMENT FOR EVENTS/PARTIES AT YOUR CHOICE OF VENUE.

FOR MORE INFORMATION PLEASE FIND/CONTACT US ON:
 FACEBOOK: SENSORY ISLAND
 INSTAGRAM: SENSORY_ISLANDIOW
 TEL: 07873603666
 EMAIL: SENSORY_ISLANDIOW@HOTMAIL.COM



Pavilion St Helens
 Friday 30th September 2022
 10am to 3pm (or later if there is cake left!)
 Coffee/Tea/Cake/Raffle/Tombola
 Hope to see you there.
 Julie, Julie, Sue and Niki


PARAGON

Youth Mental Health Day 19th September 2022

Let's get talking about domestic violence and abuse (DV/DA) in the home.

Years of studies and research across the globe has shown the detrimental impact on emotions and development (both mental and physical) that occur when a young person or child is exposed to domestic abuse and/or violence either in the home or within their own relationship.

Anxiety, depression, anger, sadness, a feeling of being overwhelmed, lack of progress in school, difficulty in maintaining and building relationships, fear as well as a lack of emotional resilience are just some of the effects that DA/DV can have on a young person.

At Paragon, we look to actively support, advocate and signpost services that can help young people process the issues that they face, provide a safe space in which to talk, offer safeguarding measures to protect and assist in building up communication skills.

We educate young people and children on safe and unsafe relationships, we work with schools, colleges, the Police, social workers and lots of other agencies to provide young people with the knowledge and assurances that we are there to help. We provide 1:1 support sessions and aim to provide support within a few days of receiving a referral.

Mental Health should not carry a stigma. If you are a young person or child who is experiencing or living with domestic abuse or violence, or you know someone who is and want some advice, give us a call on 0800 234 6266. Alternatively any of the following agencies can provide support and guidance:








Isle of Wight Music Hub Groups



Songwriting Club - Learn to write songs and develop your style in a friendly environment

When: First Wednesday of the month, 4.00 – 5.30

Where: Carisbrooke Church Hall, Carisbrooke High Street, PO30 1NR

Cost: £8 per session

Age range: 10 – 16

Led by: Starling Songwriters - <https://www.starlingsongwriters.co.uk/>

Sign up:

<https://docs.google.com/forms/d/e/1FAIpQLSfTrV6G3C5sEBsU0pza6MxC6PiQhcb6eW4FHODr8MQa0AO3Hg/viewform>

Music Club – Opportunities to develop your creative musical skills

When: Last Friday of the month

Where: Ryde Aspire, Trinity Buildings, Dover Street Ryde PO33 2BN

Cost: Free

Age range: 12 - 17

Led by: Em Johnson

For further information please call 01983 716020

Saturday Rock School – Contemporary instrumental lessons with opportunities to develop musical repertoire and perform

When: Saturday mornings, 2 hour blocks running from 9.30

Where: Platform One, 48 Dodnor Lane, Newport, PO30 5XD

Cost: £120 for 15 weeks

Age range: 11 – 16

Sign up: rockschool@platformone.org

Music Centre – ensemble playing opportunities for players of all ages and abilities

When: Saturday morning, 10.00 – 12.00

Where: Cowes Enterprise College

Cost: £35 a term (£105 per academic year)

Sign up: music@iowmusicclub.org

String Group:

Standard: Pre-grade 1 – grade 3

Led by: Ruth Edgerton

Wind Band: (For woodwind, brass and percussion players)

Standard: Grade 4 +

Led by: Donna Brihmani and Indra Riches

Music Centre Satellite Groups

String Group

When: Mondays during term time

Where: Room behind Godshill Methodist Church, High Street, Godshill, PO38 3HZ

Standard: Grade 1 – 3, 5.00 – 6.00pm, Grade 4 +, 5.00 – 6.30pm

Cost: As for Music Centre

Led by: Helen Foster

Sign up: music@iowmusicclub.org

Esplanade Surgery Patient Participation Group



Do you have an interest in the services provided by your local GP practice?

Do you feel your family's experiences could be used to help improve services for others?

Would you like to gain a better understanding of the NHS and the work of your local GP practice?

The Esplanade Surgery is looking for people to join its Patient Participation Group to provide feedback on its services and share ideas of how it can improve.

We are particularly keen for parents and carers to join the group so that the experiences of families using the surgery are represented within the group.

There are different ways to be involved in the PPG – attending monthly meetings at the practice or by joining the virtual group where information and surveys are provided electronically so you can respond at a time convenient to you.

By being part of the group you have the opportunity to shape the services provided by the practice and play a role in developing new initiatives to improve the patient experience at the centre.

To be part of the Patient Participation Group you must be a registered patient at the Esplanade Surgery

To find out more please email hiowicb-hsi.esplanade@nhs.net or visit the Patient Participation Group page on our website - theesplanadesurgery.co.uk



THE TRUSTEES OF THE ROYAL YACHT SQUADRON

ISLE OF WIGHT FOUNDATION

will be holding

A MARITIME CAREERS FAIR

THURSDAY 29th SEPTEMBER 2022

11:00 – 16:00 hrs

at the Royal Yacht Squadron, Cowes, Isle of Wight, PO31 7QT

Exhibitors will show the breadth of opportunity that is available within the Maritime Industries, Hands-on simulators and demonstrations, RN, RNLI, RIBs and other workboats to explore

BAE Systems, Berthon Boat Company, Brockenhurst College, Carisbrooke Shipping, Cheetah Marine, City College, Southampton, Clyde Marine, Cowes Harbour Commission, Cowes Yacht Haven, Hovertravel, HTP Training, Into the Blue Marketing, Island Divers, Island Ribs, Isle of Wight College, Island Futures, Lallows, Marine Archaeology Trust, Merchant Navy Training Board, MHI Vestas Offshore Wind Blades, Ocean Youth Trust South, Oyster Yachts, Port & Maritime Regiment IoW Troop, Princess Cruises, Red Funnel, Richardsons Yacht Services, RFA, Royal Navy, RNLI, Seasafe, Sunsail, Trinity House, UKSA, Vikoma, Warsash Maritime Academy, Wight Shipyard, Ben Wood Photographer.

Our current group of Foundation beneficiaries will be on hand to provide inspiration and information about their personal journey.

Admission by Registration in advance, or on the day www.rysfoundation.org.uk 01983 292191

Oceans of opportunity on land and sea