



St Helens Primary School

PE and Games long term planning

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Explorers	Sport hall Games (Organisational circuits)	Catching and throwing	Gymnastics	Dance	Tennis	Athletics
Adventurers	Games: Football PE: Middle distance running	Games: Tag Rugby PE: Indoor sport hall circuits	Games: Hockey PE: Gymnastics	Games: Netball PE: Dance	Games: Tennis PE: Athletics	Games: Cricket & Rounder's PE: Athletics
Discoverers	Games: Football PE: Middle distance running	Games: Tag Rugby PE: Indoor sport hall circuits	Games: Hockey PE: Gymnastics	Games: Netball PE: Dance	Games: Tennis PE: Athletics	Games: Cricket & Rounder's PE: Athletics
Pioneers	Games: Football PE: Middle distance running	Games: Tag Rugby PE: Indoor sport hall circuits	Games: Hockey PE: Gymnastics	Games: Netball PE: Dance	Games: Tennis PE: Athletics	Games: Cricket & Rounder's PE: Athletics

Additional curriculum provision

EYFS Daily dance session

Summer term LKS2 Swimming course

Summer term UKS2: Adventurous outdoor activities- Sailing and Orienteering.

Bikeability