



Friday 10th March 2023

Dear Parents and Carers,

The children have enjoyed another week with a range of exciting opportunities both in and out of class.

Explorers tackled the jungle at Amazon World where they enjoyed meeting a number of new friends whilst at school the pupils have enjoyed a broad range of lessons.

Pioneers writing has continued to impress both content and presentation. Dawson and William, when commenting about Sophia's work, exclaimed that it was like an actual font because it was so well presented.

Our younger Sophia in Discoverers shared her writing with me. It was great to see a good range of well thought sentences using good grammar choices and vocabulary for effect.

On the writing theme why not spend some time with your children and be amazed by their creativity (one of our school values).

Ask your children to write the next sentence

- Jack hadn't meant for it to happen...
- As he walked down the street, Adam felt the spider in his pocket stir...
- Not again, Jess thought...
- Have you ever had a feeling that something wasn't right? That's how I felt the day...
- People say that dragons aren't real, but I know better...

And for younger ones:

My favourite animal is

I like playing with games because

My favourite story is

My best memory is

If your children likes writing, the following website is full of great ideas.

<https://www.literacyshed.com/the-story-starter-shed.html>.

Reading is continuing to develop. I enjoy listening to readers during our Wednesday whole school get together. I am delighted that our reading helpers have now extended to include governors. Our Clerk, Mrs Marlton was excited to listen to some of our Key Stage One readers and is already looking forward to next week.

The whole school reading profile is definitely increasing and therefore children's reading is clearly improving.

The school reading tree is now in full operation. When your children have read ten times to an adult, please encourage them to bring their reading record book to me so I can move up to the next branch.

There will be some children who would definitely benefit from further reading so please make every effort to hear them read as regularly as possible.

I know my own child, Isabella expects her bedtime story every day though I appreciate it is probably easier with a younger child.

Friday assembly is always a treat. Not only do we have the excellent awards but often there is an interactive element of some sort.

In the last three weeks we have seen Annie-May demonstrate her boxing skills, Emily perform her fantastic gymnastics and this week we saw an amazing tricking performance by William. His flexibility, energy, agility and strength were clear for everyone to see.



The images above and pretty much what William performed – with ease.

Behaviour

At St Helens we have a zero tolerance with regards to poor behaviour.

Unfortunately there is the occasional incident, usually involving over exuberant boys, that results in my involvement. Breaks are an essential part of the day and I want children to enjoy team games like I used to when I was younger.

However there is an expectation that children behave in an appropriate manner.

Please remind your children that we will expect children to remember our school values of tolerance and respect at all times.

Have a great weekend

Mr Wake

Parent Governor

We have a vacancy for a parent governor which we need to fill as soon as possible. St Helens Primary School has always aimed for a partnership with parents which undoubtedly brings great benefits to the children. One of the most significant ways you can help in promoting this aim is to volunteer to be a parent governor.

The governing body's main tasks are:

To ensure that the school has a clear vision, ethos, and strategic direction.

To hold the headteacher to account for the educational performance of the school and its pupils.

To oversee the financial performance of the school and make sure its money is well spent.

Parent governors are welcomed as valued members of the team, and play a vital role in ensuring the governing body is aware of the views of parents and the local community.

If you feel you can help in this capacity please contact the office for an application form which will need to be completed and returned to the school by 12.00pm on Friday 16th March 2023.

Explorers

We have been exploring subtraction in maths this week. We have used a number of different activities to do this such as number lines, counters, bears and online games.

In Phonics we have revisited the sounds 'ai and ee' and today we looked at the tricky words 'be and me'. The children have enjoyed creating their own sentences on the big whiteboard.

Yesterday afternoon we created new self portraits. The children enjoyed sketching their faces to begin with, adding lots of detail. We talked about what colours we might need before we started painting and if we needed to mix any.

The children have enjoyed looking at the eggs in the incubator again this week. They have described what they saw when we handled the eggs and have each created sentences in their reports along with a picture.

The children had an amazing time at Amazon World on Tuesday!

We all had lots of fun in the soft play and outdoor play area. We then spent lots of time looking around the different animals both inside and outside.

The children all fed the wallabies or should I say wallaby (the rest wouldn't come out of their nice warm shelter) so one wallaby enjoyed lots of attention and food.

The children also walked through the Lemur enclosure and watched them being fed. Inside, sloths and nocturnal animal areas were a huge hit.

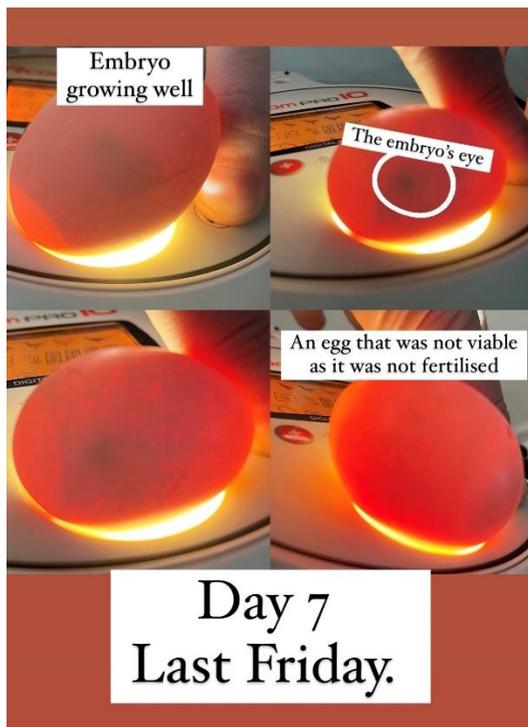
We will be exploring these animals further in class and can't wait to see what the children come up with!

Adventurers

This week has been chock full of fun! The children have been inventing flying machines and investigating the features of newspapers, complete with clipboards.

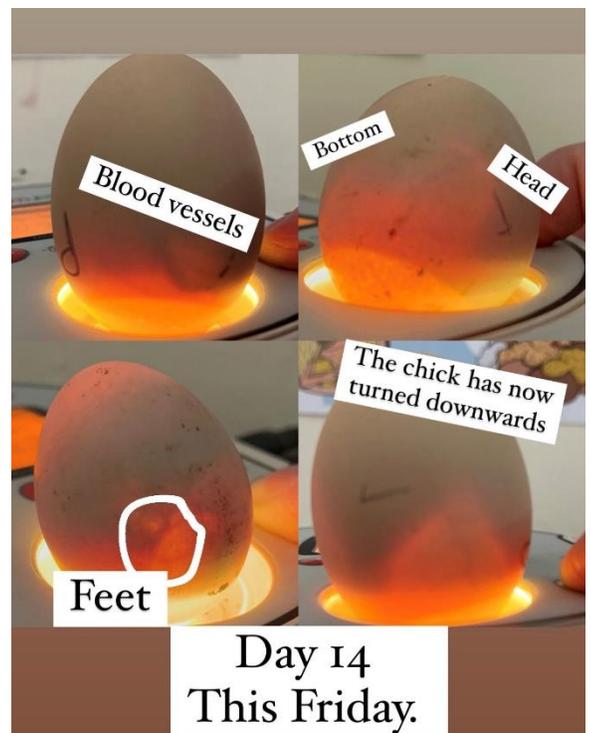
In maths they have been partitioning numbers into tens and units and exploring ways to work through their problems systematically.

In art they have been exploring repeating patterns and symmetry in preparation for designing and creating African masks next week.



Aaaand in science we are now onto day 14 for our chick hatching investigation. We candled the eggs (shone a bright light through them) and saw how all of our eggs are developing. Sadly, of our 11 eggs, only 8 are currently growing well and viable. The children were very mature and handled these difficult conversations well.

Spellings have been sent home for next week's spelling test (to be tested every Friday morning) and they contain a mixture of the phase sounds we are learning in the week and tricky words.



Can we ask for each child to bring in a photo of themselves as a baby (under 2) for a game on Friday next week please?

Have a wonderful weekend!

Discoverers

In English we have been writing about a pebbles journey from thousands of years ago and we came up with verbs and adverbs to describe what the pebble was doing.

In Maths we have been leaning about mass and capacity.

In Science we have been planting runner beans and have been experimenting on different types of water such as salt water, boiling water, sugar water and normal water and looking at the growth.

In RE we have been learning about respect and Jewish religions.

In art we have been leaning about pointillism the simple dot method to make a picture of the Eiffel tower.

In PE we have been playing netball and hockey.

In PSHE we have been learning about the difference of facts and opinions.

In Geography and history we have been labelling the eight points of a compass.

In guided reading we have been answering questions about David Attenborough and his plastic and pollution. Also we have been doing a spelling test on a Friday like we always do.

By Alexis and Bella.

Pioneers



This week in art the children in Pioneers inspired by John Dyer (see below) were creating some colourful vibrant studies of the Amazon. Here are some examples of work in progress.



The Art of John Dyer

John Dyer is Cornwall's best known and best loved contemporary artist. He is the artist in residence for the Eden Project in the UK. John Dyer's paintings are known all over the world through his many art prints, posters and exhibitions. He has a unique way of capturing the essence of his subject and his work celebrates the song of life. John Dyer's work hangs in the UK's national art collections with Falmouth Art Gallery, The Eden Project, Save the Children, the National Trust and the NHS. His work brings a huge amount of joy to all who view.

John Dyer (born 1968) is one of Britain's leading and best known contemporary painters.



“Imagine if all the colour, if all the shapes, if all the emotion, if all the fun, if all the joy and if all the love you feel could be captured for a moment to remember for all time. This is the power of a painting. This is the power of a painting that captures what a place feels like.” John Dyer

In English this week the children were writing narratives integrating dialogue to convey character and advance action. This writing was inspired by our book *The Explorer* by Katharine Rundell , which I am pleased to see several children reading. (as we cannot get through the whole text during our learning journeys) Katherine Rundell is a great children’s writer.

To illustrate here is an extract / an example written by Rowan in Year 5

Fred had woken up, the Brazilian sun was rising and beautiful orange and blue clouds were sticking to it. It was humid and Fred was already sweating, he was also very hungry but the mangoes were gone. “What!” shouted Fred, his mouth watering. Fred also noticed that Max was gone too. “Max, where are you!” bellowed Fred , waking Con and Lila.

“W-Whats happening?” asked Lila softly.

“Max is gone,” answered Fred.

“Who cares,” groaned Con.

Lila shouted, turning to face Con , “I care, he’s my little brother and he could be hurt”

In their writing the children have to ensure that they are following all of the rules of direct speech punctuation. For instance: new speaker, new line, commas to separate reporting clauses from speech. (A reporting clause is how the character says something) and of course in Ploneers class we don’t like to use the word said.



TT Rockstars update

Parents if your child plays on TT Rockstars at home please read this.

It's important that they use the latest versions of the app and website to ensure they receive the most secure, feature-rich and enjoyable experience of Times Tables Rock Stars. Some of the versions are so far behind that they're missing out on key updates.

Solution - if they're playing at home

If using the website at home, please ask parents to visit play.ttrockstars.com/reset to load the latest version in their device's browser. Otherwise ask parents to update the Times Tables Rock Stars app from the app store.

Attendance week from: 27/02/2023 to 03/03/2023

Class	Attendance	Late Arrivals	Minutes Lost Through Lateness	Unauthorised Absences	Authorised Absences
Explorers	82.7%	0	0	8	18
Adventurers	97.5%	0	0	1	5
Discoverers	94.3%	0	0	0	16
Pioneers	96.8%	2	30	2	8

Although we strive for 100%, our whole school attendance for this week was 94.1% which is **below** the national expectation of 96%

If your child is too unwell to attend school please contact us to let us know. You can phone on 872442 or email us on admin@sthelenspri.iow.sch.uk If you let us know by phone please can you put the reason for your child's absence in writing when they return to school otherwise the absence will be marked as unauthorised. We are required to ask you for this in order to follow the Local Authority attendance procedures, and if we don't receive a letter or email we have to follow it up.



THIS WEEKS AWARDS



<u>Class</u>	<u>Worker of the Week</u>	<u>Star of The Week</u>
Explorers	Lila	Charlie
Adventurers	William	Alfred
Adventurers	Frazer	Belle
Discoverers	George	Logan
Discoverers	Luke	Alexis
Pioneers	Pippa	Millie-Jay
Pioneers	Samson	Jack

School Dinner Menu (£2.60 per day or free to Reception, Year 1 & 2 pupils)

On **TUESDAYS and FRIDAYS only**, the children will be able to order baguettes - fillings cheese, tuna or ham.

WEEK 3				
W/C: 14/11 05/12 09/01 30/01 27/02 20/03				
	HOT SPECIALS...	DAILY FAVES...	PICK A PUDD!	
MONDAY	Pesto Pasta Bake 🌱 Served with Two Vegetables	Vegetable Chili 🌱🌱🌱 Served with Wholegrain Rice	Jacket Potatoes 🌱 with a choice of hot and cold fillings Tomato Pasta 🌱🌱 Fresh, homemade tomato and basil sauce with penne pasta	Fruity Flapjack Bar 🌱
TUESDAY	Chinese Chicken Noodles Served with Two Vegetables	Vegetable Korma 🌱🌱 Served with Wholemeal Rice	Jacket Potatoes 🌱 with a choice of hot and cold fillings Tomato Pasta 🌱🌱 Fresh, homemade tomato and basil sauce with penne pasta	Strawberry Ice Cream
WEDNESDAY	Roast Pork Served with Roast Potatoes, Two Vegetables and Gravy	Vegetable Pastry Roll 🌱 Served with Roast Potatoes, Two Vegetables and Gravy	Jacket Potatoes 🌱 with a choice of hot and cold fillings Tomato Pasta 🌱🌱 Fresh, homemade tomato and basil sauce with penne pasta	Jelly with Fruit Slices 🌱
THURSDAY	Beef Bolognese 🌱🌱 Served with Wholemeal Pasta and Two Vegetables	Vegetarian Cottage Pie 🌱🌱 Served with Two Vegetables and Gravy	Jacket Potatoes 🌱 with a choice of hot and cold fillings Tomato Pasta 🌱🌱 Fresh, homemade tomato and basil sauce with penne pasta	Chocolate Shortbread
FRIDAY	Fish Fingers Served with Chips	Tomato Veggie Burger 🌱 Served with Chips	Jacket Potatoes 🌱 with a choice of hot and cold fillings Tomato Pasta 🌱🌱 Fresh, homemade tomato and basil sauce with penne pasta	Crispy Crackle Bar



THREE WEEK MENU

AUTUMN/WINTER 2022

OUR NEW MENU
CHOSEN BY
PARENTS AND
CHILDREN

YOUR
FAVOURITES
AVAILABLE
EVERY DAY






ALL MAIN MEALS SERVED WITH TWO VEGETABLES

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WEEK 1 W/C: 31/10 21/11 12/12 16/01 06/02 06/03 27/03				WEEK 2 W/C: 07/11 28/11 02/01 23/01 20/02 13/03					
	HOT SPECIALS...	DAILY FAVES...	PICK A PUDI!		HOT SPECIALS...	DAILY FAVES...	PICK A PUDI!		
MONDAY	Macaroni Cheese 🌱 Served with Two Vegetables	Vegetarian Sausage 🌱 Served with Mashed Potato and Gravy	Jacket Potatoes 🌱 with a choice of hot and cold fillings Tomato Pasta 🌱 🌱 Fresh, homemade tomato and basil sauce with penne pasta	Vanilla Ice Cream	MONDAY	Cheese and Tomato Pizza 🌱 🌱 Served with Potato Wedges and Two Vegetables	Chinese Vegetarian Noodles 🌱 🌱 Served with Two Vegetables	Jacket Potatoes 🌱 with a choice of hot and cold fillings Tomato Pasta 🌱 🌱 🌱 Fresh, homemade tomato and basil sauce with penne pasta	Chocolate Crispy Bar
TUESDAY	Chicken Pie Served with Potato Wedges, Two Vegetables and Gravy	Cheese and Tomato Pizza 🌱 🌱 Served with Potato Wedges and Two Vegetables	Jacket Potatoes 🌱 with a choice of hot and cold fillings, including Salmon Mayonnaise 🌱 Tomato Pasta 🌱 🌱 Fresh, homemade tomato and basil sauce with penne pasta	Jelly with Fruit Slices 🌱	TUESDAY	Pork Sausages Served with Mashed Potato, Two Vegetables and Gravy	Veggie Sausage Served with Mashed Potato & Gravy	Jacket Potatoes 🌱 with a choice of hot and cold fillings Tomato Pasta 🌱 🌱 🌱 Fresh, homemade tomato and basil sauce with penne pasta	Orange Shortbread with Fruit Slices 🌱
WEDNESDAY	Roast Turkey Served with Roast Potatoes, Two Vegetables and Gravy	Vegan Sausage Casserole 🌱 🌱 Served with Two Vegetables	Jacket Potatoes 🌱 with a choice of hot and cold fillings Tomato Pasta 🌱 🌱 Fresh, homemade tomato and basil sauce with penne pasta	Oat Cookie served with Fruit Slices 🌱	WEDNESDAY	Roast Gammon Served with Roast Potatoes, Two Vegetables and Gravy	Vegetable Pie 🌱 Served with Mashed Potato, Two Vegetables and Gravy	Jacket Potatoes 🌱 with a choice of hot and cold fillings Tomato Pasta 🌱 🌱 🌱 Fresh, homemade tomato and basil sauce with penne pasta	Chocolate Ice Cream
THURSDAY	Beef Bolognese 🌱 🌱 Served with Garlic and Herb Bread Wedge	Vegetarian Bolognese 🌱 🌱 🌱 Served with Wholemeal Pasta and Two Vegetables	Jacket Potatoes 🌱 with a choice of hot and cold fillings Tomato Pasta 🌱 🌱 🌱 Fresh, homemade tomato and basil sauce with penne pasta	Apple Crumble served with Custard 🌱 🌱	THURSDAY	Chicken Curry 🌱 🌱 Served with Wholemeal Rice	Vegetable Lasagne 🌱 Served with Garlic and Herb Bread Wedge	Jacket Potatoes 🌱 with a choice of hot and cold fillings Tomato Pasta 🌱 🌱 🌱 Fresh, homemade tomato and basil sauce with penne pasta	Apple and Berry Crumble served with Custard 🌱 🌱
FRIDAY	Fish Fingers Served with Chips	Quorn Dippers 🌱 Served with Chips and Two Vegetables	Jacket Potatoes 🌱 with a choice of hot and cold fillings Tomato Pasta 🌱 🌱 🌱 Fresh, homemade tomato and basil sauce with penne pasta	Shortbread	FRIDAY	Fish Fingers Served with Chips	Quorn Dippers 🌱 Served with Chips and Two Vegetables	Jacket Potatoes 🌱 with a choice of hot and cold fillings Tomato Pasta 🌱 🌱 🌱 Fresh, homemade tomato and basil sauce with penne pasta	Strawberry Frozen Yoghurt with Fresh Fruit 🌱

AVAILABLE EVERY DAY
WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT & FRESH FRUIT

🌱 Vegetarian
🐟 Oily Fish
🌾 Whole grain
🍌 Fruity!
👩 Nutritionist's Choice
🍴 Halal Available

ALL MAIN MEALS SERVED WITH TWO VEGETABLES

If your child would like the vegetarian option on a particular day, please can they let their teacher know so we can order enough portions from The Bay kitchen.

Orange/Yellow Mufti Day

As most of you are probably aware, Adventurers class are conducting a chick hatching investigation in their Science lessons and are incubating bantam hen eggs. The entire school is following the eggs' progress with great interest!

To raise funds for the chicks' resources we are having a Mufti Day on Thursday 16th March. For £1 donation children may wear orange or yellow clothing to school.



Recipe of the Week

Each week we will share an easy to cook recipe which you may like to try cooking at home with your child. Please email your photos (and reviews) of our recipes to admin@sthelenspri.iow.sch.uk and we will publish them in the newsletter! If you have any tasty, healthy recipes that you would like to share with the school community, please email them to the above address.

Chicken Chow Mein



Recipe By: Rosella
rosella.com.au

Prep Time: 15 minutes
Cook Time: 10 minutes
Serves: 4

Learn to make this chicken chow mein recipe at home and you'll never order it takeaway again. Full of chow mein sauce, chicken, cabbage, stir-fried noodles and more, this satisfying meal is so easy to make.

Ingredients

- 3 tbsp Rosella Organic Sweet Chili Sauce
- 2 tbsp light soy sauce
- 2 tbsp oyster sauce
- 1 tsp sesame oil
- 1 tsp ground white pepper
- 2 tsp cornflour
- 400g organic chicken thigh fillet, fat trimmed and thinly sliced
- 1 tbsp vegetable oil
- 2 cloves garlic, finely chopped
- 1 carrot, finely shredded
- 2 pak choy, chopped
- 2 cups (140g) green cabbage, finely shredded
- 3 green onions, cut into 2 cm long pieces, plus extra for garnish
- 280g chow mein noodles, rinsed and drained
- ¼ cup (60ml) water
- 2 cups (140g) bean sprouts

Method

1. Combine sweet chili sauce, soy sauce, oyster sauce and sesame oil in a bowl. Stir in white pepper and cornflour and mix well
2. Spoon 2 tbsp of the sauce into the chicken and toss to coat
3. Heat oil in a large wok over high heat. Add garlic and cook for 10 seconds. Add chicken and stir-fry for 2-3 minutes or until golden and seared
4. Add pak choy, cabbage, carrot and the green onions. Stir fry until vegetables have just wilted
5. Toss through noodles, sauce and water. Stir fry for 1 minute
6. Add bean sprouts and stir fry until mixed through. Remove from heat and serve immediately with extra sweet chili sauce and extra green onions

Dates for Your Diary

Wednesday 15th March – Adventurers visit to Briddlesford Farm

Thursday 16th March – Mufti Day – wear **Orange** or **Yellow** to raise funds for our chicks £1 donation

Saturday 17th March – St Helens Horticultural Society Spring show (school hall)

Friday 31st March – School closes at 3:00pm for the Easter break

Monday 17th April – School reopens at 08:45 for Summer term

Monday 1st May – May Day bank holiday – school closed

Monday 8th May – Additional Coronation bank holiday – school closed

Friday 26th May – School closes at 3:00pm for half term

Monday 5th June – School reopens at 08:45

Textile Bank

Don't forget that we have a textile bank where you can donate unwanted **clothes, belts, paired shoes, bags, hats, (in a tied bag)**. The donated items will be collected and weighed fortnightly and the school will receive 20p per kilo towards our funds. **Donated items (bagged please) should be left near to the front entrance of the school. Please let the office know you have left items! *Please do not donate duvets, pillows, cushions, household textiles, soiled rags, curtains, blankets as the recycling company will deduct the cost of disposing of these items from our overall total raised.***

Remember to look at the school website for the latest school updates and information at www.sthelenspri.iow.sch.uk

FOSH AMAZON WISH LIST

The school has a wish list on Amazon to which the staff have added items that they would like for our wonderful school. We appreciate that belts are very tight at the moment but we would like to encourage you all to have a look at this list from time to time to see if there is anything you would like to buy as a gift for school. Items from this list make great end-of-term or Christmas gifts for the school but gifts are welcome anytime and the list is always available and is regularly updated.

Purchased items are posted directly to school and arrive anonymously unless the buyer has added a note to say who they are at checkout. Please don't forget to add a note as otherwise we will not be able to thank you personally. If you are buying a book and would like to write a note in the front with your name and the date of purchase, please let us know on the email address below so we can arrange this when your gift arrives.

If you have any questions about the wish list, please get in touch with Katherine via mail@friendsofsthelens.org

To view the list on Amazon, please follow this link and consider St Helens Primary School when you are shopping online https://www.amazon.co.uk/hz/wishlist/ls/1NM3IHB3UQ7V0?ref_=wl_share



After School Clay Club

Mondays 4pm until 5:30pm
Sessions start 17th April
at Tregar Pottery, Niton

£108 for 6 weeks

An exciting and unique opportunity for your child to learn a variety of making techniques in our working pottery studio. Over a 6 week period, we will explore wheel throwing, sculpting and modelling and follow the pottery processes through to completion, finishing with a range of glazed and fired pieces to take home.

Spaces are limited so please contact us as soon as possible to secure your spot, email us at: isleofwightpottery@gmail.com



Easter Holiday Pottery Classes

Clay Club

Mondays and Fridays 10 - 12 and 2 - 4
£25 per person

Family Pottery Workshop

Various dates and times available
£100 (up to 4 people)

- Throwing pots on the wheel
- Clay sculpting
- Easter themed decorating

To book email us at: isleofwightpottery@gmail.com
www.isleofwightpottery.com



ISLE OF WIGHT MUSIC HUB PRESENTS



MONDAY STRING ENSEMBLE



MONDAYS IN TERM TIME

4.30 - 6.00 pm

The Island Free School, Upper Ventnor PO38 1BG

For more information email h.foster@iwmt.org.uk

Apply here: [String group form](#)

All school aged violin/viola/cello/double bass players are very welcome

ISLE OF WIGHT MUSIC HUB PRESENTS



Saturday Morning Music Centre
Ensemble opportunities for players of woodwind, brass, percussion and bowed string players



Saturday mornings during term time

10.00am - 12.00pm

At Osborne House

York Avenue, East Cowes, PO32 8JT

Annual membership £305

The Hub also supports additional music making opportunities and ensembles during the week. For further information please contact us using the details below

music.hub.org.uk

023 8083 3548



music@iowmusichub.org
iowmusichub.org

023 8083 3648
@MusicHubSouth



music@iowmusichub.org
iowmusichub.org

023 8083 3648
@MusicHubSouth



ADULT COMMUNITY LEARNING

ALL COURSES ARE FOR ADULTS 19+



For further information or to book a place on any/all of these sessions please contact:

Info@thecrossley.co.uk or phone 01983 861164

90 Minutes to Family Calm Series

Join our **FREE** (fully funded) online classes! - **Join one or join them all...**



BRAIN TRAINING FOR CALM - 20th February

TAMING THE EMOTIONS MONSTER - 27th February

SENSIBLE ABOUT OUR SENSES - 6th March

* no session 13th March

BUCKET FILLING FOR SELF-ESTEEM - 20th March

RELAXING OUR KIDS - 27th March



February—March 2023

Monday mornings

9:30-11:00

Booking & enrolment required to secure a place on any or all these sessions.

*enrolment required just once (for any number of sessions) per academic year

