



ST HELENS PRIMARY



Friday 22nd September 2023

Dear Parents and Carers,

This week has featured the new football club and Computing Club, the Merry and Bright Club to add to the existing clubs available such as The Pioneers Dance Club and skateboarding.

On Thursday the hall was full of staff, children and parents as they completed the annual Beetle Drive. Although I didn't partake it did seem lots of fun.

Thank you to our many volunteers who help at the school. It is very much appreciated.

Regarding volunteers, we are very much looking for adult readers who can commit to a session or two each week to help develop the reading profile at the school.

This year our main priority will in fact be phonics, early reading and reading for pleasure. So please spare an hour or two to help the children with the most essential of all skills.

On Friday Cardwells will be at school for the annual photographs.

Obviously this will be the first for our Explorers.

Next week we welcome Ian Dickens to Pioneers who will surely inspire some the children with his books and life as an author. It isn't every day that we welcome a relation of someone so famous!

Thank you to the parents who have booked their meeting with the teachers the following week.

Usually we get 100% attendance so I hope this time will be the same.

Have a great weekend

Mr Wake

Attendance week from: 11/09/2023 to 15/09/2023

Class	Attendance	Late Arrivals	Minutes Lost Through Lateness	Unauthorised Absences	Authorised Absences
Explorers	95.3%	0	0	0	6
Adventurers	98.2%	0	0	2	3
Discoverers	88.8%	0	0	2	26
Pioneers	96.5%	0	0	0	9

Although we strive for 100%, our whole school attendance for this week was 94.8% which is **below** the national expectation of 96%

If your child is too unwell to attend school please contact us to let us know. You can phone on 872442 or email us on admin@sthelenspri.iow.sch.uk If you let us know by phone please can you put the reason for your child's absence in writing when they return to school otherwise the absence will be marked as unauthorised. We are required to ask you for this in order to follow the Local Authority attendance procedures, and if we don't receive a letter or email we have to follow it up.



We would like to wish a very 'Happy Birthday' to the following children and staff who celebrate their special day this week:

Betty age 5

Zach age 8

Recipe of the Week



Each week we will share an easy to cook recipe which you may like to try cooking at home with your child. Please email your photos (and reviews) of our recipes to admin@sthelenspri.iow.sch.uk and we will publish them in the newsletter! If you have any tasty, healthy recipes that you would like to share with the school community, please email them to the above address.



Chilli con carne

Chilli con carne is the ultimate filling dish using store cupboard ingredients including our new Inspired to Cook chilli con carne spice mix. Making it such an easy dinner to pull together. Items subject to availability, excludes Locals. Based on family of 4 adults. Prices valid for 3 weeks. Items per kg varies at checkout. Where items are in Aldi Price Match we reserve the right to substitute comparable items/remove recipes from promotion. Where whole packs are not used in recipe, full pack price is included in calculation. Calculation based on customers owning cooking oil. For more info on Aldi Price Match [sainsburys.com/aldipricematch](https://www.sainsburys.com/aldipricematch)

40 minutes Serves 4 Easy

by Sainsbury's Team

Method

Step 1

Heat 1 tbsp vegetable oil in a large pan over a medium heat. Add the beef mince to the pan and break it up as it begins to brown.

Step 2

Once the beef is nicely coloured, add the contents of the chilli con carne sachet and stir into the beef followed by the tomatoes, kidney beans and 125ml of water. Bring the pan to the boil and then reduce to a simmer for about 30 minutes or until the beef is tender and the sauce has thickened.

Step 3

In the meantime, cook the rice. Rinse the rice in a sieve under a cold tap, to release the starch. Add the rice to a medium sized saucepan and fill with cold water to come 1 cm above the surface of the rice. Cover the pan with a lid

Ingredients

500 g By Sainsbury's 12% fat beef mince
1 sachet Inspired to Cook chilli con carne mix
400 g Hubbard's chopped tomatoes
400 g By Sainsbury's kidney beans
300 g Hubbard's white rice

minutes or until the water has been absorbed.

Step 1

Serve the rice into bowls and top with the hot chilli con carne.

School Dinner Menu (£2.75) per day or free to Reception, Year 1 & 2 pupils)

On **TUESDAYS and FRIDAYS only**, the children will be able to order baguettes - fillings cheese, tuna or ham.

WEEK 3 W/C: 01/05, 22/05, 19/06, 10/07, 11/09, 02/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Cheese and Tomato Pizza 🍷 Served with Potato Wedges	Butter Chicken Curry 🍷 Served with Wholegrain Rice	Roast Pork 🍷 Served with Roast Potatoes and Gravy	Cottage Pie 🍷 Served with two vegetables	Breaded Fish Fingers 🍷 Served with Chips
	Vegetarian Bolognese 🍷 Served with Wholemeal Pasta	Tomato Vegetable Burger 🍷 Served with Potato Wedges	Cheesy Ploughman's Picnic Plate 🍷 Served with Bread	Macaroni Cheese 🍷 Served with two vegetables	Vegetarian Dippers 🍷 Served with Chips
JACKET POTATO	Jacket Potatoes 🍷 with a choice of hot and cold fillings	Jacket Potatoes 🍷 with a choice of hot and cold fillings	Jacket Potatoes 🍷 with a choice of hot and cold fillings	Jacket Potatoes 🍷 with a choice of hot and cold fillings	Jacket Potatoes 🍷 with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🍷 🍷					
All main meals are served with two vegetables					
DESSERT	Berry Flapjack with Fruit 🍷	Shortbread	Chocolate Brownie with Fruit 🍷	Ice Cream	Pineapple Upside Down Cake

CHARTWELLS 3M2024IN_768351

THREE WEEK MENU
SPRING/SUMMER 2023

Chartwells Schools

OUR NEW MENU CHOSEN BY PARENTS AND CHILDREN

YOUR FAVOURITES AVAILABLE EVERY DAY

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

WEEK 1 W/C: 17/04, 08/05, 05/06, 26/06, 17/07, 18/09, 09/10						WEEK 2 W/C: 24/04, 15/05, 12/06, 03/07, 04/09, 25/09, 16/10					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Cheese and Tomato Pizza 🍕 Served with Potato Wedges	Pork Sausages Served with Mashed Potatoes and Gravy	Roast Turkey 🍗 Served with Roast Potatoes and Gravy	Beef Bolognese 🍖 Served with Wholemeal Pasta and Garlic and Herb Bread	Breaded Fish Fingers Served with Chips	HOT MAINS	Cheese and Tomato Pizza 🍕 Served with Potato Wedges	Chinese Chicken and Vegetable Rice 🍛 🍛	Roast Gammon Served with Roast Potatoes and Gravy	Beef Lasagne 🍝 Served with Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
	Tomato Pasta 🍝 served with two vegetables	Cauliflower Macaroni Cheese Served with two vegetables	Roasted Vegetable Butterbean Crumble 🍷 Served with Roast Potatoes and Gravy	Vegetarian Bolognese 🍷 Served with Wholemeal Pasta and Garlic and Herb Bread	Vegetarian Dippers 🍷 Served with Chips		Vegetable Pastry Roll 🍷 Served with Potato Wedges	Macaroni Cheese Served with two vegetables	Sweet Potato and Chickpea Roast 🍷 Served with Roast Potatoes and Gravy	Vegetable Lasagne 🍝 Served with Garlic and Herb Bread	Vegetarian Dippers 🍷 Served with Chips
JACKET POTATO	Jacket Potatoes 🍟 with a choice of hot and cold fillings	Jacket Potatoes 🍟 with a choice of hot and cold fillings, including Salmon Mayonnaise 🐟	Jacket Potatoes 🍟 with a choice of hot and cold fillings	Jacket Potatoes 🍟 with a choice of hot and cold fillings	Jacket Potatoes 🍟 with a choice of hot and cold fillings	JACKET POTATO	Jacket Potatoes 🍟 with a choice of hot and cold fillings	Jacket Potatoes 🍟 with a choice of hot and cold fillings	Jacket Potatoes 🍟 with a choice of hot and cold fillings	Jacket Potatoes 🍟 with a choice of hot and cold fillings	Jacket Potatoes 🍟 with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🍷🍷						Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🍷🍷					
All main meals are served with two vegetables						All main meals are served with two vegetables					
DESSERT	Vanilla Ice Cream	Strawberry Jelly with Fruit 🍓	Hot Chocolate Sponge with Chocolate Custard	Lemon Slice with Fruit 🍋	Crispy Crackle Bar	DESSERT	Oat Chocolate Cookie with Fruit 🍪	Orange Jelly	Chocolate and Banana Marble Cake	Flapjack with Fruit 🍪	Strawberry Ice Cream

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

🍷 Vegetarian 🐟 Oily Fish 🍷 Wholegrain 🍋 Fruity! 🍷 Nutritionist's Choice

If your child would like the vegetarian option on a particular day, please can they let their teacher know so we can order enough portions from The Bay kitchen.

Dates for Your Diary

Tuesday 26th September – Pioneers writer visit (Ian Dickens, Great great grandson of Charles Dickens)

Tuesday 26th September – School Nursing team – Flu immunisations (nasal)

Tuesday 3rd October – Parents Evening

Wednesday 4th October – Parents Evening

Friday 20th October – School closes at 3.00pm for half term

Monday 6th November – School reopens at 08:45 for Autumn term 2

Friday 15th December - School closes at 3:00pm for Christmas break

Monday 18th December – Staff Development Day – school closed to children

Tuesday 19th December – Staff Development Day – school closed to children

Monday 11th March 2024 – Staff Development Day – school closed to children

Flu Immunisations

The school nursing team will be in school on Tuesday 26th September to administer the nasal flu vaccinations.

A letter was sent out to parents and carers via email with an information leaflet. This letter contains the link to the online consent form. Children have also brought home a leaflet .

This Week's Class Updates

Explorers

We have had a busy week in Explorers!

The children have enjoyed starting Bug Club this week, we have been listening for initial sounds when reading our class books and practising our pencil control. We have started looking at our phase 2 sounds 's' and 'a' and have been creating the letter shapes in playdough.

All the children have enjoyed looking at their reading books, we encourage parents to read with them every evening to help build their confidence and understanding.

At the moment the children are exploring wordless books, each book has conversational prompts to help you.

We have made some clay faces. The children squished and squashed the clay to make a round shape and foraged for materials in order to create the features.

In the garden this week the children have enjoyed playing a selection of maths games, such as a bean bag toss and darts. They have also explored the mud kitchen making up their own muddy recipes, in the building area building their own house and using tools to 'fix' the tractor as mechanics.

The Explorers are also enjoying learning their songs for our harvest festival. They have helped to create actions for our song 'All the leaves are falling down' and are excited to share it in a couple of weeks!

Have a lovely weekend!

Adventurers

This week has been lovely. The class have all been so receptive to their learning and sharing ideas. Our London topic has been a hit, with the children learning about using possessive apostrophes to aid their writing about how the Queen's hat had been lost and where!

In art the class followed step by step sketching of London monuments and blew us away! We had no celebration assembly this week, instead we spent our morning having our individual and sibling photos taken. The class were fantastic and had some lovely cheesy grins. Please look for the QR code slip in your child's bag for access to your photos.

Please keep up the fantastic reading at home, almost every book was changed this week! It's so lovely to see.

Next week is Show and Tell on THURSDAY, the class can bring in an interesting item to share with their peers.

Have a wonderful weekend!



Discoverers

In English we have been working on a new story called Leon and the place between. In maths we have been learning about recognising place values and estimating. In Art we have been learning about Georgia O'Keeffe, landscapes and using different types of lines in our Art. In science we learnt about electricity and tested if circuits would work. In PSHE we learnt about friendship and what we like about each other.

By Abbie

Pioneers



Hello

A great week in school for the workhouse and Victorian understanding this week. Children took part in a role play in history considering how children were used as factory labour. We were beginning to appreciate just how dangerous the work was to children's health. For instance, as well as the obvious risk of losing a limb in the moving machinery, some children suffered limb deformities because of the length of time they stood for: up to 15 hours a day- their bone marrow withered away.


In our English lessons we have been beginning to construct a non chronological report about workhouses. Using the PEEL acronym to assist in our paragraph structures. See opposite.

In maths we were brushing up on column addition and have now begun with column subtraction.

This week's Science lesson we were looking at the phenomenon of refraction and how the speed light travels changes in different substances. Explaining why a straw looks

Your Paragraph Should Include:

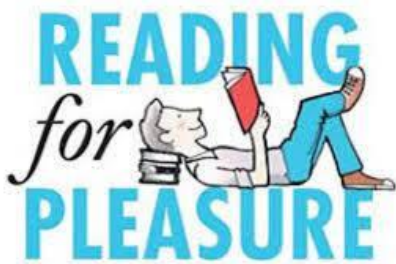
P	E	E	L
Point	Evidence	Explanation	Link
Make your point	Back it up: Support your point with evidence & examples	Explain how the evidence supports your point	Link this point to the next point in the following paragraph Or back to main point



www.virtuallibrary.info



bent in a glass of water.



Thank you for supporting your children with their homework this week. Please ensure that your child is reading for pleasure everyday at home. Whether it is at the breakfast table or in the bath. Reading to the dog or their favourite teddy.

"I read for pleasure and that is the moment I learn the most" Margaret Atwood

[FOSH \(Friends of St Helens Primary\) News](#)

CAN YOU HELP?

Due to the recent departure of our treasurer, FOSH are urgently seeking someone to step into the role until our AGM in the Spring. The treasurer does not have to attend all our meetings and the post can be quite hands off. The treasurer does not have to be a parent at the school but does need to have a personal connection (ie. grandparents/extended family) The treasurer will need to be confident with handling finances, be able to maintain our digital records (which are not too challenging and will be explained) FOSH's books are not very active and the job is not too onerous and the role will perhaps require 30 minutes a month of your time.

Obviously, we would love our new treasurer to want to be actively involved in planning and executing FOSH events but we appreciate that people have busy lives and so, for this temporary role, this is not an expectation. As a minimum, you will need to be in contact with the chair (currently Katherine Hall) and the secretary (currently Jo Trafford) to authorise major expenditure, deal with expense claims from FOSH members and be responsible for keeping records and producing monthly reports. You will also need to produce an annual summary for our AGM which will be held in the Spring term. If you think you might be interested or would like more information, please email foshsthelens@gmail.com

BEETLE DRIVE

A huge thank you to everyone who supported the Beetle Drive last night (Thursday 21/09). We raised about £50 which will go towards supporting the school and your children. A great time was had by all and there have been several requests for another Beetle evening to be held in the near future so watch this space.....

Textile Bank

Don't forget that we have a textile bank where you can donate unwanted **clothes, belts, paired shoes, bags, hats, (in a tied bag)**. The donated items will be collected and weighed fortnightly and the school will receive 20p per kilo towards our funds. **Donated items (bagged please) should be left near to the front entrance of the school. Please let the office know you have left items!** ***Please do not donate duvets, pillows, cushions, household textiles, soiled rags, curtains, blankets as the recycling company will deduct the cost of disposing of these items from our overall total raised.***

Remember to look at the school website for the latest school updates and information at www.sthelenspri.iow.sch.uk



**ARE YOU
READY?**



**RYDE SAINTS
U8's (Year 3)
Football Training**

SATURDAY'S
11.00AM - 12.00PM
JOIN US TODAY!

Salter's Park, Salters Road
Ryde, PO33 3HU
Lee 07742344629 or Martin 07730609999



CHRIST THE KING COLLEGE
YEAR 6 OPEN EVENING

YEAR 6 TOURS




Medina College
ASPIRE AND ACHIEVE

**Year 6 Open Evening
Tuesday 26
September
5.00 - 8.00 pm**

Join us for:

- a short presentation (repeated at 5.15 and 6.15 pm)
- Tours of our wonderful facilities
- Opportunities to meet subject staff and experience subject demonstrations
- School meal tasters
- SEND Information




Carisbrooke College
ASPIRE AND ACHIEVE

**Year 6 Open Evening
Thursday 28
September
5.00 - 8.00 pm**

Join us for:

- a short presentation (repeated at 5.15 and 6.15 pm)
- Tours of our wonderful facilities
- Opportunities to meet subject staff and experience subject demonstrations
- School meal tasters
- SEND Information



OPEN MORNING

SATURDAY 7 OCTOBER 10.00AM UNTIL 12.30PM

Join us for tours of the School, a Q&A session with the Head Master and senior team and an opportunity to talk to pupils, staff and parents. Enjoy displays, live music and drama rehearsals and join in with science experiments.

An island school with a global outlook



**RYDE SCHOOL
WITH UPPER CHINE**



THE BAY CE SCHOOL
Believe · Inspire · Excel



Year 7 Open Evening

Thursday 5th October 2023, 5.00-7.30pm

Presentation at 5.00pm and 6.00pm followed by tours of the Secondary School
Open Morning: Tuesday 10th October, 9.00-11.00am, please call to book an appointment.



Contact us for more information: Telephone: 01983 403284 Email: office@bayceschool.org Website: bayceschool.org

Isle of Wight Secondary Colleges and 6th Form
2023-24 Open Day/Evening dates
(as at 02/02/2023)

School/College	Date	Time
Carisbrooke College	28/09/2023	Year 6 open evening 5-8pm
Christ the King College	20/09/2023	Year 6 open evening
	08/11/2023	Year 12 open evening
Cowes Enterprise College	2 nd October 2023 onwards	Open month; commencing 2 October 2023. Series of limited group tours am/pm. Separate SEN Tours by request. <i>Please call 203103 to reserve am tour place or SEN tour.</i>
	30 th October 2023 onwards	Open month; commencing 30 October 2023 Series of bespoke group tours am/pm <i>Please call 203103 to reserve am tour place.</i>
Island Free School	14/10/2023	Y6 open day
Medina College	26/09/2023	Year 6 open evening 5-8pm
Ryde Academy	04/10/2023	Y6 Open Evening
	09/11/2023	6th Form Open Evening
Ryde School	07/10/2022 & 03/02/2023	10-12.30pm
The Bay CE School	05/10/2023	Y6 Open Evening 5-8pm
The Island VI Form	16/11/2023	Y12 open evening
The Isle of Wight College	25/11/2023	10.00-14.00 hrs
	& 27/01/2024	10.00-14.00 hrs
	& 06/03/2024	16.00-18.30 hrs
	& 23/04/2024	16.00-18.30 hrs
	& 19/06/2024	16.00-18.30 hrs

The Priory School of our Lady Walsingham	n/a	Don't hold open days. Ring up to make an appointment for a show round. Marion Ahmed – Tel: 861222 or email: mail@prioryschool.org.uk

- Please note St Georges is not offering open days. Places are allocated via the SEND department.





Saturday Morning Music Centre
 Ensemble opportunities for players of woodwind,
 brass, percussion and bowed string players



Saturday mornings during term time

10.00am - 12.00pm

At Osborne House

York Avenue, East Cowes, PO32 6JT

Annual membership £120

The Hub also supports additional music making opportunities and ensembles during the week.
 For further information please contact us using the details below

music@iowmusichub.org
 023 8083 3648



music@iowmusichub.org
 iowmusichub.org

023 8083 3648
 @MusicHubSouth



09:37



**Bembridge
 Shotokan
 Karate Club**



Traditional Japanese Karate

Affiliated to the Applied Karate Association (AKA)

2023 training times

from - Tuesday 5th September

Tuesday

Beginners - 18.30 to 19.30

All grades training 19.30 to 20.30

Friday

Advanced training - 18.30 to 20.00

Offer for beginners class:

During September there is an introductory offer to train free of charge



Bembridge Youth and Community Centre
 Steyne Park
 Steyne Road
 Bembridge PO35 5UL



Find us on Facebook - Bembridge Karate



Isle of Wight Family Information Hub

Helping families keep up to date with the information, support and advice that is available to them.

Visit www.familyinfohub.iow.gov.uk to find out more.



01983 823169

IWFFamilyInfoHub

familyinformationhub@iow.gov.uk



Funded rugby coaching courses with Vectis RFC



Kids First Tag held at IWRFC - 18/09/23 from 6pm

This 2 hour course supports the development of active, purposeful, enjoyable and safe tag rugby environments for children. Participants will also learn the rules and practice refereeing tag rugby.



Scan QR code to book or visit www.rfu.gms.com

Kids First contact held at IWRFC 27/09/23 and 04/10/23 from 6pm

This 2 x 3 hour sessions course will help participants to safely coach and referee the contact areas of the game and it is recommended that everyone coaching or refereeing contact rugby has completed this course.



Scan QR code to book or visit www.rfu.gms.com

These coaching courses are funded for local teachers and Vectis coaches. Email for more information

vectisrfccoaching@gmail.com



Fareham & Gosport Young Carers newsletter



Summer round-up!

This summer holidays were packed with activities for all of our young carers.

We visited the Woodlands Activity Centre in Southampton for paddle boarding, canoeing and team skills. Mowee! Zoo where we saw red pandas, giraffes and meerkats. Southsea Funfair to experience 4 new rides and to catch in every type of weather that was thrown at us. Southampton's dry flood fill some beautiful scenic views and more. We also welcomed CREATE to the centre where the young carers took part in a creative arts workshop, up-cycling clothes that were destined for second line charities and accessories to bags.

"Southsea funfair was my favourite, because I love rides! As a family we can't really go to theme parks and funfairs as much because my sister is in a wheelchair and my Dad can't lift her all the time as she is getting bigger. Going to Young Carers gives me time away from my sister and time to think about myself."



Project update!

We are really pleased to welcome Raine Tompsett to the young carers project taking on the role as senior practitioner. Although Raine will be running our support clubs, her primary focus will be in connecting with young carers who have a close family member either serving or ex-serving in the Royal Navy or Royal Marines. If your family has this connection, please get in touch with Raine at raine.tompsett@iow.gov.uk.

"I am really looking forward to getting to know all the young carers currently on the project as well as connecting with new young carers across the Solent area. As a child of a parent who served in the Royal Navy, I understand the impact of deployment and its impact on family life."



ONE TEAM KIDS

Working together to make KIDS stronger



QUIZ night

SUNDAY 1st OCTOBER
Wootton Bridge Community Centre
6:30 for 7pm start
£2 PER PERSON
MAX 6 PER TEAM
Can pay on night but please register your team and number of players with Vicky Burley or Simon Mead
Prizes
Half time refreshments ie cake (donation)
Guess the weight of cake (£1 a go)
Guess the sweets in jar (£1 a go)
Sweepstake on half marathon times (£1 a go)
Bar
RAISING MONEY FOR SDS UK
(Shwachman-Diamond Syndrome UK)
Charity number 1164269

Lantern making

Lantern making is a great family learning activity. It can be run after school, or at the weekend with opportunities for PTA fundraising (families pay £x per lantern to go towards / cover costs, can serve drinks and snacks at half-way point if running a 3 hour session and get more donations etc)

We can also deliver lantern making workshops to your school or group, including all materials. This can either be delivered as 1 x 3 hour session or 2 x 1.5hour sessions.

For a typical class of 30, with two tutors, making standard simple lanterns the total cost would be £290 – this price, especially the tutor fee, is subsidised by Arts Council England funding.

Materials for 30 lanterns = £161, plus 2 tutors = £290

Materials for 15 lanterns = £80, plus 1 tutor = £145

Learning: maths – measuring, symmetry, 2D and 3D shapes, nets, art and design – exploring new materials, joining materials, and much, much more!

Plus the activity is great for fine and gross motor skills, team work and cooperation.

Suggested age group – KS2+



Lantern Materials

We do also offer a lantern materials service to schools and groups, so you can buy materials from us that are difficult to source on the island.

These are: withies, wet strength tissue, LED lantern lights, latex adhesive, SBR.

Please e-mail in your order to: gemma@thenewcarnivalcompany.com or phone: 01983 716095

Payment by cheque payable to The New Carnival Company CIC or by BACS.

Withies 6 ft stripped buff willow	£32 for a half bundle (makes about 30 standard lanterns) £16 for a quarter bundle (makes about 15 standard lanterns)
Wet Strength tissue	£38 per half ream (for 30 standard lanterns) £19 per quarter ream (for 15 standard lanterns)
LED lantern lights	£1.90 each, to include batteries
Latex Adhesive	£12 for 1 litre tub (for 15 lanterns) or £50 per 5 litre tub N.B can use PVA adhesive which most groups will have, will then need to apply a coat of SBR to help waterproof
SBR, for waterproofing lanterns (if using PVA)	£3 per small bottle

You will also need:

Masking tape, string, or cable ties, PVA adhesive (if using), bamboo canes

Lantern Leaders Workshop

If you would like training so that you can deliver your own lantern making workshop to your school or group, we are running a workshop on Tuesday 3rd October at The Coaching House, 13b Union Road Ryde, Po33 2ER, from 5.30-7.30pm. Please email abigail@newcarnival.co.uk to book your place.





Top Tips for Mental Health and Wellbeing

Take part in a practical and interactive course to understand what influences your own mental health and wellbeing.


Discover how to use your new skills to support people in the community.

This course is free to attend and taught either online or face to face.

For more information and booking visit the [Isle of Wight Council website](#) or contact learning.development@iow.gov.uk



The Island Savoyards present

 **SHREK**
The
MUSICAL

Based on the Dreamworks Animation Motion Picture and the book by William Steig

Book and Lyrics by **David Lindsay-Abaire** Music by **Jeanine Tesori**

Originally produced on Broadway by
DreamWorks Theatricals and Neal Street Productions

SHANKLIN THEATRE
OCTOBER
25-28 | 7.30pm ★ 28 & 29 | 2.30pm
TICKETS | Adults £20 | Children £18

This amateur production is presented by arrangement with Music Theatre International
All authorised performance materials are also supplied by MTI
www.MTIShows.co.uk

BOX OFFICE 01983 868000 | shanklintheatre.com

DINOMANIA LIVE IS COMING BACK TO ISLE OF WIGHT

Both adults and children require a ticket

Tickets are £15pp, children 1 year and under are free.

Dinomania is a fun filled 5* interactive dinosaur show touring the UK for 2023.

We are bringing you 2 sessions per day with only 300 tickets available per session.

Session times are 11am and 2pm

Come and join Ranger Chris and his dinosaurs as seen on BGT 2022!

The award winning Youtube Rangers from Dinomania will teach you all about these amazing creatures. Dinosaurs will roam around the crowd in the UKs most interactive dinosaur show.

All attendees will be seated on the floor for the most interactive experience.

For those less than able we have limited seating around the sides.



Don't forget we don't just have interactive dinosaurs, we boast one of the largest mobile dinosaur museums, with lots of fossils and replicas, including a full size T-Rex skull!

Warning our large dinosaurs are very big and realistic so there is a mild scare factor so please keep this in mind when purchasing.