



Friday 17th November 2023

Dear Parents and Carers,

We have had yet another very wet week. Surely we must be due some respite soon. I know the cold weather will follow but I think we would all welcome a dry spell.

Please remember to consider others when dropping off your children. I understand one or two parents were not as careful as they could have been with their parking leaving some parents a little worried about their children being at risk in the bad weather.

We have an enjoyable week at school with children continuing to engage as enthusiastically as ever.

Explorers and Adventurers have joined forces to run through the nativity which will be performed in the first week of December. I always look forward to the performances.

Explorers have been enjoying their environment and making good use of the resources available. They are always keen to get out in their playground whenever the weather is playing ball.

It is good to see that we have already had a number of visits from prospective 2024 Explorers. In fact we continue to receive calls to arrange visits; next week we look forward to three more visitors.

On Thursday, FOSH did the school proud again. I noticed a near-full turnout with 95% of the pupils joining in the fun. Thankyou to the amazing FOSH for their continued support and our resident DJ Mr Searle who put aside his governor duties to entertain the children with his music.

Please see Mrs Hall, Mrs Trafford, Mrs Morling or Mrs Woodward if you are available to help in any way.

Thank you also to the 100% teacher turnout who supported the event.

The 2nd of December seems like a good time to be at St Helens. The village has a number of events throughout the day including our own wonderful fayre which is always a great occasion and helps to generate extra funds for the school. I hope that everyone gets a chance to attend.

OFSTED

On another positive note, you will have been informed that we have received our official Ofsted Grading this week.

St Helens has been recognised as a good school with an outstanding grade for personal development.

In a small school, the staff have multiple roles and I very much appreciate the effort they put in on a daily basis.

The school has an excellent governing body who make a huge difference. They monitor and challenge the leadership team and support in so many ways.

The FOSH are also an invaluable source of support enabling the children to participate in many events.

Of course the children are an inspiration. Their attitude and effort make it a pleasure to come to school.

Thank you to parents of course. Parents play an essential role ensuring their children attend regularly and support them with homework or home tasks.

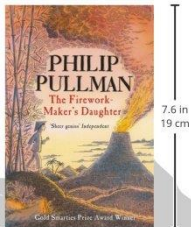
St Helens is a great school to work at.

Please speak to Mr Searle or Mrs Lovell, our parent governors if you are interested in becoming a governor or an associate governor in the future.

In Pioneers class Alba has enjoyed her English topic, Obie has demonstrated outstanding arithmetical skills and Rowan and Evelyne amazing effort.

Sami, Sophie and Lylah were excellent in indoor PE.

In Discoverers Taylor is loving fractions, Beauin the Class text - The Firework Maker's Daughter and Barnaby tag rugby.



Lila doesn't just want to be a Firework-Maker's daughter, she wants to be a Firework Maker herself. But although she's learned a lot she still must get through the most difficult and dangerous part of her apprenticeship - and her father won't tell her what it is.

In search of this final Firework-Making secret, Lila heads off alone on a journey. It is a journey filled with dangers beyond anything she could have imagined, a journey on which she will learn so much more than the one secret she set out to find . . .

In Adventurers Emily is enjoying the nativity and Luke and Margaux loved coming into class on Thursday to experience the crime scene....

Next week will be another exciting week. There are class trips for Pioneers and Adventurers as well as the multiple clubs on offer for the children.

Have a great weekend

Mr Wake

FOSH NEWS

Thank you to all the children who were able to attend the Winter Ball last night. The atmosphere was lovely and everyone looked like they were having a great time. We hope that no one was too tired this morning as a result!

The Winter Ball was funded by FOSH and we are able to put this kind of event on thanks to your donations and participation in our fundraising events. We have a few things coming up before the holidays that we would love to get everyone involved in:

CHRISTMAS TREE DECORATION COMPETITION

A Christmas tree has appeared outside the school office but it is looking very bare because it has no decorations! **FOSH would like to invite the children to make a hanging decoration at home and bring it in to liven up our tree.** The best decorations in each class (judged by the School Council) will receive a little prize at the end of term. Decorations must be hanging and be no more than 15cms long. They must be made entirely by the children and be clearly labelled with name and class. Entries cost 50p. Please send entry money in a sealed envelope labelled FOSH CHRISTMAS TREE COMPETITION with your child's name on the front. Children can hang their own decoration up when they bring it in.

SCHOOL TEA TOWEL

Orders are still being taken for the school tea towel! These towels make a fabulous keepsake of your child's time at St Helens (our own mothers still have the ones we ourselves made at school in the 80s!) and they also make great Christmas presents! Tea towels that are pre ordered cost £5 each. This price will go up to £7 at the Christmas Fayre so get your orders in quickly to benefit from the discounted price! Please email foshsthelens@gmail.com with 'Tea Towels' in the subject box, detailing the number of towels required and your child's name and class. Towels will be available to collect at the Christmas Fayre on 2nd December.

CHRISTMAS FAYRE

The annual Christmas Fayre is coming up on Saturday 2nd December 1-3pm. Make sure you put a note in your diaries as we would love to see you all there! The fayre will include lots of local craft stalls selling their wares, games to play, crafts to enjoy and Father Christmas will be paying a visit too! We will also be serving hot food, cakes, tea and coffee. If you are able to help before (to set up or bake a cake)/during/after (to help tidy away) the event, all assistance will be welcomed enthusiastically. Please speak to Katherine or Tammy outside school or email foshsthelens@gmail.com

VILLAGE OF ANGELS

Each year in December the village of St Helens is decorated with angels made by the villagers. This year FOSH will be running the event and it will be tied into our school Christmas Fayre. **The children of the village and those who attend the school are being invited to make their own angel** to be displayed at school until 2nd December and from then at The Vine. Judging will take place on Friday 1st December with winners announced and prizes given out at the Christmas Fayre. More information and details of how you can enter can be found on our Facebook page <https://www.facebook.com/FOSHPS> and on posters around the school and the village.

Attendance week from: 06/11/2023 to 10/11/2023

Class	Attendance	Late Arrivals	Minutes Lost Through Lateness	Unauthorised Absences	Authorised Absences
Explorers	96.8%	0	0	0	4
Adventurers	97.9%	0	0	0	6
Discoverers	95.8%	2	90	5	5
Pioneers	94.4%	2	55	8	7

Although we strive for 100%, our whole school attendance for this week was 96.2% which is above the national expectation of 96%

If your child is too unwell to attend school please contact us to let us know. You can phone on 872442 or email us on admin@sthelenspri.iow.sch.uk If you let us know by phone please can you put the reason for your child's absence in writing when they return to school otherwise the absence will be marked as unauthorised. We are required to ask you for this in order to follow the Local Authority attendance procedures, and if we don't receive a letter or email we have to follow it up.



THIS WEEKS AWARDS



<u>Class</u>	<u>Worker of the Week</u>	<u>Star of The Week</u>
Explorers	Ronnie	Lewis
Adventurers	Raif	Luke
Adventurers	Alena	Athena
Discoverers	Max	Zach
Discoverers	Luke	Taylor
Pioneers	Alfie	Lylah
Pioneers	James	Liam



We would like to wish a very 'Happy Birthday' to the following children and staff who celebrate their special day this week:

Miles age 6
 Oakleigh age 6
 Mrs Maloney

School Dinner Menu (£2.75) per day or free to Reception, Year 1 & 2 pupils)

On **TUESDAYS and FRIDAYS only**, the children will be able to order baguettes - fillings cheese, tuna or ham.

Chartwells schools **WEEK 1** W/C: 30/10, 20/11, 11/12, 08/01, 29/01, 26/02, 18/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AUTUMN/WINTER 2023	HOT SPECIALS Cheese and Tomato Pizza @ Served with Potato Wedges	Classic Beef Burger Served with Potato Wedges	Roast Turkey Served with Roast Potatoes and Gravy	Beef Bolognese @ @ Served with Whitefish Pasta and Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
	Stir Fried Vegetable Rice @ @ @	Vegetarian Burger @ Served with Potato Wedges	Vegetable Pastry Roll @ Served with Mashed Potatoes and Gravy	Vegetarian Bolognese @ @ @ Served with Whitefish Pasta and Garlic and Herb Bread	Crispy Quorn Nuggets @ Served with Chips
	JACKET POTATO Jacket Potatoes @ @ with a choice of hot and cold fillings	Jacket Potatoes @ @ with a choice of hot and cold fillings, including Salmon Mayonnaise @	Jacket Potatoes @ @ with a choice of hot and cold fillings	Jacket Potatoes @ @ with a choice of hot and cold fillings	Jacket Potatoes @ @ with a choice of hot and cold fillings
	Tomato Pasta Fresh, homemade bread and half sauce with pizza pasta @ @				
	All main meals are served with two vegetables				
DSSERT	Chocolate Brownie	Crispy Crackle Bar with Fruit @	Original Flapjack	Carrot, Orange and Sultana Slice @	Vanilla Ice Cream

PACKED LUNCH AVAILABLE
Ham, Cheese and Tuna Baguettes available daily with veg sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian @ Oily Fish @ Whole grain @
Fruity! @ Nutritionist's Choice @

Our menu is subject to change. Please be assured that all certified medical diets and allergy requirements will be safely catered for.

Chartwells schools

WEEK 2

W/C: 06/11, 27/11, 18/12, 15/01, 05/02, 04/03, 25/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza 🍕 Served with Potato Wedges	Turkey Con Chili 🍲 Served with Wholegrain Rice	Roast Beef Served with Roast Potatoes and Gravy	Sausage Pasta Bake 🍝 Served with Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
	Sweet Potato Curry 🍲 Served with Wholegrain Rice	Macaroni Cheese 🍝	Cheesy Leek and Carrot Crumble 🥧 Served with Roast Potatoes and Gravy	Vegetarian Sausage Pasta Bake 🍝 Served with Garlic and Herb Bread	Crispy Quorn Nuggets 🍲 Served with Chips
JACKET POTATO	Jacket Potatoes 🥔 with a choice of hot and cold fillings	Jacket Potatoes 🥔 with a choice of hot and cold fillings	Jacket Potatoes 🥔 with a choice of hot and cold fillings	Jacket Potatoes 🥔 with a choice of hot and cold fillings	Jacket Potatoes 🥔 with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and beef sauce with penne pasta 🍝					
All main meals are served with two vegetables					
DESSERT	Apple Crumble with Custard 🍏	Crunchy Chocolate Biscuit 🍪	Chocolate and Vanilla Marble Cake 🍰	Carrot Cake 🍰	Strawberry Ice Cream 🍦

PACKED LUNCH AVAILABLE
Hem, Cheese and Tuna Baguettes available daily with veg sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

🌱 Vegetarian 🐟 Oily Fish 🌾 Whole grain
🍏 Fruity! ❤️ Nutritionist's Choice

Our menu is subject to change. Please be aware that all certified medical diets and allergy requirements of the safety catering fee.

Chartwells schools

WEEK 3

W/C: 13/11, 04/12, 01/01, 22/01, 19/02, 11/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza 🍕 Served with Potato Wedges	Pork Sausage Served with Mash'd Potatoes and Gravy	Roast Pork Served with Roast Potatoes and Gravy	Chicken and Vegetable Korma 🍲 Served with Wholegrain Rice	Breaded Fish Fingers Served with Chips
	Chilli No Cheese with Crispy Tortilla 🍲 Served with Wholegrain Rice	Cauliflower Macaroni Cheese 🍝 Served with Garlic and Herb Bread	Sweet Potato and Chickpea Roast 🍲 Served with Roast Potatoes and Gravy	Vegetarian Cottage Pie 🍲	Crispy Quorn Nuggets 🍲 Served with Chips
JACKET POTATO	Jacket Potatoes 🥔 with a choice of hot and cold fillings	Jacket Potatoes 🥔 with a choice of hot and cold fillings	Jacket Potatoes 🥔 with a choice of hot and cold fillings	Jacket Potatoes 🥔 with a choice of hot and cold fillings	Jacket Potatoes 🥔 with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and beef sauce with penne pasta 🍝					
All main meals are served with two vegetables					
DESSERT	Magic Apple and Cinnamon Bake 🍏	Strawberry Jelly 🍓	Orange Shortbread with Fruit Slice 🍰	Banana and Carrot Cake 🍰	Chocolate Ice Cream with Shortbread Biscuit 🍦

PACKED LUNCH AVAILABLE
Hem, Cheese and Tuna Baguettes available daily with veg sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

🌱 Vegetarian 🐟 Oily Fish 🌾 Whole grain
🍏 Fruity! ❤️ Nutritionist's Choice

Our menu is subject to change. Please be aware that all certified medical diets and allergy requirements of the safety catering fee.

If your child would like the vegetarian option on a particular day, please can they let their teacher know so we can order enough portions from The Bay kitchen.

Dates for Your Diary

Tuesday 21st November – Pioneers visit to Osborne House

Thursday 23rd November – Adventurers Inter Film trip to Cineworld, Newport

Thursday 30th November – Autumn term Well Being Day

Saturday 2nd December – FOSH Christmas Fayre in the school hall

Saturday 2nd December – FOSH St Helens Village of Angels launch/Village Christmas tree lighting from 5pm

Wednesday 6th December – EYFS/KS1 Nativity to school/dress rehearsal

Thursday 7th December – EYFS/KS1 Nativity to parents (2pm and 5.30pm)

Wednesday 13th December – Party Day (EYFS/KS1 morning, KS2 afternoon)

Thursday 14th December – Father Christmas visit AM

Thursday 14th December – School Christmas lunch

Friday 15th December - School closes at 3:00pm for Christmas break

Monday 18th December – Staff Development Day – school closed to children

Tuesday 19th December – Staff Development Day – school closed to children

Monday 11th March 2024 – Staff Development Day – school closed to children

Monday 17th to Wednesday 19th June – Year 5/6 Residential trip

This Week's Class Updates

Explorers

We've had a great week in Explorers!

We have been looking at the Supertato books this week. The children have enjoyed the home corner being turned into a supermarket with tills, phones and food being added in this week. They have been drawing and writing their own shopping lists using sound mats to help spell independently.

Their phonic sounds this week have been 'j, v and w' as well as practising our phase 2 tricky words 'l, no, go, to, the, into', please remember to read their reading books as we love seeing them beginning to recognise familiar words after practising at home!



to



In maths this week they have been doing lots of number work! Their number of the week is 6 and they have been playing lots of dice games for number recognition. One game they enjoyed was rolling a dice and building a tower of cubes based on the number they rolled.

With Mrs Callaghan we have continued looking at 2D shapes, learning our circle and triangle song to help us remember their properties as well as a fun cutting and sticking activity where the children got to use their scissor skills to cut out the shapes to create a rocket!

We have also started our No Outsiders book for this half term 'Red rockets and rainbow jelly' by Sue Heap and Nick Sharrot and our focus this half term will be that it is ok to be different. The children have enjoyed discussing things that they all like and dislike and that it is ok to not all like or enjoy the same things.

Have a lovely weekend!



Explorers Christmas Afternoon

We would like to invite you to join us on **Wednesday 29th November** from **2pm** to help decorate our classroom ready for Christmas!



This is a great opportunity for you to see some of the things we get up to in Explorers. We will do some more sessions like this throughout the year on different days.

We look forward to seeing you there!

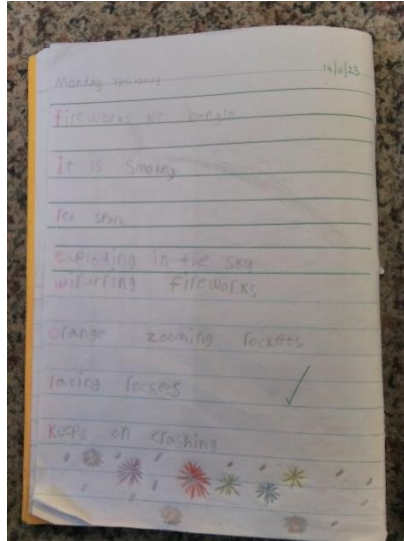
Adventurers

This week has been a fun filled and exciting. Nativity practise is now in full swing and the class are fantastic. They've been working on their 2x and 10x tables in Maths. Finishing their firework poems, and starting our new learning journey! The children will find out what book it is on Monday. We had our hook lesson on Thursday, where a mysterious perpetrator broke into the classroom and left a festive crime scene.

The children spent the lesson as detectives, searching for clues amongst the crime scene and recording which were the most important ones in naming a suspect. The class adored every moment and were super engaged throughout. We had many suggestions as to who it could have been, including; Elf on the shelf, Evil Santa, Batman, Miss Gorman and the Grinch!!!

We can't wait to find out who it was!

We're also gearing up for our Into Film Festival cinema trip next Thursday- we're still waiting on a few permission slips back however. As even though it is a fully funded trip, we still need parental permission. Have wonderful weekends and we'll see you all on Monday for another fabulous week.



Discoverers

This week we have been converting improper fractions to mixed numbers in maths.

On Thursday in art we have been sketching the old St Helens church.

In English we have been doing speech and what the characters will say and how they might reply back to each other .

In Geography we have been learning about North America and writing a fact file on our project. On Thursday and Friday in PE we played tag rugby reaction game full of speed.

On Thursday in science we are learning about different types of rock for example igneous and metamorphic and last we did sedimentary.

For RE we did we have been finding the differences of a ritual and a routine does it mean the same thing?

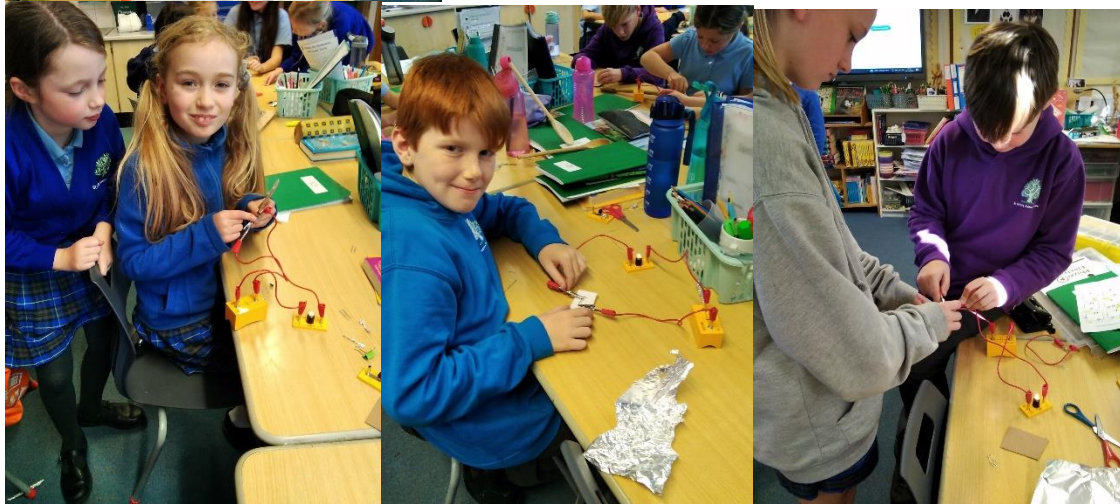
In PSHE we are going to be discussing differences of people around the world.

On Tuesday we've been learning about showing respect in a special assembly about Remembrance Day. In English we have just started our new book called the fire-work Maker's Daughter (we made it to chapter 3).

This Friday we did a spelling test in our new groups. In french we've done dot to dot. In morning work we described a picture and made it into a story. In guided reading we answered questions about bees or Day of the Dead.

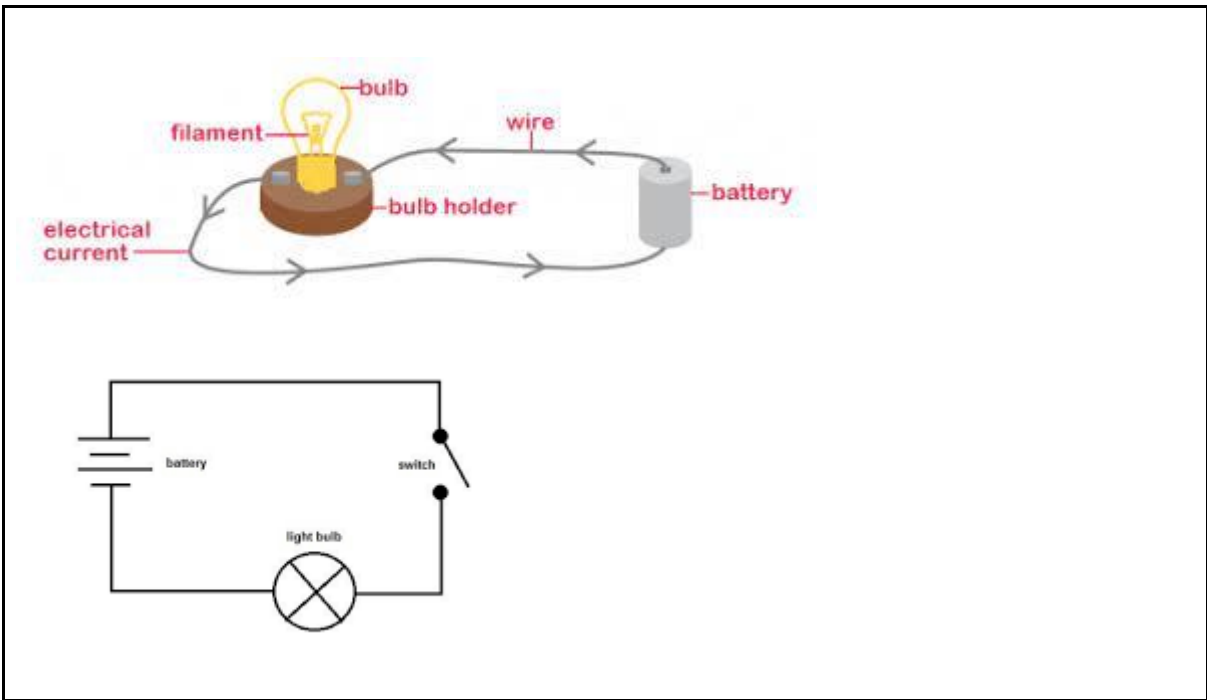
(By Taylor Rolf and Logan Goodfield)

Pioneers



This week in Pioneers I thought I would include some photos. In English we have been continuing to think about the grey wolves of North America and have been drafting a letter to President Biden to persuade him to keep wolves on the endangered species list. Each child in art has created their own wolf, using pastels and we are now thinking about wolves in watercolour (in a Turner influenced landscape). In maths we have continued to work with fractions. In science this week the children were creating their own workable switches in their electrical circuits after exploring the difference between conductors and insulators.

Thank you for your support. Have a great weekend.



Textile Bank

Don't forget that we have a textile bank where you can donate unwanted **clothes, belts, paired shoes, bags, hats, (in a tied bag)**. The donated items will be collected and weighed fortnightly and the school will receive 20p per kilo towards our funds. **Donated items (bagged please) should be left near to the front entrance of the school. Please let the office know you have left items! Please do not donate duvets, pillows, cushions, household textiles, soiled rags, curtains, blankets as the recycling company will deduct the cost of disposing of these items from our overall total raised.**

Remember to look at the school website for the latest school updates and information at www.sthelenspri.iow.sch.uk

You can also find us on Facebook at <https://www.facebook.com/sthelensprimaryschooliow>



Village of Angels Fun Day
2nd December 2023
12.00 - 3.00pm
ISLE OF WIGHT SPINA BIFIDA XMAS FAYRE
St Helens Community Centre
Fun for all the family, crafts, games, stalls
refreshments and cake

1.00 - 3.00pm
FRIENDS OF ST HELENS SCHOOL
VILLAGE OF ANGELS & XMAS FAYRE
St Helens Primary School Broomlands Close
Santa, food stalls, fun and games for all ages
village of angels prize giving, raffle,

3.00 - Onwards
THE VINE
Upper Green Road
Get your mulled wine and mince pies,
christmas light switch on from 5pm, all welcome

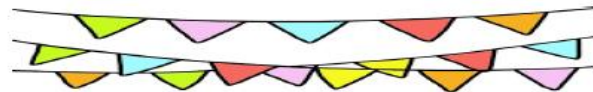


TABLE TOP SALE
IN AID OF ST HELENS VILLAGE FAYRE
3rd DECEMBER 2023

09:30AM TO 12PM
ST HELENS COMMUNITY CENTRE
GUILDFORD ROAD
PO33 1UH

STALLS, TEA, COFFEE AND CAKE



Please e-mail sthelensvillagefayre.iow@gmail.com if you are interested in having a table.

 St Helens Village Fayre - IOW

Disclaimer: [St Helens Village Fayre] accepts no responsibility or liability for the quality or condition of items purchased at this event. Purchases are made entirely at the individual's own risk. [St Helens Village Fayre] accepts no responsibility for sellers' or buyers' property on the sale day and accept no liability for loss or damage.

St Helens Tots




Every Friday 9:30-11:30 term time

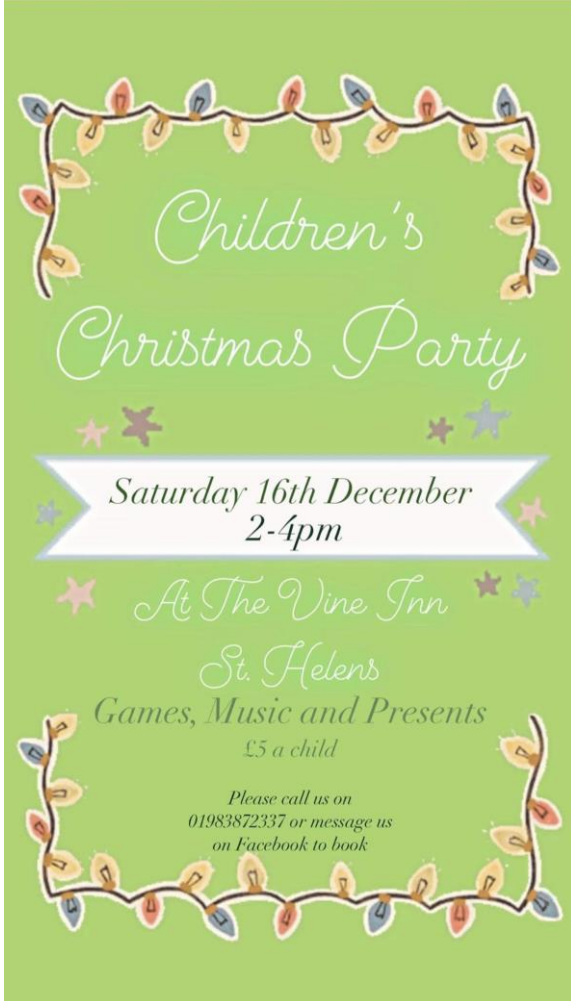
St Helens community centre, Guildford Road,
St Helens

£2 per family

Join us for a morning of Playing, crafting, snacks and
singing!

And plenty of hot drinks and biscuits for the adults!

 Find us on Facebook: St Helens tots



*Children's
Christmas Party*

*Saturday 16th December
2-4pm*

At The Vine Inn

*St. Helens
Games, Music and Presents
£5 a child*

*Please call us on
01983872337 or message us
on Facebook to book*

A chance to open up and have honest discussions about behaviour concerns being experienced at home with people who understand.

A warm, non-judgemental and supportive approach to talking about real issues whilst having access to a team of professionals for informal conversations.

Free resources - 1:1 discussions - sensory information sessions - forest school exploration - free parking - refreshments - a listening ear

Thursdays 10am - 11am
Term Time Only

No booking required - just turn up!



Chatter Matters

HOSTED BY THE ISLE OF
WIGHT WELLBEING TEAM.

GALAXY CENTRE

ROOKLEY & CHILLERTON PRIMARY
SCHOOL, CHILLERTON, NEWPORT,
PO30 3EP

November 2023
Issue 12

MHST Newsletter

iwont.mhst@nhs.net ~ 0300 365 4010

Unfortunately, the MHST is not currently working in your school. Whilst this may be the case, we have put this newsletter together to keep you up-to-date with what we are doing and our future plans.

Who we are:

- Mental Health Support Teams (MHST) are based in schools all over England and its staff are trained to deliver a range of short-term interventions that improve mental health and wellbeing. These interventions are collectively called Cognitive Behavioural Therapies or CBT.
- CBT is an evidence-based treatment, effective in helping improve the wellbeing of people who are experiencing common mental health difficulties including low mood, worries and anxiety.
- Locally, the IW MHST is a collaboration between the IW Youth Trust, Barnardo's and the IW NHS Trust. The team is made up of Education Mental Health Practitioners (EMHPs), mental health practitioners and admin.



156 individual young people have been seen for an intervention since April 2023

Average waiting times are 2.6 weeks for an assessment and 7.2 weeks for treatment

We ran 5 successful transition groups during the summer with a 67% improved outcome rate

The most common reason for a referral into MHST is currently anxiety



mental
health
support
TEAM

The Mental Health Support Team is a collaboration between the Isle of Wight NHS Trust, Barnardo's and the Isle of Wight Youth Trust.

For more information regarding MHST, please email Clinical Team Lead,
Charlotte Young: Charlotte.young22@nhs.net

Barnardo's:

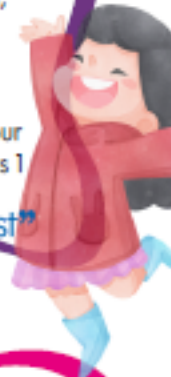
Barnardo's offers a range of parenting programmes to help support the families on the island. In addition, they have several family centres and 3 family hubs which help support families and prevent their difficulties worsening. The centres are available to support a family with a young person aged between 0-19 through online courses and workshops.



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IW Youth Trust:

They provide 'youth-led wellbeing and therapeutic support to young people, empowering them to face life's challenges'. Their services include; group work, such as a Tics Group, parent workshops (e.g. supporting your young person with anxiety), as well as 1 to 1 counselling.



KissyPuppy:

KissyPuppy alongside Earl Mountbatten Hospice has created a bereavement service for those who are experiencing 'loss through death'. Young people and families can be referred to this service for further support.



Contacts for other services:

Barnardo's - 01983 529208 / iowfamilycentres@barnardos.org.uk

IW Youth Trust - 01983 529569 / info@iowyouthtrust.co.uk /

<https://www.iowyouthtrust.co.uk/>

KissyPuppy - 01983 217346 / <https://www.mountbatten.org.uk/children-and-families-bereavement>



mental
health
support
TEAM

The Mental Health Support Team is a collaboration between the Isle of Wight NHS Trust, Barnardo's and the Isle of Wight Youth Trust.