



ST HELENS PRIMARY



Friday 19th January 2024

Dear Parents and Carers,

We have had another enjoyable week at school. The cold has not dampened the children's enthusiasm; my class visits have confirmed the children are hard at work enjoying a range of curriculum subjects.

The English journey in Discoverers, based around the Stone Age Boy, created interest as has the art project, swimming and maths they are involved with. Thank you for contributions in assembly from Macie, Emily, Cai-Wyn and Taylor.

Tessa is a Pioneer who is also enjoying swimming while in Explorers, Arabella and the rest of the class enjoyed making and eating the Gruffalo Crumble. Their head teacher did note that there was not any left over for him to sample. They have also enjoyed using Makaton to sing the Gruffalo song.

In Adventurers, Rosie and Alena have also enjoyed maths and English this week.

After school opportunities have continued to flourish with good turnouts in all of the clubs.

I can't believe that we have already reached the half way point of the half term. Nonetheless, there will be lots of exciting opportunities for the children as we continue through the next few weeks.

Have a great weekend

Mr Wake

Attendance week from: 08/01/2024 to 12/01/2024

Class	Attendance	Late Arrivals	Minutes Lost Through Lateness	Unauthorised Absences	Authorised Absences
Explorers	88%	0	0	10	5
Adventurers	80.3%	0	0	4	53
Discoverers	93.6%	0	0	2	14
Pioneers	88.9%	0	0	12	18

Although we strive for 100%, our whole school attendance for this week was 87.4% which is **below** the national expectation of 96%

If your child is too unwell to attend school please contact us to let us know. You can phone on 872442 or email us on admin@sthelenspri.iow.sch.uk If you let us know by phone please can you put the reason for your child's absence in writing when they return to school otherwise the absence will be marked as unauthorised. We are required to ask you for this in order to follow the Local Authority attendance procedures, and if we don't receive a letter or email we have to follow it up.



THIS WEEKS AWARDS



<u>Class</u>	<u>Worker of the Week</u>	<u>Star of The Week</u>
Explorers	Lewis	Isabella
Adventurers	Raif	William
Adventurers	Hollie	Rosie
Discoverers	Travis	Frazer
Discoverers	Selena	Emily
Pioneers	Alba	Hannah
Pioneers	Evie	Pippa



We would like to wish a very 'Happy Birthday' to the following children who celebrate their special day this week:

Reggie age 5
 Ronnie age 5
 Amelia age 7
 Elizabeth age 7

School Dinner Menu (£2.75) per day or free to Reception, Year 1 & 2 pupils)

On **TUESDAYS and FRIDAYS only**, the children will be able to order baguettes - fillings cheese, tuna or ham.

Chartwells School		WEEK 1					W/C: 30/10, 20/11, 11/12, 08/01, 29/01, 26/02, 18/03				
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY					
AUTUMN/WINTER 2023	HOT SPECIALS	Cheese and Tomato Pizza @ Served with Potato Wedges	Classic Beef Burger Served with Potato Wedges	Roast Turkey Served with Roast Potatoes and Gravy	Beef Bolognaise @ Served with Whitebaked Potatoes and Garlic and Herb Bread	Breaded Fish Fillets Served with Chips					
	JACKET POTATO	Stir Fried Vegetable Slice @ @ @	Vegetarian Burger @ Served with Potato Wedges	Vegetable Pastry Roll @ Served with Mashed Potatoes and Gravy	Vegetarian Bolognaise @ @ Served with Whitebaked Potatoes and Garlic and Herb Bread	Crispy Quorn Nuggets @ Served with Chips					
		Jacket Potatoes @ @ with a choice of hot and cold fillings	Jacket Potatoes @ @ with a choice of hot and cold fillings, including Solero Mayonnaise @	Jacket Potatoes @ @ with a choice of hot and cold fillings	Jacket Potatoes @ @ with a choice of hot and cold fillings	Jacket Potatoes @ @ with a choice of hot and cold fillings					
		Tomato Pasta Fresh, homemade breads and beef sauce with pasta pots @									
		All main meals are served with two vegetables									
DESSERT		Chocolate Brownie	Crispy Crackle Bar with Fruit @	Original Flapjack	Carrot, Orange and Softano Slice @	Vanilla Ice Cream					
PACKED LUNCH AVAILABLE Ham, Cheese and Tuna Baguettes available daily withing sticks and fresh fruit or dessert of the day		AVAILABLE EVERY DAY Water, salad, freshly baked bread, yoghurt & fresh fruit		Vegetarian @ Oily Fish @ Whole grain @ Fruity! @ Nutritionist's Choice							

Chartwells
Schools

WEEK 2

W/C: 06/11, 27/11, 18/12, 15/01, 05/02, 04/03, 25/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza 🍕 Served with Potato Wedges	Turkey Cox Chilli 🍲 Served with Wildgrain Rice	Roast Beef Served with Roast Potatoes and Gravy	Sausage Pasta Bake 🍝 Served with Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
JACKET POTATO	Sweet Potato Curry 🍲 Served with Wildgrain Rice	Macaroni Cheese 🍝	Cherry Leek and Carrot Crumble Served with Roast Potatoes and Gravy	Vegetarian Sausage Pasta Bake 🍝 Served with Garlic and Herb Bread	Crispy Quorn Nuggets Served with Chips
DESSERT	Apple Crumble with Custard 🍏	Crunchy Chocolate Biscuits	Chocolate and Vanilla Marble Cake 🍰	Carrot Cake 🍰	Strawberry Ice Cream 🍓

Tomato Pasta Fresh, homemade breads and leafy greens with pesto pasta 🍷
All meals are served with two vegetables

PACKED LUNCH AVAILABLE
Hot, Cheese and Turkey Burgers, available only withing estate and fresh fruit or dessert of the day

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

🌱 Vegetarian 🐟 Oily Fish 🌾 Whole grain
🍏 Fruity! 🍷 Nutritionist's Choice

Our menu is subject to change. Please be assured that all verified medical, diet and allergy requirements will be safely catered for.

Chartwells
Schools

WEEK 3

W/C: 13/11, 04/12, 01/01, 22/01, 19/02, 11/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza 🍕 Served with Potato Wedges	Pork Sausages Served with Mashed Potatoes and Gravy	Roast Pork Served with Roast Potatoes and Gravy	Chicken and Vegetable Korma 🍲 Served with Wildgrain Rice	Breaded Fish Fingers Served with Chips
JACKET POTATO	Chilli No Corns with Crispy Tortilla 🍲 Served with Wildgrain Rice	Cauliflower Macaroni Cheese 🍝 Served with Garlic and Herb Bread	Sweet Potato and Chickpea Roast 🍲 Served with Roast Potatoes and Gravy	Vegetarian Cottage Pie 🍲	Crispy Quorn Nuggets Served with Chips
DESSERT	Jackpot Potatoes 🍟 with a choice of hot and cold fillings	Jackpot Potatoes 🍟 with a choice of hot and cold fillings	Jackpot Potatoes 🍟 with a choice of hot and cold fillings	Jackpot Potatoes 🍟 with a choice of hot and cold fillings	Jackpot Potatoes 🍟 with a choice of hot and cold fillings

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Our menu is subject to change. Please be assured that all verified medical, diet and allergy requirements will be safely catered for.

If your child would like the vegetarian option on a particular day, please can they let their teacher know so we can order enough portions from The Bay kitchen.

Dates for Your Diary

Thursday 25th January	– FOSH AGM – The Vine Inn, St Helens 7.00pm
Tuesday 30 th January	- Discoverers visit to Independent Arts/Newport Guildhall
Friday 9 th February	– School closes at 3.00pm for half term
Monday 19 th February	– School reopens at 8.45am for Spring term 2
Wednesday 6 th March	- Adventurers trip to Wildheart Sanctuary
Monday 11th March	– Staff Development Day – school closed to children
Friday 15th/Saturday 16th March	–St Helens Primary 50th Anniversary
Thursday 28 th March	– School closes at 3.00pm for Easter holidays
Monday 15 th April	- School reopens at 8.45am for the Summer term
Monday 6th May	- May Bank Holiday – school closed
Friday 24 th May	- School closes at 3.00pm for half term
Monday 3 rd June	- School reopens at 8.45am for Summer term 2
Friday 26 th July	- School closes at 3.00pm for Summer holidays
Monday 17 th to Wednesday 19 th June	– Year 5/6 Residential trip

This Week's Class Updates

Explorers



We have had a great week in Explorers!

This morning we had a special surprise from Jack Frost, who had frozen some glittery water in the garden! The children all loved exploring the garden hunting for other signs that Jack Frost had been as we talked about why things may have frozen overnight and when they might melt. This afternoon we have been discussing and drawing things that make us happy.

The Explorers have enjoyed listening to the story *The Gruffalo* this week by Julia Donaldson. We have done a number of activities such as writing the animals names, painting our own Gruffalo and making (and especially eating!) gruffalo crumble! Yesterday afternoon we watched a video of Julia Donaldson

singing the Gruffalo song and learnt some of the makaton actions to go with it!

In maths we have been learning about composition up to 10. In Phonics this week we have learnt the sounds ng, ai, ee and igh. As well as practising the tricky words by, my, me and we. The children have done some great Gruffalo writing and enjoyed some sensory tricky word activities today! They have also enjoyed playing some phonics games on the whiteboard.



Adventurers

The class had a great week, filled with plenty of learning and fantastic moments of friendship and kindness. It's been lovely to see everyone playing together and instigating fab games at playtime. Oliver was especially keen to play "The tyres are jail" with the year 2 girls at breaktime and was still chatting about it in the afternoon.

In English the class produced detailed maps of Little Red's journey and wrote preposition filled sentences to match. In maths they continued their work on taking away 2-digit numbers in year 2 and word problems and 1-digit problems in year 1.

In Art the children continued to explore Pop Art. In science they drew around their bodies and added labels to their main body parts, I was very impressed by all of their knowledge.

We've sent home a trip letter for March today, hoping to give families a bit longer to plan. Any questions please just ask.

Once again, an AMAZING week for spellings. Special mention for Seb's letter cut out game and Lila's impressive swing and chalk letter practice. Nearly everyone received 5/5!!!

Have wonderful weekends!

Discoverers

In English we've been writing our final write on the stone age boy and before we started to plan it. In maths year 4 have been doing rounding in 10,100,1000. In year 3 they have been doing place value and addition.

In swimming we did lengths of the pool and learnt to swim on our sides.

In science we did a quiz on skeletons and we sorted skeletons into the right groups.

In p.e. we did gymnastics and hockey.

From
Micah

Pioneers

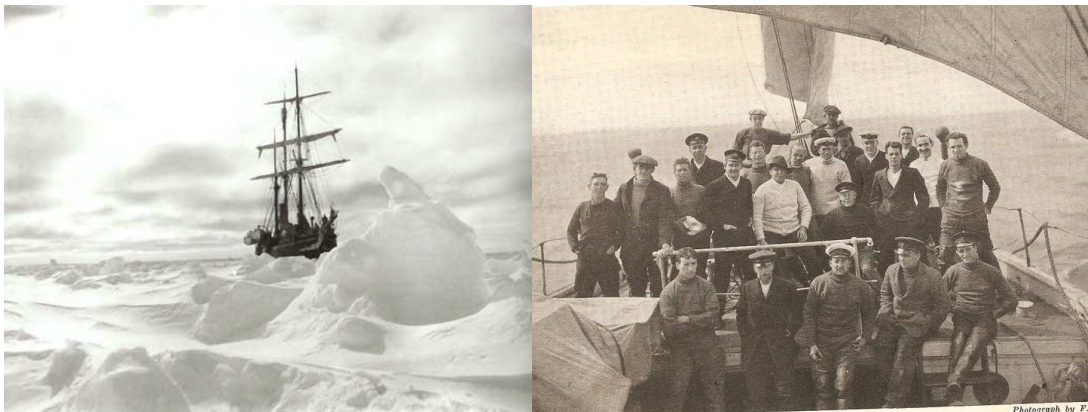
MULTIPLYING FRACTIONS BY WHOLE NUMBERS **STEP-BY-STEP**

$$\frac{2}{7} \times 3$$

STEP ONE $\frac{2}{7} \times \frac{3}{1} =$ **STEP TWO** $\frac{2 \times 3}{7 \times 1} =$ **STEP THREE** $\frac{6}{7}$

Pioneers

In maths in Pioneers class this week we have been working on multiplication and division of fractions. The children have been using their understanding in a variety of ways.



In English we have all been allocated a crew member from Shackleton's Endurance crew (pictured above) and have been writing diary entries from their crew member's point of view. The original intention of Shackleton's infamous expedition was to cross the Antarctic continent by sledges, pulled by dogs.

This is a diary entry written by a Pioneer child who is writing from Percy Blackborrow's point of view. At this point the ship (Endurance) and its crew have just become stuck in sea ice at the Weddell Sea, in January 1915.

Dear Diary

Today has been exhilarating, the shrieking of the ship has been ear-piercing and the background howling of the wind has been dreadful too. Meanwhile a thick coating of icing like snow has covered the decks. Outside the colour is white, pure white, just on and on for miles it is absurd.

Inside the ship we try not to think about the deathly dangers of the ice trapping us, as we are always hopeful we will escape. In the afternoon Green ordered us to catch fish but I was devastated to have to leave the warmth of "the Ritz." However we do need fresh food, so I had to step out into the bone chilling frost.

Later in the evening, although the temperature was incredibly below freezing we ventured outside again, this time for sledge racing. Beside the Endurance the dog racers (including me) lined up, ready to race. It was close, but Buller and Jerry led me to victory! Silent as mice, all the able seamen stole midnight snacks and we all fell asleep with biscuits in our laps.

Percy (the stowaway)

Textile Bank

Don't forget that we have a textile bank where you can donate unwanted **clothes, belts, paired shoes, bags, hats, (in a tied bag)**. The donated items will be collected and weighed fortnightly and the school will receive 20p per kilo towards our funds. **Donated items (bagged please) should be left near to the front entrance of the school. Please let the office know you have left items!** **Please do not donate duvets, pillows, cushions, household textiles, soiled rags, curtains, blankets as the recycling company will deduct the cost of disposing of these items from our overall total raised.**

Remember to look at the school website for the latest school updates and information at www.sthelenspri.iow.sch.uk



Daisy Bus Bingo!

There will be fundraising bingo at The Vine Inn, St Helens on March 2nd - 4.30pm to 5.30pm.

£5 for 5 games

Come along and support this invaluable service provided by Wessex Cancer Trust.



With temperatures dropping this month Clare Joy – an NHS school nurse working on the Isle of Wight – explains in this short video some top tips on keeping winter bugs at bay and using the Healthier Together app for advice.

You can watch on the [Hampshire and Isle of Wight NHS YouTube channel](#).



The advertisement features a purple-to-blue gradient background. In the top right corner is the NHS logo. The main headline reads "Instant health advice to help care for your little ones this winter". Below this, it says "Download the Healthier Together app or visit: what0-18.nhs.uk". At the bottom left is a stylized icon of a family with a stroller, and below that is the text "Healthier Together". On the right, a hand holds a smartphone displaying the app's interface, which includes a "Select Condition" screen with options like "All-time Attack", "Breathing Issues", "Conjunctivitis", "Diarrhoea & Vomit", and "Ears".

<https://www.youtube.com/watch?v=l7nad9SToNA&authuser=0>

Download Healthier Together for advice with common childhood illnesses

It can sometimes be hard for parents to know the best way to help children recover from winter bugs.

Healthier Together has been developed by local clinicians and gives simple advice on how to help them get better at home.

The app will also help you to spot the signs if it is something more serious and guide you to the right help.

Visit what0-18.nhs.uk, download from the App Store or get it on Google Play.

The UK Health Security Agency have also published helpful advice on [spotting the signs of when to keep children home](#). You can visit the [Hampshire and Isle of Wight NHS winter wellness web page](#) for more advice on keeping warm and well this winter.



DON'T MISS THIS FUN FAMILY FESTIVAL DURING FEBRUARY HALF TERM! Thursday 15th to Saturday 17th February

JANUARY 2024 NEWSLETTER



Come and see me at Quay Arts in February!

Tickets are now on sale for the I.W. Story Festival at Quay Arts during February half term from www.quayarts.org. It's a chance to meet well-known performers and writers like the creator of the **Horrid Henry** stories, **Francesca Simon** (pictured on the left), who will be with us on Saturday 17th Feb.

Did you enter our **Charles Dickens** short story competition? Hear the winners, read by his great grandson, **Friday 16th Feb!**



There is so much to do at the I.W. Story Festival!



44 different events over three days!

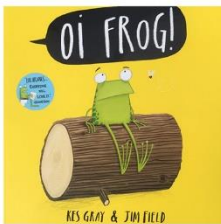


A chance to meet your favourite authors, and some new ones too! Including:

Kes Grey, Nazneen Ahmed Pathak, Alasdair Beckett-King, Kieran Larwood, John Hegley, Neal Layton, Kate Weston and Simon Whitworth.



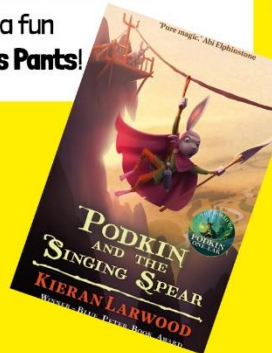
There are performances too: **Horsebox Theatre** returns with an adaptation of Jules Murriner's **Vincent and the Mermaid**, and **Pink Cow/Apollo Youth Theatre** is back with a funny new production for younger children. We also have the interactive **Enchanted Cinema**, Asian dance and a fun opera based on **The King's Pants!**



EXTRA PERFORMANCE ANNOUNCED!



Tickets to see creator of **Isadora Moon**, **Harriet Muncaster**, on 17th Feb, sold so quickly, we've had to arrange a second talk at 4.30pm. Don't miss out, buy yours soon!



SOME QUESTION YOU MAY WANT TO ASK...

Q: Do I need to get my tickets in advance?

A: It's a good idea –they're selling fast! Go to: www.quayarts.org to buy yours now.

Q: How much are tickets?

A: Some are **TOTALLY FREE**, others cost £4 to £6

Q: Is it just for people who like reading?

NO! The I.W. Story Festival isn't just about books! As well as storytellers, live music and theatre shows, we've got lots of hands-on activities for you to try – from graffiti art and fabric books to songwriting and horrific make-up, among many other things.

More information from: www.iwstoryfestival.com



An Island School with a Global Outlook

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Years 7, 9 and Sixth Form**

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FOR MORE INFORMATION

Call **+44 (0)1983 617970** or visit
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Queen's Road, Ryde, Isle of Wight



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