



ST HELENS PRIMARY



Friday 26th January 2024

Dear Parents and Carers,

This week has been another interesting week. Due to a variety of reasons, some staff have stepped up and offered their support when it has been needed. Miss Powell, Miss Gorman and Mrs Ferrier have added 'new strings to their bows' which has been appreciated.

After a number of Interviews this week, we have employed a new TA who will commence her role after half term.

We have also made arrangements for a temporary member of staff to support during the summer term. In addition, we have another adult who has offered her support on two days a week in Adventurers.

Although we are a small school, having a full complement of staff makes a huge difference.

On Monday we were joined by Mrs Lamb, our excellent governor who listened to readers from year 2. I know she loved the experience.

Thanks to all our volunteers, governors and staff for their continued efforts.

I understand the FOSH is able to continue with new members taking over the senior roles. This is great news as the FOSH have always been a major asset to the school and have provided a range of valuable experiences for our children over the years.

Although some clubs were postponed this week, others have continued which helps to provide the children with a range of extra-curricular opportunities.

Assembly was a great experience as usual with all the children deserving their certificates for an array of reasons.

In class Taylor enjoyed his final write in his latest learning journey and Barnaby loved 'corners' in the PE lesson.

Tessa loves her art and Jarryd his diary writing.

Adventurers enjoyed their computing day. IT and English combined as they completed an epic computer-driven story.

The Explorers have been counting the birds who visit our site as part of the birdwatch annual count. Tilly, Isabella, Betty, Ronnie and others agreed that blackbirds and pigeons are the most regular visitors.

In two weeks they visit Amazon World which I know they love. Who doesn't love animals!!

Next week swimming and clubs will continue with additional visitors including a Rural Life Workshop, nutritionist, school nurses, Mr Freestone (who will be sharing his Antarctica experiences) and a maths expert all adding to the experiences on offer.

Have a great weekend

Mr Wake

Attendance week from: 15/01/2024 to 19/01/2024

Class	Attendance	Late Arrivals	Minutes Lost Through Lateness	Unauthorised Absences	Authorised Absences
Explorers	90.6%	0	0	2	10
Adventurers	88.3%	2	50	2	32
Discoverers	96%	1	95	1	9
Pioneers	89.6%	0	0	10	18

Although we strive for 100%, our whole school attendance for this week was 91% which is **below** the national expectation of 96%

If your child is too unwell to attend school please contact us to let us know. You can phone on 872442 or email us on admin@sthelenspri.iow.sch.uk If you let us know by phone please can you put the reason for your child's absence in writing when they return to school otherwise the absence will be marked as unauthorised. We are required to ask you for this in order to follow the Local Authority attendance procedures, and if we don't receive a letter or email we have to follow it up.



THIS WEEKS AWARDS



<u>Class</u>	<u>Worker of the Week</u>	<u>Star of The Week</u>
Explorers	Jamie	Rowan
Adventurers	Noah	Luke
Adventurers	Alfred	Alena
Discoverers	Frazer	Zach
Discoverers	Thomas	Luke
Pioneers	Tessa	Blossom
Pioneers	Milly A	Josiah

School Dinner Menu (£2.75) per day or free to Reception, Year 1 & 2 pupils)

On **TUESDAYS and FRIDAYS only**, the children will be able to order baguettes - fillings cheese, tuna or ham.

FROM WEEK COMMENCING 19TH FEBRUARY, BAGUETTE DAYS WILL BE TUESDAYS AND THURSDAYS. BAGUETTES WILL NO LONGER BE AVAILABLE ON FRIDAYS.

Upcoming menu changes

CHINESE NEW YEAR

MAINS

Chinese Chicken Rice **or**
Vegetable Chow Mein

SIDES

Stir Fry Oriental Vegetables

DESSERT

Apple Fortune Cake
Tuesday 6th February
Menus may be subject to change

PANCAKES

American Pancakes
served with

Lemon and Sugar
or
Chocolate Spread

FRIDAY 9TH FEBRUARY
(Dessert change only)
Menus may be subject to change

Chartwells by school **WEEK 1** W/C: 30/10, 20/11, 11/12, 08/01, 29/01, 26/02, 18/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza 🍕 Served with Potato Wedges	Classic Beef Burger Served with Potato Wedges	Roast Turkey Served with Roast Potatoes and Gravy	Beef Bolognaise 🍖 Served with Wholemeal Pasta and Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
JACKET POTATO	Stir Fried Vegetable Rice 🍚 🌱	Vegetarian Burger 🍔 Served with Potato Wedges	Vegetable Pastry Roll Served with Mash and Potato and Gravy	Vegetarian Bolognaise 🍖 Served with Wholemeal Pasta and Garlic and Herb Bread	Crispy Quorn Nuggets Served with Chips
DESSERT	Jackpot Potatoes 🍟 with a choice of hot and cold fillings	Jackpot Potatoes 🍟 with a choice of hot and cold fillings, including Salmon Mayonnaise 🐟	Jackpot Potatoes 🍟 with a choice of hot and cold fillings	Jackpot Potatoes 🍟 with a choice of hot and cold fillings	Jackpot Potatoes 🍟 with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade breads and beef sauce with paneer pasta 🌱					
All main meals are served with two vegetables					
DESSERT	Chocolate Brownie	Crispy Crumble Bar with Fruit 🍓	Original Hot Jack	Carrot, Orange and Sultana Slice 🍌	Vanilla Ice Cream

PACKED LUNCH AVAILABLE
Hot, Cheese and Tuna Sausages available daily withing sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

🌱 Vegetarian 🐟 Oily Fish 🍌 Whole grain
🍓 Fruity! 🍓 Nutritionist's Choice

Our menu is subject to change. Please be assured that all certified medical, diet and allergy requirements of the school are catered for.

Chartwells by school **WEEK 2** W/C: 06/11, 27/11, 18/12, 15/01, 05/02, 04/03, 25/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza 🍕 Served with Potato Wedges	Turkey Con Chilli 🍖 Served with Wholegrain Rice	Roast Beef Served with Roast Potatoes and Gravy	Sausage Pasta Bake Served with Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
JACKET POTATO	Sweet Potato Curry 🍚 Served with Wholegrain Rice	Macaroni Cheese 🍝	Cheesy Leek and Carrot Crumble Served with Roast Potatoes and Gravy	Vegetarian Sausage Pasta Bake Served with Garlic and Herb Bread	Crispy Quorn Nuggets Served with Chips
DESSERT	Jackpot Potatoes 🍟 with a choice of hot and cold fillings	Jackpot Potatoes 🍟 with a choice of hot and cold fillings	Jackpot Potatoes 🍟 with a choice of hot and cold fillings	Jackpot Potatoes 🍟 with a choice of hot and cold fillings	Jackpot Potatoes 🍟 with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade breads and beef sauce with paneer pasta 🌱					
All main meals are served with two vegetables					
DESSERT	Apple Crumble with Custard 🍏	Crunchy Chocolate Biscuit	Chocolate and Vanilla Marble Cake	Carrot Cake 🍌	Strawberry Ice Cream

PACKED LUNCH AVAILABLE
Hot, Cheese and Tuna Sausages available daily withing sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

🌱 Vegetarian 🐟 Oily Fish 🍌 Whole grain
🍓 Fruity! 🍓 Nutritionist's Choice

Our menu is subject to change. Please be assured that all certified medical, diet and allergy requirements of the school are catered for.

Chartwells
WEEK 3
W/C: 13/11, 04/12, 01/01, 22/01, 19/02, 11/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizzas Served with Potato Wedges	Pork Sausages Served with Mashed Potatoes and Gravy	Roast Pork Served with Roast Potatoes and Gravy	Chicken and Vegetable Korma Served with Wholegrain Rice	Breaded Fish Fingers Served with Chips
JACKET POTATOES	Chilli No Corns with Crispy Tortilla Served with Wholegrain Rice	Cauliflower Mashed Cheese Served with Garlic and Herb Bread	Served Potato and Chickpea Roast Served with Roast Potatoes and Gravy	Vegetarian Cottage Pie	Crispy Quorn Nuggets Served with Chips
DESSERT	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
Tomato Pesto Fresh, homemade breads and beef sauce with pasta packs					
All main meals are served with two vegetables					
DESSERT	Magic Apple and Cinnamon Bake	Strawberry Jelly	Orange Shortbread with Fruit Slice	Banana and Carrot Cake	Chocolate Ice Cream with Shortbread Biscuit

PACKED LUNCH AVAILABLE
Ham, Cheese and Tuna Sausages - available daily with veg sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian Oily Fish Whole grain
Fruity! Nutribonita's Choice

Our menu is subject to change. Please be assured that all certified medical, diet and allergy requirements of the safely catered for.

If your child would like the vegetarian option on a particular day, please can they let their teacher know so we can order enough portions from The Bay kitchen.

Dates for Your Diary

- Tuesday 30th January - Discoverers visit to Independent Arts/Newport Guildhall
- Friday 2nd February - FOSH Bingo 5-7pm
- Wednesday 7th February – Explorers trip to Amazon World
- Friday 9th February – School closes at 3.00pm for half term
- Monday 19th February – School reopens at 8.45am for Spring term 2
- Wednesday 6th March - Adventurers trip to Wildheart Sanctuary
- Monday 11th March – Staff Development Day – school closed to children
- Friday 15th/Saturday 16th March –St Helens Primary 50th Anniversary
- Thursday 28th March – School closes at 3.00pm for Easter holidays
- Monday 15th April - School reopens at 8.45am for the Summer term
- Monday 6th May - May Bank Holiday – school closed
- Monday 13th to Thursday 16th May – KS2 SATs
- Monday 20th May - Class Photos with Cardwell & Simons
- Friday 24th May - School closes at 3.00pm for half term
- Monday 3rd June - School reopens at 8.45am for Summer term 2
- Monday 17th June - RNLI Day
- Monday 17th to Wednesday 19th June – Year 5/6 Residential trip
- Friday 26th July - School closes at 3.00pm for Summer holidays

FOSH NEWS

FOSH's AGM was held last night (Thursday 25th) and we want to take this opportunity to thank all those who were able to attend. Matt Searle (Hannah in year 5's dad) was elected Chair, Erin Warner (Amelia in year 1's mum) was elected Secretary and Joanne Doe (Miles in year 1's mum) was elected Treasurer. If you would like to join the committee or are able to help at any events, please get in touch with us via foshsthelens@gmail.com or speak to a FOSH member outside school. The more people involved, the more successful we can be!



Chair's report 2023/24

Report covering period:

2nd March 2023-25th January 2024

The Friends of St Helens Primary School (FOSH) exists to support our small community school. We are a group of parents, carers and friends who organise fundraising and social events for the children and families of the school. We use our funds to provide additional support to the school and its pupils.

Meetings are held regularly throughout the school year to discuss and plan events and to approve spending requests from staff at the school. We try to include all our members in decision making and have a Whatsapp group set up for discussion with those members who are not able to attend meetings. Any parent or carer is welcome to join any meeting and we try to ensure that the wider school community is aware of upcoming meetings via the school newsletter, text messages and posters outside school.

This last year has been a successful one and we have raised funds in line with previous years. We have spent more money this year on requests from staff at school but have maintained a healthy surplus in our account. Money has been spent on school trips, books, outdoor equipment and the Winter Ball as well as refreshments for the children at sports day and Easter eggs for every child. We were thrilled to be able to give each class a £50 gift at the end of last term and have received thanks from the teachers. The extra money was greatly appreciated and has gone on craft activities and sensory equipment.

I would like to take this opportunity to thank everyone who has supported FOSH over the last year. Everyone on the committee has an important role to play and every family that supports an event is hugely appreciated. The children have benefited enormously from everyone's hard work and I am so proud of everything that we have achieved.

Over the last 5 years I have held the position of Chair four times and the role of Secretary once. I have found the experience of running FOSH to be hugely rewarding and I have immensely enjoyed my time in charge. I have worked with people who I would not normally get the opportunity to collaborate with and I have made some great friends. I believe the beauty of an organisation like ours is its diversity, with everyone coming to the table with something different to offer and I know that St Helens Primary School is richer for FOSH's existence. I wish the new officers my sincerest best wishes and hope that the group goes from strength to strength over the coming years.

Katherine Hall 25/01/24

This Week's Class Updates

Explorers

Another fantastic week in Explorers!

We have been looking at different animals and their habitats. The children have been discussing how we can improve our garden for animals to use when we're not there.

In phonics this week we have done the sounds 'oa, oo, oo and ar' and have revised the tricky words 'my' and 'are'. The children have loved playing blending games on the interactive whiteboard as well as some board games. In maths we have been focusing on our counting skills, using instructions, rhymes and games to help us practise different methods of counting.

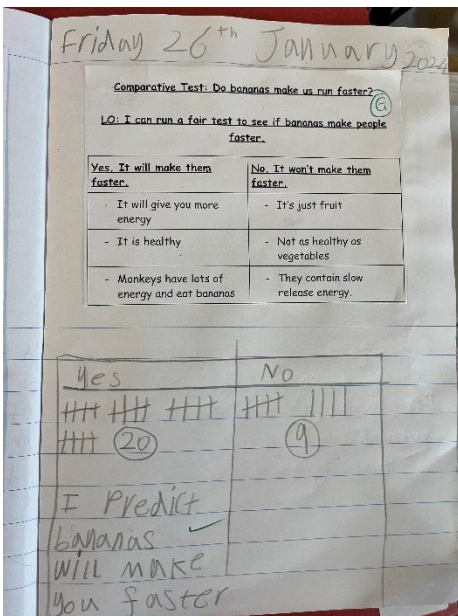


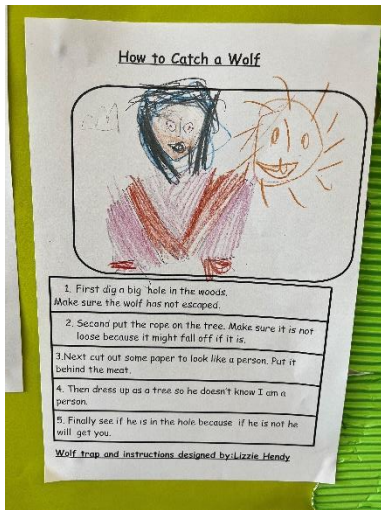
This week has been the Big Bird Watch. The children have enjoyed discussing different birds we may see in our gardens. On Thursday we went out on the field and tallied all the birds we could see for half an hour, we then came back to class and shared our recordings with each other to create an average to submit to the RSPB. On Friday we then each chose a bird from yesterday to draw and colour before writing some great descriptions about our chosen birds! This afternoon we have been making bird feeders out of cheerios and pipe cleaners for the gardens!

We have sent a letter home about our upcoming trip to Amazon world on Wednesday 7th February, which will link nicely to our class discussions about animals and their habitats. The children are very excited!

Adventurers

The children have had a wonderful week. Starting their computing animation project, using clocks to help them to tell the time and finishing off their wolf trap instructions. Which they then enjoyed a full computing day to edit, type & publish beautifully. It was a wild and wonderful Thursday for everyone involved. Who knew 5-7 year olds would need a whole day to create such brilliant masterpieces.





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not make you faster, but they're apples would.

5

A table comparing the running times of children before and after eating bananas.

Child:	Time before the banana:	Time after the banana:
Arlo	3.71 seconds	3.71 seconds
Alfred	3.19 seconds	3.19 seconds
Sam	2.82 seconds	2.82 seconds
Lizzy	3.15 seconds	3.15 seconds
Luke	3.51 seconds	3.51 seconds
Mabel	3.00 seconds	3.00 seconds
Margaux	3.70 seconds	3.70 seconds

Our results show us that bananas do not make you run faster.

science they made predictions on if they bananas might help run faster. With the coming up with balanced reasons why they thought might/might not. then ran a comparative test timed the same children. They discovered that this around, bananas did curious as to if

In history the class explored the biggest achievements of Florence Nightingale and designed her a medal to accompany this.

Pretty much everyone received 5/5 again on their spelling tests, it's really starting to show out who is practising their spellings each week!! Well done. The children that repeatedly do not bring in their books and are not showing improvements will begin to miss part of their lunch break to work with Miss Gorman on the spellings they have not done on a Friday. This is for the children's tricky word progression as it is so important they have these words secured as they move up in the school. It's also not something we enjoy doing!

Please can we remind children that toys from home are not permitted at school as we do not take responsibility for things that get damaged or lost and we'd hate to see kids upset.

It would also be lovely for parents to have quick chats with their kids about being silly with their water bottles in school. We are continuously giving reminders about being gentle with their things and we've lost count of the water bottles that have broken so far this term.

Have wonderful weekends!

Discoverers

This week in science we did an experiment if people with longer femurs can jump further than people with shorter femurs I

learnt that people with longer femurs does not make a difference to a jump. Today in maths we did partitioning by using 3 and 4 digit addition. After we did our final write of the Stone Age Boy we typed it up in neat on the computer. In hand writing we practised ascenders and descenders. In Art we have been learning about space and elements.

Made by Logan and Barnaby.



Pioneers

On Tuesday this week

Pioneers had a great time this week creating their Antarctic characters out of specialised modelling clay and creating stop-go animated stories. The children have all displayed a real talent for this and have worked in groups of three to create some super stories. Over the next couple of weeks we will be editing and hopefully adding a musical soundtrack. I hope to show you more next week.



A story from Pioneers class shortlisted for IW Story Festival Following a visit to school in October 2023 by Ian Dickens (Charles Dickens', great , great grandson) the children in Year 5 submitted stories (based on our last book of the Autumn Term Wolf Wilder) as part of the forthcoming IW Story Festival

I am pleased to tell you that Millie Sanders in Year 5 has been shortlisted. She is one of 12 children out of 105 entries from 12 schools across the Isle of Wight.

A panel of Dickens descendants (including a book editor from a leading Publishing house, an actor and two published authors) read all the stories. They created a shortlist of 12 and the Island's High Sheriff Dawn Haig-Thomas and Elspeth Giddings (chair of the IW Story Festival) will select the top three.



The event , which will be held at at Quay Arts, Newport , at midday (12 noon) on Friday 16th February, will be when Millie will learn whether her story was highly commended (and receive a £10 book token), was placed third (£25 in book tokens) placed second (£50 book tokens) or is the overall winner (£100 of book tokens and their height in books for the school library.

The announcement and prize giving will be held in Quay Arts theatre and pupils, their family and teachers will all be very welcome.

<https://www.youtube.com/watch?v=hwu17v77jOU>

Here is her story which had a limit of 500 words.

The Lost Wolf

By Amelia Sanders Age 10

St Helens Primary School

Over 100 years ago there was a boy called Charlie Sins. He had brown hair and blue eyes. He was very poor and he lived with his mum. She was called Hayley. They did not have lots of money but they could afford to rent a small cottage deep in the woods in the middle of the Isle of Wight.

It was winter time, the year 1862, the forest was cold and it was covered in thick snow. Charlie liked to play with his wolf friends. His favourite wolf was called Shadow. They always played together. He had known Shadow since she was a pup and reared her, as her mum was killed by Queen Victoria's hunters, sadly.

One early morning, Charlie made his breakfast, he heard Shadow howling. Charlie went and looked outside he saw hunters footprints in the snow, he followed the footprints to a tall tower in the woods. Charlie went inside the tower, he found a gun and a cage, he thought the hunters might kill Shadow. Charlie went to the local gun shop and bought a gun and went back to his cottage. Bullets were not sold at the local gun shop, so he made his way back to the cottage and had to get some from the kitchen drawer. After that, he went to find Shadow but he couldn't find her anywhere. He looked around the forest and went to the tower again but she was nowhere to be seen. Charlie felt tired and fell asleep in the tower, it got very dark.

Next morning Charlie's mum woke up and she was not happy "CHARLIEEEEEEEEEEE"!!!!!!!!!!!!!! She yelled, she couldn't see Charlie in the living room, frantically she began to look in all the rooms for him but he was nowhere to be seen. Worriedly, she ran outside, she waddled through the knee high snow calling his name, listening carefully, suddenly, Charlie screamed out "Mum, I'm here". Mum headed toward the sound of his voice. Charlie found mum and they fell into each other's arms, "Mum the hunters have taken Shadow, I have to find her", he raised his voice higher, "Please help me". They looked all over the forest but she was nowhere to be seen. They were devastated.

A few days later Charlie saw a ticket in the frosty snow, it was a circus ticket. He thought he would like to go as he was very upset over losing Shadow. Next day, they headed to the circus. When the circus began he saw Shadow, she had a chain around her neck, she was directly in the middle of the circus ring. Charlie ran towards Shadow, Shadow saw Charlie and howled, He freed her and they ran out of the circus, mum followed, the circus owner was very angry. He shook his fists in the air, but Charlie kept running, until he and Shadow reached home.

Textile Bank

Don't forget that we have a textile bank where you can donate unwanted **clothes, belts, paired shoes, bags, hats, (in a tied bag)**. The donated items will be collected and weighed fortnightly and the school will receive 20p per kilo towards our funds. **Donated items (bagged please) should be left near to the front entrance of the school. Please let the office know you have left items! *Please do not donate duvets, pillows, cushions, household textiles, soiled rags, curtains, blankets as the recycling company will deduct the cost of disposing of these items from our overall total raised.***

Remember to look at the school website for the latest school updates and information at www.sthelenspri.iow.sch.uk

Measles Outbreak

You will have seen the news regarding the rise in cases of measles in London and the large outbreaks in the West Midlands.

The UK Health Security Agency (UKHSA) has now declared a national incident in order to focus actions to limit the spread. Further outbreaks of measles will spread to other towns and cities unless urgent action is taken to increase Measles, Mumps and Rubella (MMR) vaccination uptake in areas at greatest risk. Children who get measles can be very poorly and some will suffer life changing complications.

To support this incident the Department of Education (DfE) has published [What to do if you think your child has measles and when to keep them off school](#) guidance for parents and for schools.

UKHSA have stated that measles is not currently circulating in the south-east, there are cases in London and a sustained outbreak in the West Midlands (specifically Coventry and Birmingham but now in all local authority areas in the region) but at the moment in the SE, rashes are more than likely to be for other reasons (particularly in children). However being prepared is important.



FOSH Bingo and Supper **Night**

Friday 2nd February

5pm—7pm

St Helens School

£5 per adult

£3 under 16

Free for under 5's

Jacket potato supper with a choice of fillings

Soft drinks available for cash

***Please return slip below and money to school office
by Wednesday 31st January***

Name:

Number of adults:

Number of children under 16:

Number of children under 5:



Daisy Bus Bingo!

There will be fundraising bingo at The Vine Inn, St Helens on March 2nd - 4.30pm to 5.30pm.

£5 for 5 games

Come along and support this invaluable service provided by Wessex Cancer Trust.



Supporting Parent Relationships with Separating better app

Separating parents living on the Isle of Wight are among the first in the country to have access to a new app designed to help them self-manage their separation.

Separating better has been created by the UK's leading relationship research and innovation charity OnePlusOne, with funding from the Department for Works and Pensions. It features tools to help with many practical elements of separation such as budgeting and legal arrangements. It also offers parents a template to create their own parenting plans to help them agree how to co-parent their children effectively.

An in-app quiz helps parents to understand where they are emotionally in their separation journey and a series of *Work it out* videos help parents learn communication skills which they can use to co-parent effectively and keep their children's best interests at the heart of their decision-making.

How to get started:

1. [Download the FREE app here](#)
2. Take the emotion readiness quiz
3. Access all of the app features for FREE as you progress through your separation journey

Only two areas in the country will have access to this app ahead of its national launch in spring 2024, and OnePlusOne are keen to hear the views of parents who use it. Download the app for more information about how to offer feedback.

Parents living on the Island can also access a number of other free digital resources created by OnePlusOne. These provide support for a range of parental relationship issues, including becoming parents, coping with stress, debt and relationships and learning to argue better. To find out more visit: <https://familyinfohub.iow.gov.uk/oneplusone>

For further information about *Separating better*, please email supporting.parents@iow.gov.uk

Adult Community Learning are pleased to launch their new spring programme of workshops and courses ranging from, English, maths, ICT, Art, Craft, and Wellbeing, plus a wide range of FREE short online courses.

On Sunday 10 March between 10.30am and 12.30pm, we will be celebrating International Women's Day with a morning of workshops. These workshops on Brush Lettering, Macrame Bracelets and Springtime Wreaths are open to adults 19+ with one accompanied child over 10yrs and cost £10 per adult and £5 per child. Please note that only adult bookings and payments can be done on our website, so please e-mail or call us if you would also like to book for a child.

If you are interested in developing your skills further, perhaps to retrain or return to work, why not book a careers appointment with our information, advice, and guidance professional? She will tailor the appointment to your needs and can offer you help with CV writing, covering letters, application forms or support you with career changes, redundancy, education, and training.

Our ICT suite is also open every Friday 9.30am to 12.30pm (term time only), for anyone wishing to access online learning or get support from a tutor.

For more information and to book, head over to our website www.iow.gov.uk/ACLcourses , call our office on 01983 817280 or pop into The Learning Centre, Westridge, Ryde.



Join Vectis RFC
Girls & Boys - Ages 5-18

We have spaces for girls wanting to play rugby in our mixed U7s, U8s and U9s teams

Under 7s & 8s play tag rugby
Under 9s basic contact rugby

GIRLS RUGBY

Register your interest:
vectisrfccoaching@gmail.com

www.vectisrfc.rfu.club



Isle of Wight Table Tennis Association

Do you play table tennis?
Why not come along to the
IoW Table Tennis Centre,
at Smallbrook Stadium, Ashey Road,
Ryde, Isle of Wight, PO33 4BH.



You can give it a try and you'll be coached to develop and improve your game.

Times below:

Mondays: 9-00am - 12 noon. **Monday:** 6-45pm - 9-00pm.
Wednesdays: 9-00am - 12 noon. **Fridays:** 6.45pm - 9-00pm.
Adults £4-00 per session. **Children** £2-00.

Junior Coaching Sessions - Mondays & Thursdays 5-00pm - 7-00pm £3-50
Saturdays 9-30am - 12-30pm £3-50

Further information from Elaine Mills E. mail elainemills@gmail.com



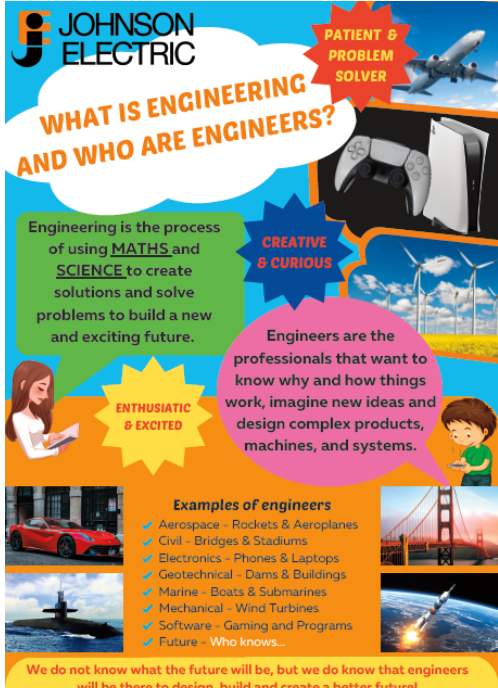
A great opportunity to ignite the spark, to understand the importance of learning STEM and become familiar with the great opportunities in Technologies and Engineering.

CECAMM College of Engineering have a Open Day tomorrow, Saturday 27th January, 10am-2pm, at their site in Whippingham. They have invited a host of local, national and international employers to share information about their industries and what skills they are looking for in young engineers.

Some of the employers you will have a chance to meet include:

- BAE Systems
- GKN Aerospace
- Johnson Electric, Parlex
- RNLI
- DDC Electronics

They hope to see you there!



JOHNSON ELECTRIC

WHAT IS ENGINEERING AND WHO ARE ENGINEERS?

PATIENT & PROBLEM SOLVER

Engineering is the process of using **MATHS** and **SCIENCE** to create solutions and solve problems to build a new and exciting future.

CREATIVE & CURIOUS

Engineers are the professionals that want to know why and how things work, imagine new ideas and design complex products, machines, and systems.

ENTHUSIASTIC & EXCITED

Examples of engineers

- ✓ Aerospace - Rockets & Aeroplanes
- ✓ Civil - Bridges & Stadiums
- ✓ Electronics - Phones & Laptops
- ✓ Geotechnical - Dams & Buildings
- ✓ Marine - Boats & Submarines
- ✓ Mechanical - Wind Turbines
- ✓ Software - Gaming and Programs
- ✓ Future - Who Knows...

We do not know what the future will be, but we do know that engineers will be there to design, build and create a better future!