



Friday 2nd February 2024

Dear Parents and Carers,

What a busy week we have had.

The week started with a visit from Estelle Baker and her rural life workshop and concluded with a visit from Mr Hunt to talk about his experiences of years spent living and working in Antarctica.

In between there have been governor visits, a visit from Chartwells nutritionist, school nurses, assemblies, swimming, whole school reading, and the continuation of the range of some great clubs. And of course some great lessons.

On Friday we had our latest fire drill attended by one of the governors. The children were very respectful of all expectations, lined up beautifully and recorded the fastest time to date. The pre-school also attended of course - without prior warning on this occasion and were also very efficient and speedy.

During assembly we heard about the various animals stories and associated work in Explorers. Harvey has also enjoyed using Lego and constructing.

In Adventurers, Levi is enjoying the work on pop art, Alena has enjoyed working with different teachers this week and Emily working with shapes. She certainly knows the names of 2D shapes including pentagon, hexagon and octagon.

Macie, Emily and many others enjoyed the Discoverers trip to Independent Arts Museum and Barnaby has loved developing his maths through word problems.

In Pioneers Tessa has enjoyed her swimming, Hannah the stop-go motion work in computing and Josiah making DNA out of sweets. Moreover the eating of the 'left-over' sweets.

Next week will be another exciting I'm sure featuring the Explorers trip to Amazon World on Wednesday.

I hope the bingo is well attended later today.

Have a great weekend.

Mr Wake

Attendance week from: 22/01/2024 to 26/01/2024

Class	Attendance	Late Arrivals	Minutes Lost Through Lateness	Unauthorised Absences	Authorised Absences
Explorers	85.4%	0	0	2	17
Adventurers	99.3%	0	0	0	2
Discoverers	91.2%	0	0	2	20
Pioneers	88.3%	2	32	4	26

Although we strive for 100%, our whole school attendance for this week was 92.1% which is above the national expectation of 96%

If your child is too unwell to attend school please contact us to let us know. You can phone on 872442 or email us on admin@sthelenspri.iow.sch.uk If you let us know by phone please can you put the reason for your child's absence in writing when they return to school otherwise the absence will be marked as unauthorised. We are required to ask you for this in order to follow the Local Authority attendance procedures, and if we don't receive a letter or email we have to follow it up.



THIS WEEKS AWARDS



<u>Class</u>	<u>Worker of the Week</u>	<u>Star of The Week</u>
Explorers	Marley	Layton
Adventurers	Lila	Raif
Adventurers	Seb	Jude
Discoverers	Lottie	Noah
Discoverers	Selena	Abbie
Pioneers	Hannah	Millie
Pioneers	Lottie	James



We would like to wish a very 'Happy Birthday' to the following children who celebrate their special day this week:

Atticus age 9

Jarryd age 11

Sophia age 10

School Dinner Menu (£2.75) per day or free to Reception, Year 1 & 2 pupils)

On **TUESDAYS and FRIDAYS only**, the children will be able to order baguettes - fillings cheese, tuna or ham.

FROM WEEK COMMENCING 19TH FEBRUARY, BAGUETTE DAYS WILL BE TUESDAYS AND THURSDAYS. BAGETTES WILL NO LONGER BE AVAILABLE ON FRIDAYS.

Upcoming menu changes

<p>CHINESE NEW YEAR</p> <p>MAINS</p> <p>Chinese Chicken Rice or Vegetable Chow Mein</p> <p>SIDES</p> <p>Stir Fry Oriental Vegetables</p> <p>DESSERT</p> <p>Apple Fortune Cake Tuesday 6th February <small>Menus may be subject to change</small></p>	<p>PANCAKES</p> <p>American Pancakes served with Lemon and Sugar or Chocolate Spread</p> <p>FRIDAY 9TH FEBRUARY (Dessert change only) <small>Menus may be subject to change</small></p>
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WEEK 1

W/C: 30/10, 20/11, 11/12, 08/01, 29/01, 26/02, 18/03

AUTUMN/WINTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza 🍕 Served with Potato Wedges	Classic Beef Burger Served with Potato Wedges	Roast Turkey Served with Roast Potatoes and Gravy	Beef Bolognese 🍝 Served with Wholemeal Pasta and Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
JACKET POTATO	Stir Fried Vegetable Rice 🍚 🌱	Vegetarian Burger 🍔 Served with Potato Wedges	Vegetable Pastry Roll Served with Mashed Potatoes and Gravy	Vegetarian Bolognese 🍝 Served with Wholemeal Pasta and Garlic and Herb Bread	Crispy Quorn Nuggets Served with Chips
DESSERT	Chocolate Brownie	Crispy Crumble Bar with Fruit 🍓	Original Hotpack	Carrot, Orange and Sultana Slice 🍰	Vanilla Ice Cream

PACKED LUNCH AVAILABLE
Hot, Cheese and Tuna Sausages available daily withing sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

🌱 Vegetarian 🐟 Oily Fish 🌾 Whole grain
🍏 Fruity! 🍎 Nutritionalist's Choice

Our menu is subject to change. Please be assured that all certified medical, diet and allergy requirements of the school are catered for.

WEEK 2

W/C: 06/11, 27/11, 18/12, 15/01, 05/02, 04/03, 25/03

AUTUMN/WINTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza 🍕 Served with Potato Wedges	Turkey Con Chilli 🍲 Served with Wholegrain Rice	Roast Beef Served with Roast Potatoes and Gravy	Sausage Pasta Bake Served with Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
JACKET POTATO	Sweet Potato Curry 🍛 Served with Wholegrain Rice	Macaroni Cheese 🍝	Cheesy Leek and Carrot Crumble Served with Roast Potatoes and Gravy	Vegetarian Sausage Pasta Bake Served with Garlic and Herb Bread	Crispy Quorn Nuggets Served with Chips
DESSERT	Apple Crumble with Custard 🍏	Crunchy Chocolate Biscuit	Chocolate and Vanilla Marble Cake	Carrot Cake 🍰	Strawberry Ice Cream

PACKED LUNCH AVAILABLE
Hot, Cheese and Tuna Sausages available daily withing sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

🌱 Vegetarian 🐟 Oily Fish 🌾 Whole grain
🍏 Fruity! 🍎 Nutritionalist's Choice

Our menu is subject to change. Please be assured that all certified medical, diet and allergy requirements of the school are catered for.

Chartwells
WEEK 3
W/C: 13/11, 04/12, 01/01, 22/01, 19/02, 11/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizzas Served with Potato Wedges	Pork Sausages Served with Mashed Potatoes and Gravy	Roast Pork Served with Roast Potatoes and Gravy	Chicken and Vegetable Korma Served with Wholegrain Rice	Breadcrumbed Fish Fingers Served with Chips
JACKET POTATOES	Chill No Corns with Crispy Tortilla Served with Wholegrain Rice	Cauliflower Maccaroni Cheese Served with Cooked and Herb Bread	Served Potato and Chickpea Roast Served with Roast Potatoes and Gravy	Vegetarian Cottage Pie	Crispy Quorn Nuggets Served with Chips
DESSERT	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
Tomato Pesto Pasta, homemade breads and beef sauce with pasta packs					
All main meals are served with two vegetables					
DESSERT	Magic Apple and Cinnamon Bake	Strawberry Jelly	Orange Shortbread with Fruit Slice	Banana and Carrot Cake	Chocolate Ice Cream with Shortbread Biscuit

PACKED LUNCH AVAILABLE
Ham, Cheese and Tuna Sausages - available daily with veg sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian Oily Fish Whole grain Fruity! Nutribonita's Choice

Our menu is subject to change. Please be assured that all certified medical, diet and allergy requirements of the safely catered for.

If your child would like the vegetarian option on a particular day, please can they let their teacher know so we can order enough portions from The Bay kitchen.

Dates for Your Diary

- Wednesday 7th February – Explorers trip to Amazon World
- Friday 9th February – School closes at 3.00pm for half term
- Monday 19th February – School reopens at 8.45am for Spring term 2
- Wednesday 6th March - Adventurers trip to Wildheart Sanctuary
- Monday 11th March – Staff Development Day – school closed to children
- Friday 15th/Saturday 16th March – St Helens Primary 50th Anniversary
- Thursday 28th March – School closes at 3.00pm for Easter holidays
- Monday 15th April - School reopens at 8.45am for the Summer term
- Monday 22nd April - Joanne Ryan Athlete Visit (with sponsored event)
- Monday 6th May - May Bank Holiday – school closed
- Monday 13th to Thursday 16th May – KS2 SATs
- Monday 20th May - Class Photos with Cardwell & Simons
- Friday 24th May - School closes at 3.00pm for half term
- Monday 3rd June - School reopens at 8.45am for Summer term 2
- Monday 17th June - RNLI Day
- Monday 17th to Wednesday 19th June – Year 5/6 Residential trip
- Friday 26th July - School closes at 3.00pm for Summer holidays

This Week's Class Updates

Explorers

We have had another good week in Explorers!

The children enjoyed our visit from Ed from Chartwells who came to talk to the class about healthy eating. The children have told me about food like tomatoes, cucumbers and carrots. And they told me that treats like doughnuts, cookies and chocolate are not healthy choices but make good treats. Together they made some caterpillars out of a large selection of healthy food that Ed brought in with him, which they ate all up!

In maths we have been talking about length, the children were challenged to find one short thing and one long thing in the classroom and then we compared their differences together. In phonics we have done the sounds "or, ur, ow, oi" and the tricky word "you".

In preparation for our trip next week we have been looking at lots of different animals. The Explorers have enjoyed threading beads to make their own snakes using a repeating pattern. The children have also done some great writing about snakes and mice!

Have a lovely weekend!



Adventurers

On Monday we welcomed a visitor from English Heritage who gave the children a workshop all about our agricultural past. It was very interesting to see and feel items from the past.

Tuesday was another opportunity to get hands on with some amazing fossils on loan to us from Dinosaur Isle. We got to touch and see lots of amazing exhibits from fossilised coral to 120 million year old tree bark.

We have also enjoyed getting the gymnastics equipment out for PE which is always a firm favourite.

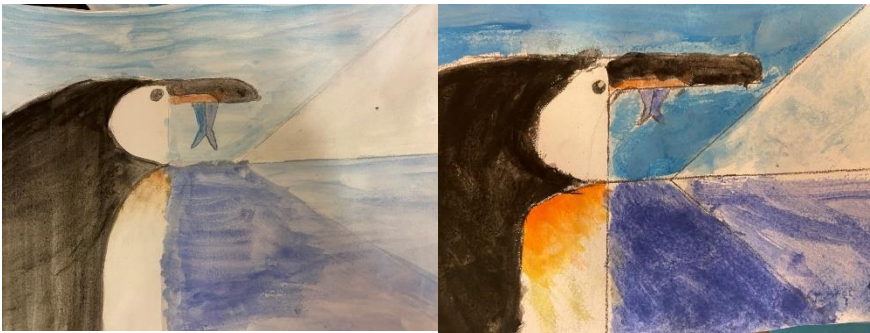
Discoverers

This week we went to independent arts, during which we did lots of activities including making a realistic papermache moon. In the afternoon, after we had lunch we headed on to our new destination the Guildhall Museum in Newport, here we saw different artifacts like stuffed foxes and hand axes, we also some arrowheads and different types of knives.

In English we have been working on time adverbials and similes for example my cat is as fast as the speed of lightning. In maths we have been doing word problems. This week in science we have been predicting if you have a longer femur than others can you jump further? In maths we have had tests and practiced place values and times tables. During R.E (Religious education) we learnt what is holy and we watched an animation about holy things. This week in PSHE we are learning how to stop colds from spreading. Finally, in handwriting we have been practicing curvy letters in lower case and found words using them.



Pioneers



This week we have been completing our art work (here our a few examples)

ANTARCTIC GRAPHIC ART
PENGUINS AND ICEBERGS WATERCOLOUR

We have also been working on editing and adding music to our Stop Go Motion projects and next week I am hoping to add links for you to view the children's work. In the meantime, here are some of the characters created by Pioneers pupils.



In science we are looking at Evolution and Inheritance and a fun activity to understand DNA is to make it out of sweets!

DNA stands for deoxyribonucleic (dee-OK-see-ri-bo-new-kee-ik) acid. It is the genetic information inside the cells of the body that helps make people (and all organisms) who they are. Think of DNA as instructions for how to make the body, like the blueprints for a house. Under a very strong microscope, DNA looks like a twisting ladder.

Here are our attempts from this week's science lesson for the children in pairs to make a double helix. We assigned a different colour of soft sweet to each of the DNA base pairs. Here Adenine is green, Thymine is purple/red, Cytosine is yellow and Guanine is orange. Push two soft sweets onto each of 4-5 cocktail sticks, making sure that your sweets pair as DNA does (Adenine with Thymine and Cytosine with Guanine).

Textile Bank

Don't forget that we have a textile bank where you can donate unwanted **clothes, belts, paired shoes, bags, hats, (in a tied bag)**. The donated items will be collected and weighed fortnightly and the school will receive 20p per kilo towards our funds. **Donated items (bagged please) should be left near to the front entrance of the school. Please let the office know you have left items! Please do not donate duvets, pillows, cushions, household textiles, soiled rags, curtains, blankets as the recycling company will deduct the cost of disposing of these items from our overall total raised.**

Remember to look at the school website for the latest school updates and information at www.sthelenspri.iow.sch.uk

Free Parent Webinars

Cyber Choices presentations are aimed at parents of a wide range of children/young people, from KS2 pupils (7-8 year olds) right up to college/uni students (18+) Each webinar covers the same material, so you need only sign up for one of them (unless you want to hear the same messages on repeat!)

There are currently 3 webinars available for parents:

Tuesday 6th February 13:00-14:00
Thursday 8th February 09:30-10:30
Thursday 8th February 20:00-21:00

The invitations are as follows:

When: Feb 6, 2024 13:00 London
Topic: Cyber Choices for Parents & Carers
Register in advance for this webinar: https://us06web.zoom.us/webinar/register/WN_w4CZPn-5Sb6PmX5scPuFkA

When: Feb 8, 2024 09:30 London
Topic: Cyber Choices for Parents & Carers
Register in advance for this
webinar: https://us06web.zoom.us/webinar/register/WN_Tpd56MjvSs25i_nz5W8Vlg

When: Feb 8, 2024 20:00 London
Topic: Cyber Choices for Parents & Carers
Register in advance for this
webinar: https://us06web.zoom.us/webinar/register/WN_guDQFW6TRBiOJWEga_g6qw

After registering, a confirmation email containing further information about joining the webinar will be automatically sent out.

ISLE OF WIGHT HELP WITH THE

COST OF LIVING

01983 823134 iow.gov.uk/costofliving

General help and support
Citizens Advice IW can give free help with money issues and much more.
☎ 0800 144 88 48 or Textphone on 18001 0800 144 8884
🌐 www.citizensadviceiw.org.uk

Debts and paying bills
Citizens Advice Money team.
☎ 01983 823898 ext: 2825
🌐 www.citizensadviceiw.org.uk/money-advice-team

Buying food
🌐 www.iow.gov.uk/costofliving and tap on 'food' for more information.
Join a community pantry and for £5 a week, receive over £15 worth of food.
☎ 01983 296592 East Cowes Community Pantry
☎ 07961 959003 Ventnor Community Pantry
☎ 01983 563732 Ryde Community Pantry
☎ 07300 329610 Newport Community Pantry
☎ 01983 248170 Pan Community Larder
☎ 01983 716020 Mobile Community Pantry

connect4communities
Supporting organisations to help Islanders. Includes food vouchers, energy efficient appliances, garden items, clothing for school children and more.
🌐 www.connect4communities.org

 Isle of Wight Council

Warm Welcome Space
Find an Isle of Wight Warm Welcome Space.
🌐 www.iow.gov.uk/warmspaces

Benefits
Check whether you are getting all the benefits you can.
Citizens Advice Help to Claim line.
☎ 0800 144 8444
🌐 www.gov.uk/benefits-calculators

Energy bills, energy efficiency and grants
☎ 01983 822282 The Footprint Trust
🌐 www.footprint-trust.co.uk
☎ 07865 075832 Green Isle of Wight
🌐 www.greeniow.org.uk

Pension Credit
If you are of State Pension age you may be entitled to Pension Credit.
If you get Pension Credit you can get other benefits.
☎ 0800 99 1234 or Textphone on 0800 169 0133
🌐 www.gov.uk/pension-credit

Paying for broadband and mobile phone
Social tariffs are available if you're on a low income.
🌐 www.ofcom.org.uk/cheap-broadband

Feeling lonely
The Living Well and Early Help Partnership works on the Island to connect people.
☎ 01983 240732
🌐 www.lweh.org.uk

In a crisis
If you have no money for food, gas and electricity you may be able to get emergency help.
☎ 01983 823859
🌐 www.iow.gov.uk/HelpThroughCrisis

Other useful contacts
🌐 www.helpforhouseholds.gov.uk
🌐 www.islefindit.org.uk

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Updates:

Our [Museum of Island History](#) and [Newport Roman Villa](#) are open for low cost activities during half term. Click on the museum names for more information.

Cost of Living support information

Use our [cost of living web pages](#) to see what's available near you. You can also call us on 01983 823134.

Contact Citizens Advice Isle of Wight on 0800 144 88 48 or enquiries@iwcab.org.uk. Their advice is free, confidential and independent. They can help with debt, benefits, legal advice and much more.

Contact [The Footprint Trust](#) for free advice or call them 01983 822282.

Use the [connect4communities website](#) to see what other support is available in your area.

The government [Help for Households website](#) has information about help with childcare costs, benefits and many other schemes.

Anyone can join a community pantry or larder

Join a community pantry or larder and for £5 a week, receive over £15 worth of food. Membership is free and anyone can join.

Contact details for pantries and larders:

- 01983 296592 East Cowes Community Pantry
- 07961 959003 Ventnor Community Pantry
- 01983 563732 Ryde Community Pantry
- 07300 329610 Pyle Street Pantry, Newport
- 01983 248170 Pan Community Larder (for East Newport residents only)
- 01983 716020 The Aspire Mobile Community Pantry:
 - Monday 10.30am to 12.30pm, Northwood Cemetery, Cowes, PO31 7ER.
 - Wednesday 10.30am to 12.30pm, The Lighthouse Church, Sandown, Hope House, Fort St, Sandown PO36 8BA.
 - Friday 3.30am to 5.30pm, West Wight Sports & Community Centre, Moa Place Freshwater PO40 9XH.

[Get more information about community pantries and larders on our website](#)

Find a Warm Welcome Space

There's a great network of Warm Welcome Spaces across the Island. These friendly spaces are run by the community for the community.

In a Warm Welcome Space you might find support and advice, tea and coffee, other refreshments, games, crafts and you'll always find a friendly face and someone to chat to.

[Discover a Warm Welcome Space near you](#)

Apply now for community grant funding

Applications are now open for Island community and voluntary organisations, town, parish and community councils to apply for the final round of community grant funding to support Islanders with the cost of living.

We are looking for:

- Schemes providing immediate support to residents
- Innovative, sustainable schemes that could be seed funded

If your schemes can offer this and knowledge and skill sharing that residents can use in the future, that would be even better!

A couple of the other current schemes include:

- Slow cooker cookery lessons with Aspire Ryde
- Living on the Veg at Newport Congregational Church
- Bereavement support group Community Spirited
- Cooking on a budget lessons with Bridges at the Apex Church

The community grants are paid for from the current grant round from the Department for Work and Pensions Household Support Fund which comes to an end on the 31 March.

Applications close 12pm 9 February 2024.

[Apply now for community grant funding](#)

Warmer Homes scheme

Islanders who don't have gas central heating may be eligible for FREE energy upgrades like insulation, air source heat pumps and solar PV panels.

These improvements can

- help lower your energy bills
- keep your home warmer in the winter and cooler in the summer

Find out more and check your eligibility [on our website](#) or call 0800 038 5737 to talk to someone.



Sandown Soccer - Isle of Wight

SANDOWN SOCCER

at The Bay CE Secondary

FOR CHILDREN AGED 4-11

Monday - Friday
12th - 16th February

Mini-Soccer camp for children. Aiming to provide a fun and enjoyable environment whilst developing and improving players footballing ability!

10AM - 3PM

- ★ FA Qualified coaches with enhanced DBS and up to date first aid and safeguarding training.
- ★ Fun football games to develop agility, balance, coordination and speed!
- ★ Win medals by becoming Penalty, Keepy-uppy, Crossbar or Speed Champion as well as our Best Attitude, Most Improved and Future Star awards!
- ★ Take part in the Sandown Soccer World Cup where one team will be crowned WORLD CHAMPIONS!!!



SANDOWN SOCCER

Player of the day!

Win Player Of The Day trophies and t-shirts!

5 hours of fun EVERY day!
10am - 3pm
Inclusive football for ALL abilities!

Only £14 a day
Special Discounts!
ALL 5 days only £65
Sibling Discount available!

Have questions or would like more information?
Contact Lewis (Mr Mitchell)
sandownsoccer@yahoo.com
07594 389531

SANDOWN SOCCER

Children are welcome to come for one day or for ALL the days!

Attend at least 4 out of the 5 days during the week and win a medal for all of your hard work!

To book a place text your child's name, school year, dates and your name to 07594 389531

JJ'S PARTIES AND EVENTS PRESENTS OUR

INFLATE-A-DAYS EVENT

NOW WITH ADDED
AJ

JJ's Parties & Events

- FEBRUARY HALF TERM
- 14TH & 15TH
- 8 SESSIONS
- ACROSS 2 DAYS
- ALL NEW DISCO SESSIONS WITH AJ ENTERTAINER
- AUTISM FRIENDLY SESSION
- SEE WEBSITE FOR TICKETS AND DETAILS

ALL NEW DISCO & GAMES SESSIONS

TICKETS - WWW.JJSIOW.CO.UK/CATEGORY/INFLATE-A-DAYS



SCAN ME

Scallywags Fun Club

...is keeping kids active this

FEBRUARY HALF TERM 2024

Winchester House, Sandown Rd, Shanklin

Monday 12th - Friday 16th February-8am-6pm (Children 3-18yrs)

Ofsted Registered

Scallywags Play Zones

"Activity Zone"
Large construction, role-plays, messy, cookery & Creative areas, toys galore

"Youth Zone"
Youth club area: computers-internet, woodwork, music, snooker, art, den's

"Chill Zone"
Large cosy beanbags, cinema time, music, chat with friends

"Outside - Energetic Zone"
Rope swings, mud kitchen, football, scooters, skateboards/ramps, trips out

"Sports Zone"
Bouncy castle/ball pool, air hockey, badminton, team activities

Please ring Sarah on

530433 / 07977709088



Daisy Bus Bingo!

There will be fundraising bingo at The Vine Inn, St Helens on March 2nd - 4.30pm to 5.30pm.

£5 for 5 games

Come along and support this invaluable service provided by Wessex Cancer Trust.



BRADING ROMAN VILLA

Half Term at the Villa...

Discover more about the Romans this Half Term holiday, Tuesday 13 – Friday 16 February, from 10am – 3pm.

Wednesday
14 February only, listen
to the story of Cupid
and Psyche as retold
by Lady of the Villa,
Livia.

Free (with Museum
Admission charge)



Decorate
your own
edible mosaic
shortbread heart
with sweets.

£2.50 per biscuit.

Make a clay
Roman Love
token.

£2 per child.



Look for birds in our
collection with the
Twitchers Museum
Adventure trail.

Free (with Museum
Admission charge)

Design a
love-themed
mosaic coaster.

£3.50 per
coaster.



Enjoy the cafe and large outside space, which is great for picnics & running around.

Free parking.

www.bradingromanvilla.org.uk