ST HELENS PRIMARY

Friday 22nd March 2024

Dear Parents and Carers,

Unfortunately there have been a high number of absences this week due to various reasons. It would be nice to see everyone back for the final 4 days of term before we break for Easter.
There have been some cases of Strep so please follow the advice below.

https://www.nhs.uk/conditions/strep-a/

What to do if you've tested positive

Healthcare providers treat strep throat with antibiotics.

Call a healthcare provider if you or your child aren't feeling better after taking antibiotics for 48 hours.

When to return to work or school
Stay home from work, school, or daycare until you **no longer have a fever**. You also need to **have taken antibiotics** for at least 12 to 24 hours. Ask a healthcare provider how long you should stay home after starting antibiotics

Please can I draw your attention to the matter of uniform and wearing of earrings during PE. We assume that all children will adhere to the school expectations.
If parents require support with second hand uniform that can be arranged discretely to avoid your children having to be reminded. Black shoes are the expected footwear.

After Easter we have a new PE teacher who will be taking lessons and clubs. She has expressed concern that earrings are worn during PE lessons. Apologies to parents who may have an issue with this but that is the expectation that no earrings are worn during PE lessons after Easter

Obviously all children will be offered the chance to participate in exercise throughout the day.

On Saturday we celebrated the 50th anniversary of St Helens Primary school

Built 50 years ago, the school has seen many changes and has taught many children throughout the years. St Helens Primary continues to thrive today following a good rating with outstanding features from Ofsted in October 2023.

On Saturday 16th March, the school celebrated the event with tables full of memorabilia, a rolling video of images from the school (accompanied by music from 1974) and displays featuring a number of TV programmes from the time made by the current pupils.

Entertainment was provided by the very talented Sean Goodfield, a parent and island-wide performer and music from Matt Searle who is one of the co-chairs of the governing body.

Our PTA ,known as FOSH, provided cakes and drinks for the visitors.

Between 120 -150 people walked through the door including pupils past and present - all the way back to 1974 as well as teaching and non teaching staff. governors, parents and members of the local community and beyond.

A special thanks must go to Mrs Taylor, a former pupil who now works as an administrator and MSA at the school . She is also a local resident who spent many hours working alongside the community and historical society collecting all the memorabilia to display on the day.

Thank you to everyone who supported this memorable event.

In Pioneers class, Tessa has enjoyed toy making, Alba has enjoyed her writing and the children have enjoyed their PE lessons.

In Discoverers, Luca has loved his fraction work, Emily is looking forward to her class visit next week and the children enjoyed making their fruit kebabs

In Adventurers, Athena enjoyed her walk to the main road as part of their maths work where they were making tally charts by counting cars. Emily enjoyed making the comic book strip

In Explorers, Harvey has enjoyed working with castles whilst Isabella, Arabella, Ronnie and others have enjoyed their work in the garden planting flowers and making beans.

Artsmark

Although we are a small school, we are always looking to develop our curriculum and improve outcomes and opportunities for our children. See below for the latest accolade.

ARTS COUNCIL ENGLAND

Artsmark
Gold Award
Awarded by Arts Council England

St Helens Primary has been awarded the gold mark which is the highest award available. Mrs Rees, Mrs Maloney and the staff have worked tirelessly to achieve this award.

'St Helens Primary School has used this Artsmark journey to develop your arts curriculum so that it now has parity with the Maths and English curriculum time and support, complementing the progressive art and design curriculum you had in place. Arts and culture are valued for their own sake, and for their wider contribution to wellbeing, personal development, and the school's sense of community.

Your Wellbeing days and annual projects with The New Carnival Company and Independent Arts demonstrate this approach. You have redesigned your PE curriculum to ensure every class studies dance and have plans to further develop drama. You have changed your practice in using individual books in PSHE, RE, History and Geography and now use a class floor book to record work which has led to arts approaches being used across these subjects and made the curriculum more accessible and inclusive for all learners.

You continue to work with a range of artists and cultural organisations including authors, musicians, storytellers and festivals.
You have started to think about how your Arts and cultural provision is representative of the diversity of wider society with your No Outsiders programme which includes books and arts activities which specifically celebrate diversity.

In Pioneers Tessa has enjoyed toy making, Alba has enjoyed her writing and the children have enjoyed their PE lessons.

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In Explorers, Harvey has enjoyed working with castles whilst Isabella, Arabella, Ronnie and others have enjoyed their work in the garden planting flowers and making beans.

Message for all gardeners. Please remember the St Helens Horticultural Society will be holding their annual event in the school hall tomorrow.

Have a great weekend

Mr Wake

Attendance week from: 11/03/2024 to 15/03/2024

Class	Attendance	Late Arrivals	Minutes Lost Through Lateness	Unauthorised Absences	Authorised Absences
Explorers	88.5%	0	0	0	12
Adventurers	85%	0	0	6	30
Discoverers	93%	2	35	2	12
Pioneers	84.1%	0	0	8	25

Although we strive for 100%, our whole school attendance for this week was 87.4% which is below the national expectation of 96%

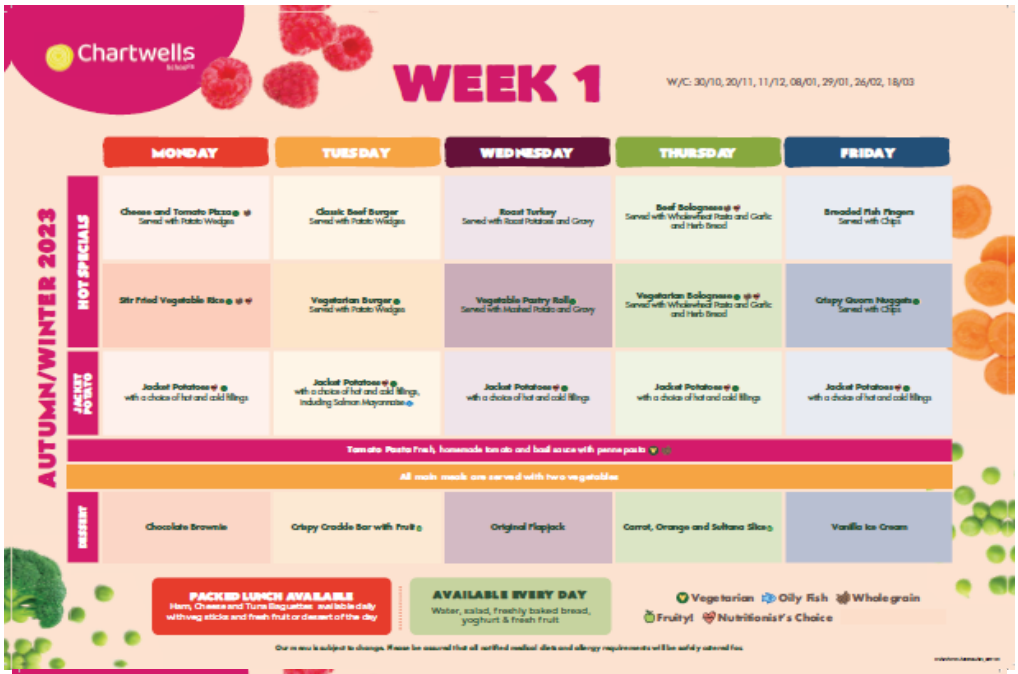
If your child is too unwell to attend school please contact us to let us know. You can phone on 872442 or email us on admin@sthelenspri.iow.sch.uk If you let us know by phone please can you put the reason for your child's absence in writing when they return to school otherwise the absence will be marked as unauthorised. We are required to ask you for this in order to follow the Local Authority attendance procedures, and if we don't receive a letter or email we have to follow it up.

THIS WEEKS AWARDS

Class	Worker of the Week	Star of The Week
Explorers	Betty	Tilly
Adventurers	Daniel	Arlo
Adventurers	Rosie	Seb
Discoverers	Max	Luca
Discoverers	Emily	Luke
Pioneers	Hannah	Sami
Pioneers	Josiah	Jessica

School Dinner Menu (£2.75) per day or free to Reception, Year 1 & 2 pupils)

On ***TUESDAYS and THURSDAYS only,*** the children will be able to order baguettes - fillings cheese, tuna or ham.



Chartwells

WEEK 1

W/C: 30/10, 20/11, 11/12, 08/01, 29/01, 26/02, 18/03

AUTUMN/WINTER 2023

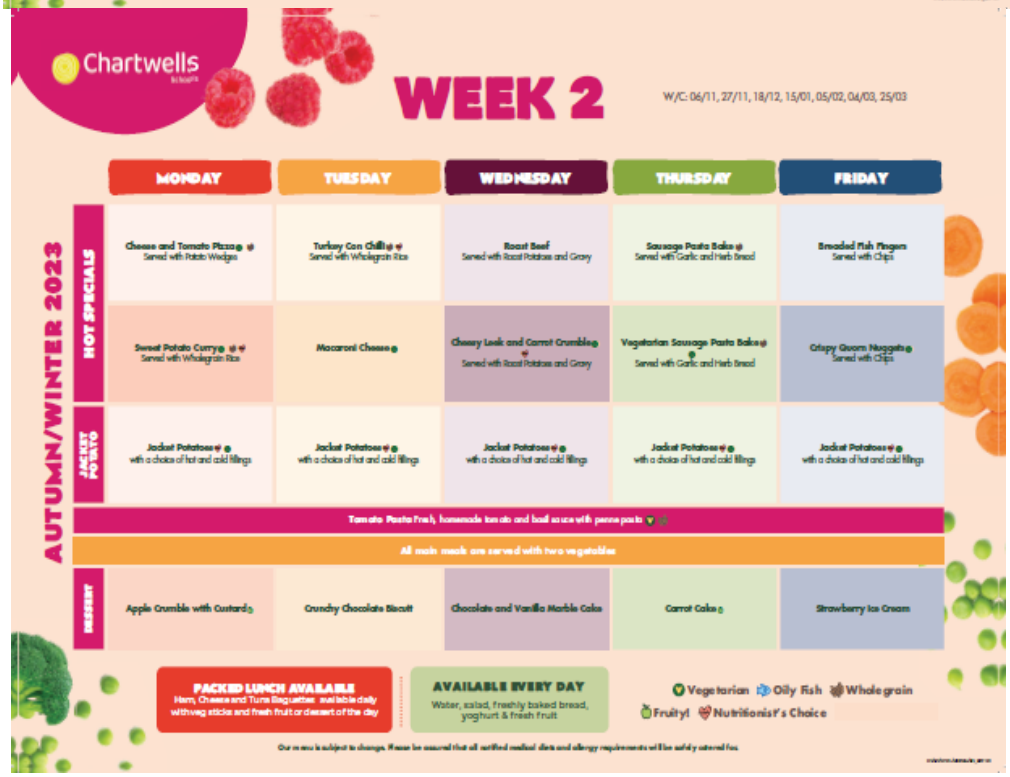
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza Served with Potato Wedges	Classic Beef Burger Served with Potato Wedges	Roast Turkey Served with Roast Potatoes and Gravy	Beef Bolognese Served with Wholewheat Pasta and Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
	Stir Fried Vegetable Rice	Vegetarian Burger Served with Potato Wedges	Vegetable Pastry Rolls Served with Mashed Potato and Gravy	Vegetarian Bolognese Served with Wholewheat Pasta and Garlic and Herb Bread	Crispy Quorn Nuggets Served with Chips
JACKET POTATO	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings, including Salmon Mayonnaise	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
	Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta				
	All main meals are served with two vegetables				
DESSERT	Chocolate Brownie	Crispy Crackle Bar with Fruit	Original Flapjack	Carrot, Orange and Sultana Slice	Vanilla Ice Cream

PACKED LUNCH AVAILABLE
Ham, Cheese and Tuna Baguettes available daily with veg sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian · Oily Fish · Wholegrain · Fruity! · Nutritionist's Choice

Our menu is subject to change. Please be assured that all certified medical diets and allergy requirements will be safely catered for.



Chartwells

WEEK 2

W/C: 06/11, 27/11, 18/12, 15/01, 05/02, 04/03, 25/03

AUTUMN/WINTER 2023

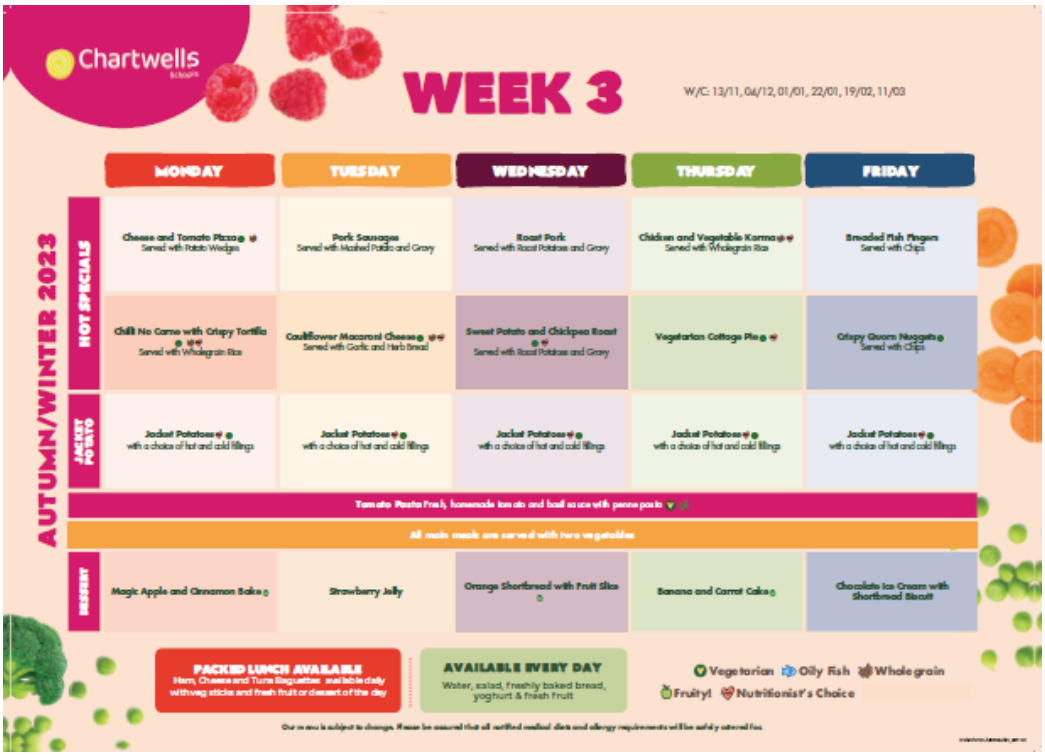
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza Served with Potato Wedges	Turkey Con Chilli Served with Wholegrain Rice	Roast Beef Served with Roast Potatoes and Gravy	Sausage Pasta Bake Served with Garlic and Herb bread	Breaded Fish Fingers Served with Chips
	Sweet Potato Curry Served with Wholegrain Rice	Maccaroni Cheese	Cheesy Leek and Carrot Crumble Served with Roast Potatoes and Gravy	Vegetarian Sausage Pasta Bake Served with Garlic and Herb bread	Crispy Quorn Nuggets Served with Chips
JACKET POTATO	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
	Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta				
	All main meals are served with two vegetables				
DESSERT	Apple Crumble with Custard	Crunchy Chocolate Biscuit	Chocolate and Vanilla Marble Cake	Carrot Cake	Strawberry Ice Cream

PACKED LUNCH AVAILABLE
Ham, Cheese and Tuna Baguettes available daily with veg sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian · Oily Fish · Wholegrain · Fruity! · Nutritionist's Choice

Our menu is subject to change. Please be assured that all certified medical diets and allergy requirements will be safely catered for.



If your child would like the vegetarian option on a particular day, please can they let their teacher know so we can order enough portions from The Bay kitchen.

<u>Dates for Your Diary</u>

Saturday 23rd March - St Helens Horticultural Society Spring show (school hall)
Monday 25th March - Discoverers Dinosaur Isle trip (am)
Monday 25th March - KS1 White-tailed Eagle Educational session
Monday 25th March - School reports out
Tuesday 26th March - Parents Evening (KS2 only)
Wednesday 27th March - Parents Evening (all classes)
Monday 25th March - Year 6 CPR training
Thursday 28th March - FOSH Easter Egg hunt (details to follow)
Thursday 28th March – School closes at 3.00pm for Easter holidays
Monday 15th April - School reopens at 8.45am for the Summer term
Monday 22nd April - Joanne Ryan Athlete Visit (with sponsored event)
Tuesday 23rd April - Year 5 sailing at Seaview starts for 10 weeks
Monday 6th May - May Bank Holiday – school closed
Monday 13th to Thursday 16th May – KS2 SATs
Monday 20th May - Class Photos with Cardwell & Simons
Friday 24th May - FOSH Colour Run (details to follow)
Friday 24th May - School closes at 3.00pm for half term
Monday 3rd June - School reopens at 8.45am for Summer term 2
Monday 17th June - RNLI Day
Monday 17th to Wednesday 19th June – Year 5/6 Residential trip
Friday 12th July - FOSH Summer Fayre
Friday 26th July - School closes at 3.00pm for Summer holidays

This Week's Class Updates

Explorers

We've had a great week in Explorers!

This week we have enjoyed making Rapunzels towers. The children printed bricks using sponges, cut and measured her hair and decorated their own towers. The Explorers then worked together to write their own re-telling of the story of Rapunzel.

We have also been reading the fairy tale, Jack and the Beanstalk. The children have each written a part of the story to go up in the classroom. We have also planted some peas to measure as they grow along with their own castle in the clouds to represent the giant's castle! In maths we have been looking at length and height, the children have enjoyed comparing how tall each other are by drawing around their partners.

To celebrate the start of spring the Explorers have enjoyed planting some nice spring flowers in our class plant pots and hanging baskets. We have also planted some herbs for our mud kitchen and have got a section of the garden ready to plant some potatoes.

Have a lovely weekend!

Adventurers

What a lovely week we have had. It's definitely starting to look like spring.

The class have had a wonderful penultimate week, they've been on top form. The first half of the week they spent beautifully curating story retelling comic strips that have been decorated incredibly. They also did some more work on their fab puppets for DT.

In music they enjoyed working outside in our woodland area with Mrs Ferrier using instruments to create tunes. In RE they created Easter Story spinners to retell the story.

In maths and geography we explored data and statistics- the class ventured out in small groups down to the village and completed a traffic survey and discussed how busy St Helens is as a village. They then collated their data into a whole class tally chart. Before they converted it into pictograms and bar

charts together. Before answering questions about the information they had gathered. They all did such fantastic jobs!!

We're looking forward to next week and the upcoming Easter egg hunt- it's all they wanted to discuss during RE (clearly their true takeaway from Easter...)

Reports are heading home today, just in time for next week's parent's evening. We look forward to seeing you all.

Have a lovely weekend!

Discoverers

In English we have had a selected creature/object from the book to describe how Arthur avoided it while sailing to the God Of Storms.

In maths we have been doing fractions of a certain number such as 4 tenths of 40 =16.

In History we have been answering a question about how housing has changed throughout the Stone Age.

In Geography we have been finding where famous Stone Age Landmarks are and placing them on the UK map.

In DT/French we made fruit kebabs and drawing them then we labeled the name and colour of the fruits we want in French such as Pomme(apple) and Rouge (Red).

By Luke Hughes and Barnaby Fallick.

Pioneers

In Pioneers this week we have been all writing the next chapter of our book Floodland. The children have risen to the challenge of using dialogue accurately in their writing to advance the action and have been carefully choosing reporting clauses that appropriately define their characters. Here are some excerpts…

“William! You have to escape!” pleaded Zoe.
“No.” he shook his head gravely. “Zoe, dear, listen to me. I will die soon enough anyway. If they don’t find me, fine. If they find me and kill me, what difference will it make?”
“William, but don’t you…” Zoe began.
“You don’t understand.” he smiled wistfully. “Just trust me. You have more life than me. Go. Good luck, Zoe.” Tears welled in Zoe’s eyes as she stepped away, taking one last look at William.

"Hello…Uhm..what's your name again?" he asked, puzzled."Oh yes! Zoe, how can I help?" William cheerfully smiled. They smiled at each other for a second (Zoe liked William's warm smile).
"Well…The Cats have arrived and they are attacking!" Zoe yelled loudly.
"Oh have they?," he asked cluelessly, "I've read about a fight, yes…It was very..whats the word?"
"Intense?" Zoe interrupted William.
"Oh yes!," William chuckled. " Intense…I-N-T-E-N-S-E, intense.
William stood up, carefully picking up his old,broken books.
"Now, I need your help," Zoe spoke quietly, "I need my boat."

"Yes, I have the key to the shed, " answered Munchkin confidently.
"We can escape!" Zoe was suddenly very excited, "Please come with me."
Munchkin said nothing. In the distance they could hear footsteps coming towards them.
"Quick follow me!" whispered Munchkin. He grabbed Zoe's hand and led her to a rusty,old door and pushed her inside.
"Where are we?" Zoe asked.
"We are in a cupboard that has a secret door that will take us outside," muttered Munchkin quietly.
Very slowly, he opened a dirty door at the back of the cobweb covered cupboard.
"Follow me!" he commanded quietly as he tiptoed outside.

In our Geography lesson this week we were determining where the safest and most dangerous places would be in the school in the (unlikely) event of an earthquake. We also practised our earthquake drill both in and out of the classroom. As you can imagine the children loved being under the tables!

Earthquake drill

About a half-million quakes rock the Earth every day. Usually the quake is too small, too far below the surface, or too deep in the seafloor to be felt. Some, however, are so powerful they can be felt thousands of miles away.

Textile Bank

Don't forget that we have a textile bank where you can donate unwanted clothes, belts, paired shoes, bags, hats, (in a tied bag).The donated items will be collected and weighed fortnightly and the school will receive 20p per kilo towards our funds. Donated items (bagged please) should be left near to the front entrance of the school. Please let the office know you have left items! ***Please do not donate duvets, pillows, cushions, household textiles, soiled rags, curtains, blankets as the recycling company will deduct the cost of disposing of these items from our overall total raised.***

Remember to look at the school website for the latest school updates and information at www.sthelenspri.iow.sch.uk

Under 11s Cricket fun day

Tuesday 9th April

- 10am - 3pm
- Ventnor Cricket Club
- Open to boys and girls Yrs 3-6
- ECB qualified coaches
- Please bring a packed lunch
- All equipment provided
- £10 per person
- Contact: 07917306984 to book

Head to the Isle of Wight Donkey Sanctuary this Easter for some spring fun.

We're a working farm with over 100 donkeys and Shetland ponies, just waiting to meet you. The best part? We are open 7 days a week and we're free to enter. We have a bus stop right outside our gates and free parking so bring your family, bring your dog – everyone is welcome. You're welcome to explore our amazing countryside – make sure you look out for some very cute lambs on the farm.

Join us this Easter for daily donkey activities including Pamper a Donkey, our signature Donkey Experiences and free daily 30 minute 'Meet our Donkeys' guided tours. We've also got a fun Easter trail on all over the holidays. Complete the trail and be rewarded with a sweet treat!

Caring for our donkeys, mules and ponies is at the heart of everything we do. We can't wait to introduce you to our herds.

Find out more
at www.iowdonkeysanctuary.org/

Isle of Wight Wellbeing Service: Workshop List

SUMMER TERM: April / May

DATE	COURSE NAME	TIME
15.04.24	What's Behind the Behaviour	11:30am
16.04.24	Child to Parent Violence and Aggression	9:30am
16.04.24	Boundaries and Expectations	11:30am
17.04.24	Navigating Neurodivergence	9:30am
17.04.24	Supporting the anxious child	9:30am
17.04.24	What's Behind the Behaviour	6:00pm
19.04.24	Boundaries and Expectations	4:30pm
19.04.24	Navigating Neurodivergence	6:00pm
22.04.24	Child to Parent Violence and Aggression	11:30am
23.04.24	Boundaries and Expectations	9:30am
23.04.24	Navigating Neurodivergence	11:30am
24.04.24	Child to Parent Violence and Aggression	6:00pm
30.04.24	What's Behind the Behaviour	9:30am
01.05.24	Supporting the anxious child	9:30am
01.05.24	Navigating Neurodivergence	6:00pm
06.05.24	What's Behind the Behaviour	11:30am
07.05.24	Navigating Neurodivergence	9:30am
08.05.24	Boundaries and Expectations	9:30am
08.05.24	Child to Parent Violence and Aggression	6:00pm
13.05.24	Child to Parent Violence and Aggression	11:30am
14.05.24	Child to Parent Violence and Aggression	9:30am
14.05.24	Navigating Neurodivergence	11:30am
15.05.24	Supporting the anxious child	9:30am
15.05.24	What's Behind the Behaviour	6:00pm
20.05.24	Boundaries and Expectations	11:00am
21.05.24	Boundaries and Expectations	9:30am
22.05.24	What's Behind the Behaviour	9:30am
22.05.24	Boundaries and Expectations	6:00pm

To reserve your place on any of the above courses, please email mitch.burson@iow.gov.uk

Isle of Wight Wellbeing Service: Workshop List

SUMMER TERM: June / July

DATE	COURSE NAME	TIME
03.06.24	What's Behind the Behaviour	11:30am
04.06.24	Navigating Neurodivergence	11:30am
05.06.24	What's Behind the Behaviour	6:00pm
10.06.24	Boundaries & Expectations	11:00am
11.06.24	What's Behind the Behaviour	9:30am
12.06.24	Supporting the anxious child	9:30am
12.06.24	Child to Parent Violence and Aggression	6:00pm
17.06.24	Child to Parent Violence and Aggression	11:30am
18.06.24	Navigating Neurodivergence	9:30am
19.06.24	Navigating Neurodivergence	6:00pm
25.06.24	Boundaries and Expectations	9:30am
26.06.24	Supporting the anxious child	9:30am
26.06.24	Boundaries and Expectations	6:00pm
01.07.24	Child to Parent Violence and Aggression	11:00am
02.07.24	What's Behind the Behaviour	11:30am
03.07.24	Boundaries and Expectations	9:30am
03.07.24	Navigating Neurodivergence	11:00am
03.07.24	Child to Parent Violence and Aggression	6:00pm
08.07.24	Boundaries and Expectations	6:00pm
09.07.24	Navigating Neurodivergence	6:00pm
10.07.24	What's Behind the Behaviour	9:30am
10.07.24	Supporting the anxious child	9:30am
10.07.24	Boundaries and Expectations	11:00am
10.07.24	What's Behind the Behaviour	6:00pm
12.07.24	Navigating Neurodivergence	9:30am
24.07.24	Supporting the anxious child	9:30am

To reserve your place on any of the above courses, please email mitch.burson@iow.gov.uk

IW Fostering

Island children need local homes

Fit to Foster?

Many people think that they are either too young or too old to foster.
The truth is that you must be at least 21 years of age. There is no upper age limit, as long as you are physically fit and healthy.

If you don't think you are suitable to foster, think again! Foster carers come from a variety of different backgrounds. There are children in care who may need you. Explore fostering with the IW Council.

Apply online at iwight.com/fostering
01983 823160

SCAN ME!

March 2024
Issue 13

MHST Newsletter

iownt.mhst@nhs.net ~ 0300 365 4010

MHST Update:

- We are aware that there are many school who would like us to engage with them and we thank you for your ongoing understanding and patience. We continue to consider how we can gradually roll out aspects of the MHST offer to more schools. When we have capacity, we shall make an initial approach to your school's designated mental health lead and try to speak to them on the phone. If this is not possible we shall try to reach them by email. If you have any questions about this please contact iownt.mhst@nhs.net and your query will be passed on to Charlotte Young (Team Lead) or Mel Smith (Clinical Lead) to respond in due course.
- Each year, we hold transition workshops and groups for year 6 students moving up to year 7 to help with any generic worries they may hold around the process. This year, we will extend the offer to welcome referrals from all primary schools so as to make offer accessible to all identified Year 6 to Year 7 pupils who would benefit from additional intervention. At this time, we invite you to please start thinking about any students you think would benefit from this. More information regarding this process will be communicated at a later date.

455 individuals were seen through Whole School College Approach in January

We had 78% attendance rate for treatment in January

132 total session attendances in January

97 individuals were open to MHST throughout January

youth trust™ | Believe in children Barnardo's | NHS Isle of Wight NHS Trust | mental health support TEAM

The Mental Health Support Team is a collaboration between the Isle of Wight NHS Trust, Barnardo's and the Isle of Wight Youth Trust

For more information regarding MHST, please email Clinical Team Lead, Charlotte Young: Charlotte.young22@nhs.net

SIGNPOSTING

Barnardo's:

Barnardo's offers a range of parenting programmes to help support the families on the island. In addition, they have several family centres and 3 family hubs which help support families and prevent their difficulties worsening. The centres are available to support a family with a young person aged between 0-19 through online courses and workshops.

IW Youth Trust:

They provide 'youth-led wellbeing and therapeutic support to young people, empowering them to face life's challenges'. Their services include; group work, such as a Tics Group, parent workshops (e.g. supporting your young person with anxiety), as well as 1 to 1 counselling.

KissyPuppy:

KissyPuppy alongside Earl Mountbatten Hospice has created a bereavement service for those who are experiencing 'loss through death'. Young people and families can be referred to this service for further support.

Contacts for other services:

Barnardo's - 01983 529208 / iowfamilycentres@barnardos.org.uk
IW Youth Trust - 01983 529569 / info@iowyouthtrust.co.uk / https://www.iowyouthtrust.co.uk/
KissyPuppy - 01983 217346 / https://www.mountbatten.org.uk/children-and-families-bereavement.

youth trust™ | Believe in children Barnardo's | NHS Isle of Wight NHS Trust | mental health support TEAM

The Mental Health Support Team is a collaboration between the Isle of Wight NHS Trust, Barnardo's and the Isle of Wight Youth Trust