



ST HELENS PRIMARY



Friday 19<sup>th</sup> April 2024

Dear Parents and Carers,

We welcomed the children back on Monday after a fantastic Easter break. I managed to search out the sun for a week (as well as lightning and thunderstorms) with a trip Cyprus. Although very different from what I remember as a boy, it is still a magnificent place to visit and I hope to return very soon in the future.

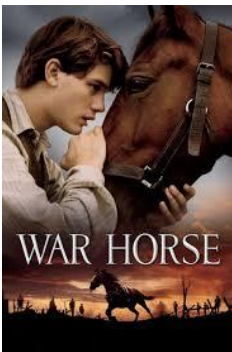
I cannot believe the week has flown by so quickly. We welcomed Mrs Cascarini to Adventurers and Miss Henry as our new PE coach. They have both settled in well and I am sure they will look forward to the next few weeks and months working at our fantastic school.

On Thursday Mardi Gras was re-introduced. Mrs Callaghan, Mrs Maloney, children, parents alongside Brian and Margaret have some great sessions ahead as we prepare the costumes for the Mardi Gras event in July.

Thanks you to Gemma for introducing the event this year.

In class Pioneers have enjoyed their coding in Computing, reading War Horse and working with fractions in Maths lessons.

Michael Morpurgo is an excellent author who has written many great children's books. War horse is a particular favourite.



*War Horse* is a British [war novel](#) by [Michael Morpurgo](#). It was first published in Great Britain by [Kaye & Ward](#) in 1982. The story recounts the experiences of Joey, a horse bought by the Army for service in [World War I](#) in France and the attempts of 15-year-old Albert, his previous owner, to bring him safely home. It formed the basis of both an [award-winning play](#) (2007) and an [acclaimed film adaptation](#) (2011) by [Steven Spielberg](#). The novel is often considered one of Morpurgo's best works, and its success spawned a sequel titled [Farm Boy](#), which was published in October 1997.

Discoverers are looking forward to their Vikings project and have enjoyed their associated work on longboats.

Clara enjoyed science that focused on life processes. She was able to recall many of the processes including movement, respiration, nutrition and growth.

In Adventurers, paper mache whales were a particular favourite as well as really enjoying exploring our new environmental area. Children and bugs is always a win with centipedes, red ants, beetles, ladybugs etc. showing their faces during the latest visit to the North North East.

Explorers have also enjoyed their environmental studies. Ronnie and the rest of the class enjoyed measuring their beans planted before Easter. Jamie was especially delighted that hers was a whopping 28cm – double the size of other plants  
Next week we look forward to another exciting week ahead.  
Have a great weekend

Mr Wake

**Attendance week from: 25/03/2024 to 28/03/2024**

Class	Attendance	Late Arrivals	Minutes Lost Through Lateness	Unauthorised Absences	Authorised Absences
Explorers	80.8%	0	0	4	16
Adventurers	97.1%	0	0	6	1
Discoverers	92.5%	1	30	0	15
Pioneers	89.4%	0	0	7	15

Although we strive for 100%, our whole school attendance for this week was 91.5% which is **below** the national expectation of 96%

If your child is too unwell to attend school please contact us to let us know. You can phone on 872442 or email us on [admin@sthelenspri.iow.sch.uk](mailto:admin@sthelenspri.iow.sch.uk) If you let us know by phone please can you put the reason for your child's absence in writing when they return to school otherwise the absence will be marked as unauthorised. We are required to ask you for this in order to follow the Local Authority attendance procedures, and if we don't receive a letter or email we have to follow it up.



## THIS WEEKS AWARDS



<u>Class</u>	<u>Worker of the Week</u>	<u>Star of The Week</u>
Explorers	Harvey	Tilly
Adventurers	Luke	Amelia
Adventurers	Oliver	Athena
Discoverers	Belle	Ria
Discoverers	Micah	Macie
Pioneers	Alfie	Alexis
Pioneers	Lottie	Millie-Jay

### School Dinner Menu (£2.75) per day or free to Reception, Year 1 & 2 pupils)

On TUESDAYS and THURSDAYS only, the children will be able to order baguettes - fillings cheese, tuna or ham.

**ST. GEORGE'S DAY**  
TUESDAY 23RD APRIL

**MAINS**  
Cottage Pie or  
Vegetable Pie

**SIDES**  
Mini Yorkshire Pudding  
Carrots and Peas  
Gravy

**DESSERT**  
Victoria Sponge with Custard

\*Menus may be subject to change

# WEEK 1

WC: 15/04/04/05, 03/06, 24/06, 15/07, 09/09, 30/09

SPRING/SUMMER 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NOT SPECIALS	Cheese and Tomato Pizza Served with Half a Jacket Potato	Classic Beef Burger Served with Potato Wedges	BBQ Chicken Served with Roast Potatoes	Chicken and Broccoli Pasta Bake	Fish Fingers Served with Chips
JACKET POTATO	BBQ Quorn Filled Served with Wholegrain Rice	Vegetarian Burger Served with Potato Wedges	Cheesy Ploeghman's Pink Plate	Chilli No Cheese with Crispy Tortilla Served with Wholegrain Rice	Quorn Dippers Served with Chips
DESSERT	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings, including Salmon Mayo/mousse	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with panne pasta					
All main meals are served with two vegetables					
DESSERT	Crispy Crackle Bar with Fruit	Raspberry Jelly	Carrot, Orange and Sultana Slice	Vanilla Ice Cream	Original Rappack

**PACKED LUNCH AVAILABLE**  
Horn, Cheese or Tuna baguette available daily with veg sticks and fresh fruit or dessert of the day

**AVAILABLE EVERY DAY**  
Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian 
 Oily Fish 
 Wholegrain  
 Fruity! 
 Nutritionist's Choice

Our menu is subject to change. Please be aware that all modified and/or allergen requirements will be safely covered for.

# WEEK 2

WC: 22/04, 13/05, 10/06, 01/07, 22/07, 16/09, 03/10

SPRING/SUMMER 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NOT SPECIALS	Cheese and Tomato Pizza Served with Potato Wedges	Beef Boagnas Served with Wholewheat Pasta	Roast Pork Served with Roast Potatoes and Gavy	Butter Chicken Curry Served with Wholegrain Rice	Southern Fried Chicken Served with Chips
JACKET POTATO	Vegetarian Boagnas Served with Wholewheat Pasta	Veggie Burrito	Quorn Roast Served with Roast Potatoes and Gavy	Macaroni Cheese	Veggie Fingers Served with Chips
DESSERT	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings, including Salmon Mayo/mousse	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with panne pasta					
All main meals are served with two vegetables					
DESSERT	Chocolate Cookies	Carrot, Orange and Sultana Slice	Orange Jelly	Chocolate Shortbread with Fruit	Orange Drizzle

**PACKED LUNCH AVAILABLE**  
Horn, Cheese or Tuna baguette available daily with veg sticks and fresh fruit or dessert of the day

**AVAILABLE EVERY DAY**  
Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian 
 Oily Fish 
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 Nutritionist's Choice

Our menu is subject to change. Please be aware that all modified and/or allergen requirements will be safely covered for.

**Chartwells School**

**WEEK 3**  
WC: 20/04, 20/05, 17/06, 06/07, 02/08, 23/09, 14/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>HOT SPECIALS</b>	Cheese and Tomato Pizza Served with Potato Wedges	Pork Sausages Served with Mashed Potato and Beans	Roast Chicken Served with Roast Potatoes and Gavy	Cottage Pie Served with Gavy	Fish Fingers Served with Chips
<b>JACKET POTATOES</b>	Tomato and Herb Lentil Pasta	Vegetarian Sausage Served with Mashed Potato and Beans	Cheese and Onion Pastry Served with Roast Potatoes and Gavy	Meatless Balls in Tomato Sauce Served with Raisinwitsie	Quorn Dippers Served with Chips
<b>JACKET POTATOES</b>	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings, including Salmon Mayo alternative	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
<b>Tomato Pasta</b> Fresh, homemade tomato and basil sauce with panne pasta					
All main meals are served with two vegetables					
<b>DESSERT</b>	Chocolate Brownies with Fruit	Strawberry Jolly	Banana Cake	Lemon Sicilian Coolie	Chocolate Ice Cream

**PACKED LUNCH AVAILABLE**  
Horn, Cheese or Tuna baguette available daily with veg sticks and fresh fruit or dessert of the day

**AVAILABLE EVERY DAY**  
Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian 
 Oily Fish 
 Wholegrain  
 Fruity! 
 Nutritionist's Choice

Our menu is subject to change. Please be aware that all modified and/or allergen-free requests will be subject to availability.

If your child would like the vegetarian option on a particular day, please can they let their teacher know so we can order enough portions from The Bay kitchen.

### Dates for Your Diary

- Monday 22<sup>nd</sup> April - Joanne Ryan Athlete Visit (with sponsored event)
- Tuesday 23<sup>rd</sup> April - Year 5 sailing at Seaview starts for 10 weeks
- Monday 6<sup>th</sup> May - **May Bank Holiday – school closed**
- Wednesday 8<sup>th</sup> May - Explorers Butterfly World trip
- Monday 13<sup>th</sup> to Thursday 16<sup>th</sup> May – KS2 SATs
- Monday 20<sup>th</sup> May - Class Photos with Cardwell & Simons
- Friday 24<sup>th</sup> May - FOSH Colour Run (details to follow)
- Friday 24<sup>th</sup> May - School closes at 3.00pm for half term
- Monday 3<sup>rd</sup> June - School reopens at 8.45am for Summer term 2
- Monday 17<sup>th</sup> June - RNLI Day
- Monday 17<sup>th</sup> to Wednesday 19<sup>th</sup> June – Year 5/6 Residential trip
- Friday 12<sup>th</sup> July - FOSH Summer Fayre
- Friday 26<sup>th</sup> July - School closes at 3.00pm for Summer holidays

## This Week's Class Updates

### Explorers

We have had a great week back in Explorers!

The children have been loving our new topic of Bugs and Minibeasts. The class are excited to start decorating the home corner to look like a 'bug home' full of leaves and insects.

This week we have been learning all about frogs!

The children have created their own life cycle wheels, frog maths and phonics games as well as experimenting with colours and mixing to paint our own frogs.

We have also enjoyed measuring our peas that we planted before half term and comparing their heights. Jamie had the biggest at 28cm and Arabella had the shortest at 14cm.



Have a lovely weekend.



### Adventurers

We have had a great week back in Adventurers!

We started the week making our paper mache whales (they haven't stopped talking about them so hopefully they have told you at home too!)

This was to kick off our new text: Big Blue Whale by Nicola Davies.

In science we went into the woodland area with some minibeast magnifying pots and we found allsorts of creatures, including: ladybirds, ants, worms, beetles, woodlouse and centipedes!

In maths we have been learning about 2D and 3D shapes, exploring their properties and some of their names. In RE we looked at 'special food' and talked about why food is special to us (not just because it is our 'favourite' but for reasons such as birthdays, Christmas and Easter celebrations).

We just finished our Friday with a fun music lesson learning about 'tempo', using the Jaws theme song and how it builds up emotion and how it speeds up and slows down as the shark is sneaking up on its prey!

Mrs Cascarini has enjoyed her first 3 days teaching the class, and we are looking forward to the rest of this half term, especially with the weather improving.

Have a great weekend.

### **Discoverers**

In English we drew our own Dragons, wrote descriptions about them, then made a spider diagram and passport. In Science we started a new topic on living things and their habitats and made a poster about Mrs Gren which has a meaning to it that means; movement, respiration, sensitivity, growth, reproduction, excretion and nutrition. In Maths we have been doing column addition and subtraction as well as bar models. In Geography/History we have been labelling places Vikings came from and in art we have been sketching our longboat from the Viking times which we will make.

By Noah Barbrook and Taylor Rolf

### **Pioneers**

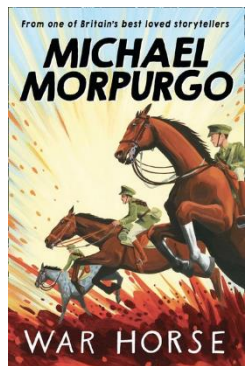


Hello and Welcome back to school. We are now all rested and raring to go.

This in Pioneers week we began our new book and as well as reading it in class we are listening to it on audio and watching the Steven Spielberg film. Our focus is the animals of World War One and Two, beginning with horses. The writing we will be producing is closely related to this: writing from the animals point of view, seeing conflict through their eyes.



Our overall theme is conflict- a Google search reveals that in the world currently there are currently 32 "live" conflicts. In history we were looking at the causes of the First world War and in art we were creating sketches of horse's heads in preparation for producing them in clay.



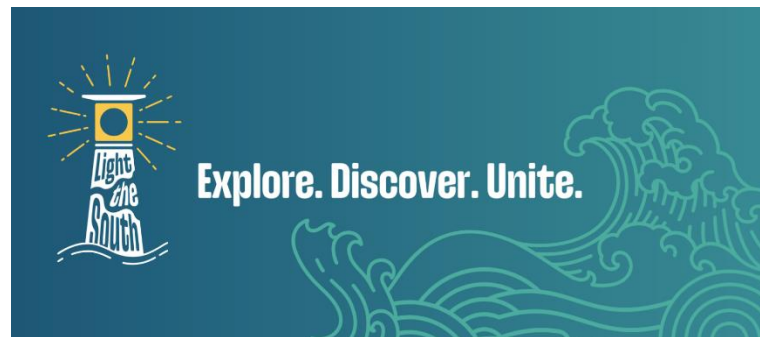
There are lots of exciting things happening this term including specifically for Pioneers



- **Year 5 Sailing commencing on Tuesday 23rd April**
- **Year 6 Sats Monday 13th May - Thursday 16th May**
- **Pioneers Residential Trip to Avon Tyrell, New Forest Monday 17th June - Wednesday 19th June**

A parents meeting to talk about the residential will be organised for the week after SATs.

One more exciting project the whole school is working on is our Little Light. This is currently a work in progress (see opposite). The children are working together to create their lighthouse, which represents St Helens Primary School



The children in school are also getting involved in THE DAILY MILE movement. This is an initiative encouraging daily physical activity outside of playtimes and PE lessons. We are planning for all classes to be able to jog a mile a day by the end of this academic year.

Please see this link

<https://thedailymile.co.uk/wp-content/uploads/2020/09/Welcome-Pack-020920.pdf>



*...for children aged 4+ Children become more aware of their health and the need to take responsibility for it. Improves body composition – bone density, muscle strength and cardiovascular health. Helps children achieve and maintain a healthy weight. Benefits children with a range of health issues, including those with special and/or complex needs. Overall balance, gross and fine motor skills are enhanced. It's 100% inclusive and no-one is left behind – every child succeeds. It's not a race or competition – there is no sense of failure. Children enjoy it – having fun, in the fresh air with friends, and a sense of freedom. Children connect with the weather, seasons and nature. Supports improvement in self efficacy, satisfaction and happiness.*



## Textile Bank

Don't forget that we have a textile bank where you can donate unwanted **clothes, belts, paired shoes, bags, hats, (in a tied bag)**. The donated items will be collected and weighed fortnightly and the school will receive 20p per kilo towards our funds. **Donated items (bagged please) should be left near to the front entrance of the school. Please let the office know you have left items!** ***Please do not donate duvets, pillows, cushions, household textiles, soiled rags, curtains, blankets as the recycling company will deduct the cost of disposing of these items from our overall total raised.***

Remember to look at the school website for the latest school updates and information at [www.sthelenspri.iow.sch.uk](http://www.sthelenspri.iow.sch.uk)

125 years  
St Helens Carnival



St Helens  
Carnival  
King & Queen Selection

Would you like to join the St Helens  
Carnival Float this summer

Are you aged 7 to 12

Come along to the Selection Day  
Saturday 20th April 11:00am

St Helens Pavilion



## Upcoming Parenting Programmes



From January 2024!

### Welcome to the World

Welcome to the World is an 8-week programme for parents from 22 weeks of pregnancy. Delivered at the Family Hubs it will cover a variety of topics that will help give their baby the best possible start in life. Parents will improve their knowledge and skills in caring for a baby, learn the importance of their own wellbeing, develop the skills to help with bonding and reflect on their hopes for the future.



Scan the QR code for the Family Hubs Website or visit [Welcome To Isle Of Wight Family Centres : Isle Of Wight Family Centres](https://www.isleofwightfamilycentres.org.uk/welcome-to-isle-of-wight-family-centres)



Barnardo's Registered Charity Nos. 216250 and 50337605 2142386/23



### Talking Teens

Supporting our children as they grow into teenagers can be challenging. Talking Teens is on hand to provide you with a range of ideas and strategies that may help family life become more positive for everyone. The course is delivered online in four, 2 hour sessions and provides a great chance to meet others in similar situations and offers you a safe space to share ideas and experiences.



Please visit our website at <https://www.isleofwightfamilycentres.org.uk/talking-teens> or scan the QR code.



Barnardo's Registered Charity Nos. 216250 and 50337605 2142386/23



## Family Links

Parenting can be really rewarding but also really hard at times. The Family Links Nurturing programme can help you on your parenting journey. If you have a child aged 3 to 11 years, then Family Links is for you. You will learn positive ways of helping children handle their feelings and behaviour.



Please visit our website  
<https://www.isleofwightfamilycentres.org.uk/family-links-nurture-programme> or scan the QR code.



Barnardo's Registered Charity No. 214250 and 9037605 240218123



**PARENTS AND CARERS TOGETHER**

**Come along to our 'Pop in and Ask' Family Hubs drop-in session!**



Find out about our services

Give us your views!

Children welcome

**Monday 3rd June 2024**  
**12.30-2.30pm**  
**Ryde Family Hub**  
 George St  
 Ryde  
 PO33 2JF

Relevant for expectant parents and parents/carers of children who are:  
 Babies  
 Toddlers  
 Pre-schoolers



The Barnardos Family Centre team will be available to chat to

Find out more



[familyinfohub.iow.gov.uk](http://familyinfohub.iow.gov.uk)



[IWfamilyinfohub](https://www.facebook.com/IWfamilyinfohub)



[rosie@aspireryde.org.uk](mailto:rosie@aspireryde.org.uk)

**DOES YOUR CHILD ENJOY BEING ACTIVE AND HAVING FUN?**

**IS YOUR CHILD TOO YOUNG TO JOIN A TEAM?**

**DOES YOUR CHILD WANT TO BUILD THEIR CONFIDENCE IN A SPORTING ENVIRONMENT?**

**DOES YOUR CHILD WANT TO PLAY FOOTBALL BUT NOT IN A TEAM YET?**

IF YOU'VE ANSWERED YES TO ANY OF THOSE QUESTIONS, WE'VE GOT THE PERFECT SOLUTION! WE PROVIDE A SAFE, ENJOYABLE AND NON-COMPETITIVE ENVIRONMENT WHERE CHILDREN CAN HAVE FUN WHILST DEVELOPING AND IMPROVING THEIR FOOTBALL SKILLS.

**OURS AIMS ARE:**

- TO ALLOW CHILDREN TO HAVE FUN THROUGH FOOTBALL
- TO IMPROVE CONFIDENCE AND SOCIAL SKILLS.
- TO LEARN AND IMPROVE BASIC FOOTBALL SKILLS. CONTROL, PASSING, DRIBBLING.
- TO DEVELOP AGILITY, BALANCE, CO-ORDINATION, SPEED (ABC'S).

Our fully FA qualified coaches have up to date First Aid training and are DBS checked. Each session will be packed full of fun games played in teams, and as individuals, to help children build friendships as well as independence.

**To Book: Text your child's name, school, year group and parent name to 07594 389531**



## Interested Playing Cricket ALL STARS AND DYNAMO CRICKET SESSIONS

AT

**Ryde Cricket Club,**

Harding Shute, (just after the Tesco Roundabout)

All Sessions are delivered by a DBS Checked and ECB qualified coaches.



**ALL STARS CRICKET** provides a fantastic first experience for **all** children aged 5-8 years old where they're guaranteed 8 weeks of jam-packed fun, activity and skills development. Please book via this link or search Ryde Cricket Club All Stars on the ECB Website. <https://ecb.clubspark.uk/AllStars/BookCourse/1d32dd4d-1473-4173-84ee-585d075eb459>

**Day:** Every Friday starting 3rd<sup>rd</sup> May for 8 weeks finishing 21st June.

**Time:** 5.00pm – 5.45pm.

**DYNAMOS CRICKET** - provides a fantastic next step for all those graduating from All Stars **Cricket** and the perfect introduction for all 8-11 year-olds new to the sport! Please book via this link or search Ryde Cricket Club Dynamos on the ECB Website –

Girls only course - <https://ecb.clubspark.uk/Dynamos/BookCourse/e211e8a8-ee09-469e-b157-9945bd05cb42>

Mixed Course - <https://ecb.clubspark.uk/Dynamos/BookCourse/7c7bdd6c-6b3a-462f-bbe2-a4fc0088990c>

**Day:** Every Friday starting 3rd<sup>rd</sup> May for 8 weeks finishing 21st June.

**Time:** 6.00pm – 7.00pm.



**For more information on cricket at Ryde CC, including Adult, teams for boys and GIRLS at U11, & U15 age groups, please contact:**

Andy Day on 07970 009 509 or E-mail: [Andyday77@live.co.uk](mailto:Andyday77@live.co.uk) or visit our website [rydecc.play-cricket.com](http://rydecc.play-cricket.com)

All Stars (5-8 years old)

<https://ecb.clubspark.uk/AllStars/BookCourse/1d32dd4d-1473-4173-84ee-585d075eb459>

Girls Only Dynamo course (8-11 year old)

<https://ecb.clubspark.uk/Dynamos/BookCourse/e211e8a8-ee09-469e-b157-9945bd05cb42>

Dynamos (8-11 year old)

<https://ecb.clubspark.uk/Dynamos/BookCourse/7c7bdd6c-6b3a-462f-bbe2-a4fc0088990c>

## Mental Health Alliance Updates

- **Katie Julia Parentcare** - A research based course to strengthen parents' connection, creating a satisfied relationship and nurturing family environment. Starts on line Monday 15th April and in person on Sat 13th April
- **Paragon** - Paragon are the providers of support and education concerning domestic violence and abuse on the Isle of Wight and across the South West of England. We would like to introduce you to the Dragonfly Project aimed at members of the community. This is a 2.5 to 3-hour free, online workshop focusing on domestic abuse. It explains what domestic abuse is, how it impacts victims and how victims can access support. Once delegates have completed the workshop they can become dragonfly champions, who are people in the community that can signpost victims to access support. Workshops are currently being delivered via Microsoft Teams, this is the link: [Dragonfly Champion FREE Domestic Abuse Awareness Workshop Tickets, Multiple Dates | Eventbrite](#) . There are plenty of dates to choose from, with dates regularly added.
- **Isle Access** – 2 events – Warm space & Isle Rider cycling
- **Nature Therapy** - Nature Therapy have five free places for parents/caters on our Beginners Guide to Sound Therapy for Children workshop being held in Newport on the 27April. 10-2. Participants will be able to get hands on. No musical experience required. Email Kim at [Wolfmedicine@icloud.com](mailto:Wolfmedicine@icloud.com) to book a place and for further detail.
- **Isle of Wight Council** – Anti-poverty Strategy Consultation – this is a chance to have your say, as an organisation or as an individual
- Citizens Advise Bureau – Anti-poverty Networking event
- GamCare - Introduction - Free, confidential and non-judgemental structured support and treatment for anyone who is harmed by gambling

### Adult Community Learning

Adult Community Learning are pleased to launch their new summer programme of workshops and courses ranging from maths, ICT, Art, Craft, and Wellbeing, plus a wide range of FREE short online courses.

If you are interested in developing your skills further, perhaps to retrain or return to work, why not book a careers appointment with our information, advice, and guidance professional? She will tailor the appointment to your needs and can offer you help with CV writing, covering letters, application forms or support you with career changes, redundancy, education, and training.

Our ICT suite is also open every Friday 9.30am to 12.30pm (term time only), for anyone wishing to access online learning or get support from a tutor.

For more information and to book, head over to our website [www.iow.gov.uk/ACLCourses](http://www.iow.gov.uk/ACLCourses) , call our office on 01983 817280 or pop into The Learning Centre, Westridge, Ryde.

We look forward to seeing you.