



St Helens Primary Newsletter

Friday 17th October 2025



Attendance

Week from: 06/10/2025 to 10/10/2025



Class	Attendance	Late Arrivals	Minutes Lost Through Lateness	Unauthorised Absences	Authorised Absences
Explorers	93.6%	1	20	2	5
Adventurers	98.5%	2	35	4	0
Discoverers	98.5%	3	45	2	3
Pioneers	96.5%	1	5	0	9

Although we strive for 100%, our whole school attendance for this week was **97.4%** which is **above** the national expectation of 95%.

In line with the school policy, **please inform the school every day of absence**, wherever practically possible, of the reason for their child's absence and the predicted date of their return.

If your child is too unwell to attend school please contact us to let us know. You can phone on 872442 or email us on admin@sthelenspri.iow.sch.uk If you let us know by phone please can you put the reason for your child's absence in writing when they return to school otherwise the absence will be marked as unauthorised. We are required to ask you for this in order to follow the Local Authority attendance procedures, and if we don't receive a letter or email we have to follow it up.

Attendance Matters



Every Child Every Day



This Week's Awards



<u>Class</u>	<u>Worker of the Week</u>	<u>Star of The Week</u>
Explorers	Tommy	Kevyn
Adventurers	Finley	Mae
Adventurers	Ronnie	Betty
Discoverers	Amelia F	William Th
Discoverers	Athena	Levi
Pioneers	Ria	Noah
Pioneers	Georgie	Micah



HAPPY BIRTHDAY



13th-19th October

Amelia age 8

20th-26th October

Travis age 10

Athena-Rose age 9

George age 8

Alena age 9

27th October-2nd November

Violet age 6





School Dinner Menu (£3.30 per day or free to Reception, Year 1 & 2 pupils)



AUTUMN/WINTER 2025 MENU		WEEK 1 WED: 03/11/2025, SAT: 1/12/2025, 15/12/2025, 19/01/2026, 09/02/2026, 09/03/2026				
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1	Cheese and Tomato Pizza with Potato Wedges 🌱	Beef Bolognese with Wholewheat Pasta 🌱🐟	Roast Pork with Roast Potatoes and Gravy	Chicken and Vegetable Pie with Potato Wedges	Fish Fingers with Chips
	OPTION 2	BBQ Vegetable Wrap with Potato Wedges 🌱🐟	Vegetarian Bolognese with Wholewheat Pasta 🌱🌱🐟	Roast Quorn with Roast Potatoes and Gravy 🌱	Cheesy Vegetable Hotpot 🌱	Quorn Dippers with Chips 🌱
	OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱🐟	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱🐟	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱🐟	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱🐟	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱🐟
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD						
DESSERT		Crunchy Apple Slice 🌱	Strawberry Shortcake Mousse	Apple Crumble with Custard 🌱	Chocolate Ice Cream	Oat Cookie 🌱

BAKED POTATOES SERVED DAILY
With a choice of toppings 🌱🐟

AVAILABLE DAILY
Fresh fruit, salad, yogurt and water

🌱 Vegetarian 🌱 Vegan 🐟 Oily Fish 🌱 Fruity! 🐟 Whole grain 🐟 Nutritionist's Choice
 Our menu is subject to change. Please view our website for full nutritional data and allergen information. We'll do our very best to help.

If your child would like the vegetarian option on a particular day, please can they let their teacher know so we can order enough portions from Nettlestone kitchen.



Dates for Your Diary



Monday 3rd November

Monday 3rd November

Wednesday 12th December

Wednesday 26th November

Thursday 27th November

Friday 19th December

Monday 5th January 2026

Friday 13th February

Monday 23rd February

Tuesday 24th February

School reopens at 8:45am for Autumn term 2

Flu Immunisation clinic with School Aged Immunisation Service

FOSH Stars Sparkles & Spuds Event

School Nurse Clinic 9am-12pm

Whole school Cinema Trip

School closes at 3:00pm for Christmas holidays

School reopens at 8:45am for Spring term

School closes at 3:00pm for half term

Staff Development Day-school closed to children

School reopens at 8:45am for Spring term 2

FOSH Presents
Stars, Sparkles & Spuds!

Wednesday 12th November
5pm-6.30pm
St Helens Primary School

Join the Astronomy Society & FOSH for an evening of star gazing, sparkler waving & spud enjoyment. Wrap up warm, bring your loved ones for a whole family event! And learn about the wonders of the night sky

Tickets- £4 per person (Under 5's FREE)
(includes: Jacket potato dinner OR Hot Dog and a sparkler per person, along with a donation to the Astronomers Society)
Children MUST be accompanied by an adult to attend.

Tickets available when we return to school



Help & Information



FACE November Timetable All sessions delivered live online via zoom. 90 minutes long £24 each or FREE with School Membership Book online at facefamilyadvice.co.uk Recordings available for 48 hours (excluding Free Talk)	
Raising Self Esteem	3 Nov 10am
Decreasing Depression	3 Nov 7pm
Supporting Healthy Sleep	4 Nov 10am
Understanding the Teenage Brain	4 Nov 7pm
Improving Family Communication	10 Nov 10am
Autism - Improving Communication	10 Nov 7pm
Understanding Addictive Behaviour	11 Nov 10am
Supporting A Child with ADHD	11 Nov 7pm
FREE ADHD Kids & Homework	13 Nov 6-7pm
Understanding Anger	17 Nov 10am
Supporting Healthy Screen Use	17 Nov 7pm
Facing Defiance	18 Nov 10am
Anxiety Based School Avoidance	18 Nov 7pm
Cannabis and Ketamine Awareness	24 Nov 10am
Anxiety Explained	24 Nov 7pm



You Are Not Alone - Free Parent Online Drop-In

Parenting an autistic child can feel amazing, confusing, and overwhelming, sometimes all in the same day. That's why we host our **no-cost monthly online drop-in sessions** for parents and carers.

First Tuesday of every month
 7pm - 8.30pm
 Platform: Zoom



Erik Wagter - host of the drop-in

What these sessions are all about

We've created a safe, non-judgemental space where parents can bring their questions, share worries and connect with others who 'get it'.

Topics often included:

- Understanding and responding to challenging behaviour
- Making sense of autism on a deeper level
- The ups and downs of family relationships and dynamics
- Working with schools and professionals
- Meeting like-minded parents and realising you are not alone



What parents say:

'Thank you so much for the group this evening. I can't tell you how grateful I feel, and I really do feel less alone and more validated. My hope is back'

Who runs the sessions?

I'm Erik Wagter, co-founder of Autism Family Support Service. Alongside being a social worker, trainer and Solution Focused family coach, I also bring over two decades of personal lived family experience of autism. Sometimes my wife Sally will join in as well.

If you would like to join please send an email to sallywagter@gmail.com and we will send you the zoom link.

Autism Family Support Service
www.autismfamilysupportservice.com



Family Help & Information Activities & Events



Village of Angels has returned!

Entries must be in before judging commences at 6pm on 28th
 November

Pick up an entry form the Vine Inn, or email
foshsthelens@gmail.com

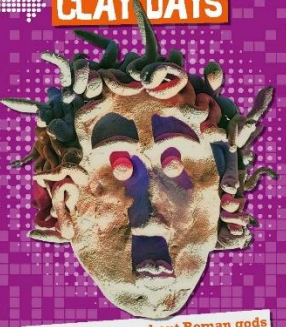
Thankyou to everyone who has donated prizes for this years village of Angels!

SMALL MUSEUMS - BIG ON HISTORY!

NEWPORT ROMAN VILLA **MUSEUM ISLAND HISTORY**

HALF-TERM ACTIVITIES
NO NEED TO BOOK

CLAY DAYS



- Discover more about Roman gods
- Explore the villa remains
- Create a Roman shrine or an offering to the gods

FOSSILS



- Create a dinosaur diorama
- Visit pop-up Dinosaur Isle gift shop
- Discover local dinosaurs and get hands-on with fossils

ALL-WEATHER ATTRACTIONS

- £1 per person
- 10am to 2pm
- Wednesday 22 October
- Wednesday 29 October

Cypress Road, Newport, IW, PO30 1HA

- £1 per person
- 10am to 2pm
- Tuesday 28 October
- Thursday 30 October

Guildhall, High Street, Newport, IW, PO30 1TY

Isle of Wight Council

Events organised by the Isle of Wight Heritage Service

Naturezones
Wise Owl Holiday Club
8 - 14 yrs

Come and have a great time outdoors! Go on a nature safari, look for wildlife in our ponds, woods and meadows. See if you can charm worms out of the ground. Get creative in our guided art sessions and try some crafts using willow and other natural materials. Play games based around wildlife and tackle a challenge! Various different fun activities during each session.

Dates: October; Thurs 30th, Fri 31st
Cost: £8 - £5 fsm

Bring one snack and a packed lunch

MUST BOOK - Limited places
Full details on booking form

Where: Blackwater

www.naturezones.org.uk

NATUREZONES

30th Oct 4pm - 6pm
The Barn Brading

TICKETS in ADVANCE

Spooky Halloween Eve

Tickets
Child £5.00-£7.50
Adults £1.00
Under 1yrs FREE- PM us

Character appearance
Spooky ghoul disco
Fancy dress prizes
Party Games

BADGE ZONE

ORIGIN

Funky Faces

Halloween
at
Naturezones

Pumpkin Hunt

Thursday 30th and Friday 31st
October between 10.30am and 2.30pm no need to book

Who has taken the missing pumpkin? Seek and find then claim your chocolate prize

£5/person (under 4's free)



JOIN THE TEAM

VECTIS RUGBY CLUB

Step onto the field, push your limits and discover what it means to be part of the Rugby Club.

Offering age grade rugby to young people aged 5 to 18 across the Isle of Wight

Be part of the legacy!
 Vectisrfccoaching@gmail.com
 www.vectisrugby.com

on facebook




ROBIN HILL ADVENTURE PARK

SPOOKTACULAR

HALLOWEEN PARTY – 30 & 31 OCTOBER 2025

with DOUBLE TROUBLE EVENTS

£14.99
 UNDER 3s GO FREE!



Zip Fire

with **Mountbatten**

Soar through the night sky at the Fireworks with Mountbatten event!

Saturday, 8 November 2025
 Robin Hill Adventure Park
 Register at **mountbatten.org.uk**

Scan to register!



THE ISLAND'S FAVOURITE... **isleofwightradio** ROBIN HILL

A registered charity Registered with FR REGULATORY



Fireworks

with **Mountbatten** Isle of Wight

Saturday, 8 November 2025
 Robin Hill
 Limited tickets at **mountbatten.org.uk**

Scan to buy your tickets!



THE ISLAND'S FAVOURITE... **isleofwightradio** ROBIN HILL

RENO DRAIN Drain Clearing & Repairs

A registered charity Registered with FR REGULATORY



Dear Parents,

Amazingly we have reached the end of half term after seven weeks of hard work, getting to know new children and staff re-acquainting themselves with former pupils. Did you know that actually equates to 18% of the academic year...

We have welcomed Mrs Pierrepont to the team. She has fitted in exceptionally well and is and will make a real asset to our small team.

Staff have moved to new classrooms and working with new year groups which is always a test at first but provides staff with new experiences which can only be a good thing for the school.

More recently we have welcomed Miss McDonald to our team who is working in Adventurers and fitting in well. We all look forward to working with her for the rest of the year and beyond. Mr Popple was keen to enhance his skills and act as mentor.

I'm pleased to see that the majority of parents made an appointment to see their class teachers. Hopefully the very small numbers who missed an appointment have rearranged and will meet early in November

Attendance makes good reading for the previous week with an impressive 97.4%. Well done.

However on Friday pupil's numbers have taken a turn for the worse meaning far too many children missing out on the final day celebrations.

In Explorers they have been making pumpkin soup, silly soup and sandwiches. Our resident culinary expert, Mrs Allman, is of course in her element.

In Adventurers, The Big Blue Whale Display in the hall is impressive.

In maths the children have been counting to 20 and practising their part in the harvest festival.

Discoverers have been investigating Rivers. Some children have located the Nile, others the Amazon which at 6853 and 6400Km respectively are the world's two longest rivers. At 6300Km the Yellow River is also magnificent





Can you match the rivers to the rivers?

Yellow, Nile Mississippi and Amazon?

Also in Discoverers they have been learning their tables with William Trow an expert

In PE, they have been excelling in running.

In Pioneers cross country featured high on the children's minds.

The week ended on a high.

On Thursday St Helens continued their 100% football win ratio with a narrow victory against Nettlestone in the cup.

Great effort boys. Our resident Crystal Palace fan was mightily impressed with the performance as was the manager.

After the match we had the Halloween disco, crafts and film bonanza led by Miss Gorman and FOSH ably accompanied the a high number of the staffing personal.

Mr Searle provided the music of course with K Pop featuring highly both in the film and music.

Multiple parents supported the event with decorations, catering and general helpers. A very successful community event indeed

On Friday we had harvest festival which again was supported by many parents and grandparents watching the songs, poems and presentations. Mrs Cooper shared her farming experiences highlighting just how many food products involve some form of farming and Mrs Bradstock who gave a detailed account of the amazing work the St Helens community fridge does where 30 volunteers support the local community by providing much needed support.

I hope you are all looking forward to the next two weeks as much as me though like many many previous years, I always look forward to welcoming the children back after a break.

There are a number of events already in the diary including a river's workshop for Discoverers, multiple clubs and the flu vaccinations.

Mr Wake



This Week's Class Updates



Explorers

What a fantastic first half term we have had in Explorers!

The children were all fantastic this morning during our harvest assembly, they sang beautifully and remembered (most) of their actions for the Dingle Dangle Scarecrow song! They came up with all the actions together as a group and looked fantastic in their scarecrow hats they made the other week.

We have been busy this week with lots of different phonics activities as we come to the end of phase 1. During one of our phonics lessons Metal Mike wanted the children to sound out different things they would need to make a sandwich. For example j-a-m or h-a-m, which did make for some interesting sandwich combinations.... We made a shopping list, breaking up the words how metal Mike would. We walked to the shop. We used this opportunity to discuss road safety, especially in St Helens. We explained there are lots of driveways that we have to cross on our way home and also to the shop. We spoke about walking sensibly on pavements and not too close to the curb and how we walk with adults across driveways and carparks, as reversing cars can't always see smaller children. The children were so well behaved. The shop keeper even gave them a box of chocolates when we left.

We also played Silly Soup. Silly soup is a rhyming game, which involves the children putting different rhyming pairs into the soup. I suggested we could make some real soup which the children were very excited to make.

We found a recipe, checked we had all the right ingredients and followed the instructions.

Everyone washed their hands and we spoke about why we have to do this. We had to use a lot of muscle to carve out the pumpkin and chop it up. We discussed all the ingredients, their smells and textures. The children then helped clean up and wash up (we did run everything through the dishwasher too).

The children then tried their soup at snack time. Afterwards we listened to the story of pumpkin soup on the big screen.

Yesterday the Explorers helped to plant the pumpkin seeds in our growing area in the hopes that next year we will have our own pumpkin patch!

On Tuesday afternoon we read the story of stick man when discussing what crafts we would like to make, one of the children suggested making stick men. So we took a walk in the woodland area to find the perfect sticks and then the children chose materials they wanted to use to create their stick people. Afterwards the children played puppet shows using their stick people.

Over the last two days we have been learning about Diwali.

Diwali is the "Festival of Lights," a five-day Hindu festival celebrating the new year, the victory of good over evil, and light over darkness. During this time, people light lamps and decorate their homes with lights, wear new clothes, share sweets, and exchange gifts with family and friends. It is also a time to celebrate new beginnings, with some people creating colorful patterns on their

floors called rangoli. The children have enjoyed creating some of their own rangoli patterns and decorated their own lanterns. We enjoyed listening to the story of Diwali about Rama and Sita and made our own puppets so the children could retell the story in their own words.

Have a lovely half term!





Adventurers

Another busy week has flown by in Adventurers. We have been looking at adding prepositions to our sentence work in English. In phonics, we have had a focus on tricky words. In Maths we have looked further in depth at place value and focusing on splitting tens and ones before adding numbers.

In other subjects we have continued our science learning by thinking about what defines a living creature. RE has focused on how respect is shown in Hinduism.

The main focus this week was preparing for the Harvest festival and the children did an amazing job with their songs. A special mention also goes to the year 2 girls who read their poem amazingly.

Have a great break and I look forward to hearing lots about what the children have been up to.





Discoverers

This last week has been a bit of a blur. It's been chocked full of activities and the children have been somewhat overwhelmed with lovely things. Thank you for all of the parent support at the Halloween Disco & Movie Night last night- FOSH are brilliant and we wouldn't be able to run whole school events without them.

Today we have had our Harvest Festival Assembly and our class was over the moon with the turn out of parents who came to watch them read their acrostic poems. They put a lot of work into them, along with their Archemboldo inspired seasonal portraits.

We've finished off the first half of the term strongly, lots of timestable and division work along with reading the first two chapters of our next book for English; The Ancient Egypt Sleepover by Stephen Davies. We can't wait to see where it will take us when we return back to school.

We have lots to look forward to when the children return, including; whole school wellbeing day, Into Film Fest Cinema Trip, Stars, Sparkles & Spuds Night (For the whole family) and so so much more!!

We can't wait. Have wonderful half term holidays and we look forward to welcoming you back in November.



Pioneers

Pioneer class were really lucky to take part in a comic workshop with author "Kev F Sutherland". He was full of energy and introduced his characters and cartoons, giving the children tips about how to make the drawing process easier and believe in themselves as a comic artist. By the end of the workshop everyone had created a

workshop character and a cartoon and Kev had drawn a





caricature of each child.



On Friday, Annelise Gray came to talk about “Myths and monsters” and how her interest in Greek myth and the monsters inspired her to create her own stories. She read the children extracts of her book , “ The Odyssey of Phoebe Quilliam “ . The children were able to ask her lots of questions about myths and monsters and also about being an author.





Pioners-newsletter

This week, in Maths we have been multiplying three digit numbers and dividing decimal points. In PSHE we are learning about healthy and unhealthy relationships as friends . During English, we were learning about the different spellings of there and when to use them. In Science, we were working with partners to make a colour wheel/ Newton's disc. We then spun the disc around to watch the colours merge together until we made white. This helped us learn that light is actually made up of many colours. In PE we played a football game with mixed teams on Wednesday and on Friday we were practising for cross country. Over all, it's been a busy week including preparing for the harvest festival, which we hope you all enjoyed.

By Ria and Isobel!

Textile Bank



Don't forget that we have a textile bank where you can donate unwanted clothes, belts, paired shoes, bags, hats, (in a tied bag). The donated items will be collected and weighed fortnightly and the school will receive 20p per kilo towards our funds. Donated items (bagged please) should be left near to the front entrance of the school. Please let the office know you have left items!

Please do not donate duvets, pillows, cushions, household textiles, soiled rags, curtains, blankets as the recycling company will deduct the cost of disposing of these items from our overall total raised.



**For the latest school updates & information
remember to look at the school website**

www.sthelenspri.iow.sch.uk