



St Helens Primary Newsletter

Friday 3rd October 2025



Attendance

Week from: 22/09/2025 to 26/09/2025



Class	Attendance	Late Arrivals	Minutes Lost Through Lateness	Unauthorised Absences	Authorised Absences
Explorers	91.8%	2	85	1	8
Adventurers	98.1%	3	113	1	4
Discoverers	91.8%	2	53	0	27
Pioneers	88.2%	0	0	6	27

Although we strive for 100%, our whole school attendance for this week was **92.4%** which is **below** the national expectation of 95%.

In line with the school policy, **please inform the school every day of absence**, wherever practically possible, of the reason for their child's absence and the predicted date of their return.

If your child is too unwell to attend school please contact us to let us know. You can phone on 872442 or email us on admin@sthelenspri.iow.sch.uk If you let us know by phone please can you put the reason for your child's absence in writing when they return to school otherwise the absence will be marked as unauthorised. We are required to ask you for this in order to follow the Local Authority attendance procedures, and if we don't receive a letter or email we have to follow it up.

Attendance Matters



Every Child Every Day



This Week's Awards



<u>Class</u>	<u>Worker of the Week</u>	<u>Star of The Week</u>
Explorers	Noah	Reef
Adventurers	Albie	Charlie
Adventurers	Harvey	Freddie
Discoverers	Miles	Daniel
Discoverers	Hollie	Mabel
Pioneers	Isobel	Lottie
Pioneers	Barnaby	Abbie



HAPPY BIRTHDAY



29th September - 5th October

Isobel age 10

Seb age 9





**School Dinner Menu (£3.30 per day or free to
Reception, Year 1 & 2 pupils)**



Well done to this week's winners -

Kevyn & Ria!

There are just two more Thursdays left to be in with a chance of winning a prize !



Jackets, baguettes and tomato pasta will also be available

SPRING/SUMMER 2025 MENU



WEEK 2

W/C: 28/04/2025, 19/05/2025, 16/06/2025, 07/07/2025, 28/07/2025,
15/09/2025, 05/10/2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1 Macaroni Cheese 🌱	Chicken Pizza Served with Potato Wedges	Roast Chicken Served with Roast Potatoes and Gravy	Beef Bolognese Served with Wholewheat Pasta 🌱🌱	Fish Fingers Served with Chips
	OR	OR	OR	OR	OR
	OPTION 2 Sweet Potato and Lentil Curry Served with Wholegrain Rice 🌱🌱	Meatless Feast Cheesy Pizza Served with Potato Wedges 🌱	Sweet Potato, Chickpeas and Herb Roast Served with Roast Potatoes and Gravy 🌱	Vegetable Fajita Wrap Served with Wholegrain Rice 🌱🌱	Quorn Dippers Served with Chips 🌱
OR	OR	OR	OR	OR	OR
	OPTION 3 Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🌱🌱	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🌱🌱	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🌱🌱	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🌱🌱	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🌱🌱
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD					
DESSERT	Apple and Golden Syrup Caramel 🌱	Strawberry Jelly	Fishpieck with Fruit 🌱	Chocolate Ice Cream	Lemon Cake

BAKED POTATOES SERVED DAILY
With a choice of toppings 🌱🌱

AVAILABLE DAILY
Fresh fruit, salad, yoghurt and water

Chartwells
Schools

🌱 Vegetarian 🌱 Vegan 🐟 Oily Fish 🌾 Wholegrain 🍏 Fruity! 🍷 Nutritionist's Choice
Our menu is subject to change. Please be aware that all notified medical diets and allergy requirements will be safely catered for.

If your child would like the vegetarian option on a particular day, please can they let their teacher know so we can order enough portions from Nettlestone kitchen.



Dates for Your Diary



Monday 6th October (AM)

Tuesday 7th October

Thursday 9th October

Thursday 9th October

Friday 10th October

Thursday 16th October

Friday 17th October

Monday 3rd November

Monday 3rd November

Friday 19th December

Monday 5th January 2026

Friday 13th February

Monday 23rd February

Tuesday 24th February

Cardwell & Simons School Photographer (individual & sibling photos)

Pioneers - Osborne House visit

National Children's Measurement Programme (Year R & Year 6)

Kev Sutherland (author) Workshop -Pioneers class

Anneliese Gray (author visit)

Halloween Costume & Film Party 4.00-6.00pm

School closes at 3:00pm for half term

School reopens at 8:45am for Autumn term 2

Flu Immunisation clinic with School Aged Immunisation Service

School closes at 3:00pm for Christmas holidays

School reopens at 8:45am for Spring term

School closes at 3:00pm for half term

Staff Development Day-school closed to children

School reopens at 8:45am for Spring term 2



Help & Information



Are you a Parent or Carer of a child aged 6-12 years?

Does your child have a diagnosis of ADHD and are they experiencing sleep problems?



The University Hospital of Southampton and Southampton Clinical Trials Unit are running a study. The study aims to test whether a new website Sleep Buddy, which has been designed by medics and psychologists, improves sleep problems in children aged 6-12 years with an ADHD diagnosis.

You can take part if...

- ✓ Your child is aged 6-12 years.
- ✓ Your child has a diagnosis of ADHD (including ADD).
- ✓ You have noticed that your child is experiencing problems falling asleep.
- ✓ You can read and understand English without assistance.

How do I find out more?

Visit the study website by scanning the QR Code, or follow this link: https://www.trial-deck.com/trial/sleepbuddy?reg_code=PTWrxDdl5a

You can also contact the study researcher by calling 0330 1334 689 or emailing sleepbuddysupport@soton.ac.uk.





Family Help & Information



**Pumpkin Patch
Playtime for
Little Pumpkins**

Join us on Friday mornings for a
special Pumpkin Patch Playtime session
for Little Pumpkins.
Fridays 10am - 12pm
Tickets cost £10 per child and include:
Entry to the pumpkin play patch
Hot chocolate and storytime
Pumpkin crafts
Patch scavenger hunt
Goody bag

To book: <https://westover-farm-pumpkins.sumupstore.com>

WESTOVER
FARM PUMPKINS
@WestoverFarmIW

Westover Farm, Calbourne, IW. PO30 4JW
Patch may close in bad weather, updates are posted on social media.

WESTOVER
FARM PUMPKINS

**PICK YOUR OWN
PUMPKIN PATCH**

Hot & cold refreshments
Free entry & parking
Photo opportunities
Kids scavenger hunt
Play area
Pumpkin carving
Face painting
Pick your own sweetcorn

October 2025
4th - 5th
10th - 12th
17th - 19th
22nd - 26th
29th - 31st
@WestoverFarmIW

www.westoverfarm.godaddysites.com
Westover Farm, Calbourne, IW. PO30 4JW
Please note: Patch may close in bad weather, updates are posted on social media.
Friday mornings are ticket only-payable in advance.

CALLING ALL WITCHES AND WIZARDS

POTTY ABOUT POTTER!
AND PERFORMANCE

Students aged 7-16 will build confidence, creativity, and teamwork as they step into the wizarding world of Harry Potter to bring their own story to life. Together, we'll create and perform a brand-new magical mystery.

Show back performance at 3:30 pm

Early bird rate: £25 for the day if booked before 13/10
Full Price: £30 (if booked after 13/10)
Sibling rate: £25 (if adding on a second child booking)

TUESDAY 21ST OCTOBER, 10:00AM TO 4:00PM
@ DEPARTMENT, RYDE

SCAN ME TO BOOK
YOUR PLACE



Dear Parents,

We have had another good week

One of my highlights was my passing visit to Adventurers on Friday. Logan, during a phonics input on the vowel diagram 'or' offered an explanation on how winds impact on the seas.

In his own words he said that the combined effect of low air pressure and strong onshore winds (storms) can result in particularly high tides, significantly increasing the risk of coastal flooding.

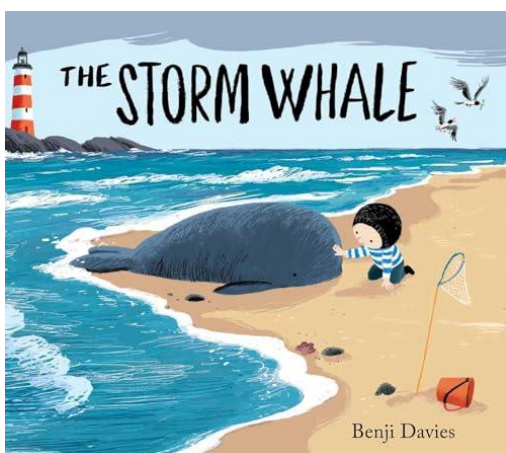
Well done Logan. That made my morning.

Meanwhile in Explorers, I watched small groups of children during a phonics session. The activity included movement, selecting and naming objects, calculating the number of sounds and learning the term syllables.

The children were very proactive with Reef, Billie, Nancy especially keen to participate. Objects include one word syllables such as car up to words comprising 5 sounds; Arlo even knew the word hippopotamus!!

All the children have been enjoying their continuous provision with many activities both in and out of the classroom.

Adventurers have enjoyed their new class text Storm Whale by Benji Davies.

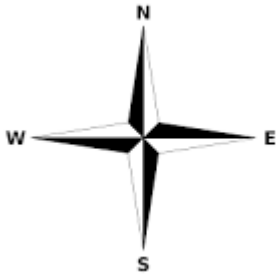


'Every day, in a house by the sea, a little boy watches his father leave for a long day's work. One night, a great storm washes a small whale onto the beach. The boy discovers the whale is a good listener. The father discovers the boy is lonely. Together, they return the whale to the sea. ...'

They also enjoyed learning compass points with Rowan knowing the four compass points.

The four compass points, also known as the cardinal directions, are North (N), East (E), South (S), and West (W). These points form the fundamental directions used for navigation and on maps, with North always at the top of a map and the magnetic needle of a compass pointing North.

Next test for the parents is to remember the intercardinal points (ordinal).



In Maths, Adventurers have been developing their knowledge of money and using the range of different coins. Eleanor recognised that 5p and £2 and the smallest and largest coins respectively

In Discoverers, we had multiple children sharing all of their fun activities in assembly.

Mabel knew her French colours including blue, rouge and blanc. They enjoyed measuring shapes in maths and learning about Egypt in history.

Raif explained that it was the skilled workforce who made the famous pyramids and not the slaves that is sometimes reported.

A permanent workforce of specialized artisans, masons, and artists, supported by a temporary force of farmers and labourers, constructed the monuments.

Art work has also involved Egyptians. In English they have been writing stories and in PE enjoyed the obstacle course.

Pioneers have been learning about the five pillars of Islam. They quoted Shahada which is the declaration of faith and Salah which refers to prayer.

In art they have been sketching.

We have multiple events to look forward to in the coming weeks and months so please keep look out for any messages and texts.

Have a great weekend

Mr Wake



This Week's Class Updates



Explorers

Another busy week in Explorers!

In maths this week we have started looking at repeating patterns. A repeating pattern is a sequence of items that repeats in a predictable order, such as red, blue, red, blue. The children have been learning to recognise, copy, and create these patterns and are able to predict what comes next. We have been using lots of different resources to create our patterns including; conkers and acorns, threading beads, unifix blocks and even a cutting and sticking activity.

In phonics we have been breaking down syllables. They have been developing their listening skills by clapping the "beats" in spoken words. We have had great fun playing different listening games this week. Metal Mike (our class robot) has been enjoying eating different flash cards after the children have used their robot voice to sound out the syllables in different words.

The Explorers have also been very creative this week. We have been using clay and some of the conkers we have collected on our nature walks to make snails. The children have been fantastic at using their fine motor skills to manipulate the clay, rolling, pinching and squeezing to make the snail's body. They all look fantastic!

With Mrs Allman at the beginning of the week the children worked together using our autumn leaves and their handprints to create some autumnal wreaths. These have been used to decorate our school hall.

Have a lovely weekend!





Adventurers

It's been another busy week in Adventurers. We have continued a lot of our learning from the previous week. In English, we have finished our character profiles for Noi. In Maths we have looked at money and adding total amount of coins.

We have also discussed why a place may be special to us and linked that to our RE work, continued to learn our harvest song and poem in Music and discussed emotions and linked them to colours in PSHE.

Have a great weekend.



Discoverers

This week has definitely seen a transition to autumn. The children have been troopers, battling with potential wet play.

We've finished our fiction stories themed around Egypt and our book Marcy & the Riddle of the Spynx. They were absolutely mind blowing, the level of detail that has gone into the content and description of characters. We will be starting our new book next week...

In maths the children have been figuring out perimeter of shapes, with the end of the week involving quite tricky and complex reasoning problems. We were over the moon with how well the entire class have taken to this unit.

In Art the children have produced detailed side profiles of Egyptian gods and goddesses. Preparing for their next lesson where they will embellish a black and white side profile image of themselves.

In PE the children have been completing circuits inside (with lots of energy) and working on their listening skills.

The children have also had a class attempt at our new spelling programme 'spelling shed'. Which is what we are using as a whole school approach to spelling this year, they will soon be set tasks and games to enforce positive spelling practise via this site to do at home.

In science we have been exploring the nutritional value of food and the question "does high energy food always have high sugar levels?" The children were very surprised by how many G of sugar are in cans of fizzy drinks and snacks.

Have a lovely weekend!



The newsletter

In Maths we have been adding using decimal points and it was really fun.

In science we have been making a periscope using cardboard and mirrors.

In P.E. On Wednesdays we play football and on Friday we do cross country.

In English we have started to write a story about Emily and Lizzie in Victorian Times.

In History we have been learning about the Victorians and we wrote to Mr Hawkins about the workhouse.

In Art we have been learning about Joseph Turner and we painted Fingal's Cave using watercolours.

In PSHE we were thinking about what makes a good friend.

In music we made musical waves with instruments in groups.

In computing we have been learning how to stay safe online, bingo and how to screenshot on chrome.

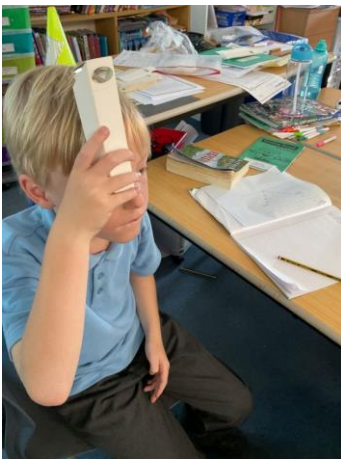
In French we were learning animals/pets.

In RE we have been learning about the first and second pillars of Islam (the Shahadah and Salah)

By Taylor and Harry

This week in English we have been making a plan about how we are going to make a story on what we think will be a prediction on the end of our story Street Child. We have also been trying to recreate the Fingal's Cave scene in the style of J.M.W. Turner but only in black and white and different tones of grey.

By Abbie





Making periscopes and the class CPR session

Textile Bank



Don't forget that we have a textile bank where you can donate unwanted clothes, belts, paired shoes, bags, hats, (in a tied bag). The donated items will be collected and weighed fortnightly and the school will receive 20p per kilo towards our funds. Donated items (bagged please) should be left near to the front entrance of the school. Please let the office know you have left items!

Please do not donate duvets, pillows, cushions, household textiles, soiled rags, curtains, blankets as the recycling company will deduct the cost of disposing of these items from our overall total raised.



For the latest school updates & information

remember to look at the school website

www.sthelenspri.iow.sch.uk