

# No Smoking/Vaping Policy

At Pre-School @ St Helens we are committed to promoting children's health and well-being. This is of the upmost importance for the pre-school.

Smoking and the use of e-cigarettes has proved to be a health risk and therefore in accordance with legislation, the pre-school operates a strict no smoking/vaping policy within its buildings and grounds. It is illegal to smoke/vape in enclosed places.

All persons must abstain from smoking/vaping while on the premises. This applies to staff, students, parents, carers, contractors and any other visitors to the premises.

Staff accompanying children outside the pre-school, are not permitted to smoke/vape. We also request that any parents accompanying pre-school children on outings refrain from smoking/vaping while caring for the children.

Staff must not smoke/vape while wearing pre-school uniform as it is essential that staff are positive role models to children and promote a healthy lifestyle. Where staff choose to smoke/vape during breaks, they are asked to smoke/vape away from the main entrance and pre-school premises. They should have a change of clothes and wash their hands before going back to the children. Staff should wait for 30 minutes after smoking before holding babies or children, even with a change of clothes.

We respect that smoking/vaping is a personal choice, although as an organisation we support healthy lifestyles. We follow UK Health Security Agency advice and aim to help staff and parents to stop smoking/vaping by:

- Providing factsheets and leaflets
- Providing information of local help groups
- Providing details of the NHS quit smoking helpline  
<https://www.nhs.uk/better-health/quit-smoking/>
- Offering information regarding products that are available to help stop smoking.

This policy was adopted on	Signed on behalf of the pre-school	Date for review
1/9/25	Sophie Strudwick	1/9/26